

Zomercriterium 2023  
Antwerpen, 14 - 16/7/2023

Programmanr. 18  
14/07/2023 - 16:07

Meisjes, 400m vrije slag

11 - 12 jaar  
Resultaten

Punten: FINA 2023

Rang					Inschr.	Tijd	Pnt					
11 jaar												
1.	De Vocht Linne				ZCT/21144/12	6:10.54	<b>5:42.82</b>	327				
	50m:	37.71	37.71	150m:	2:02.39	42.77	250m:	3:30.95	44.56	350m:	5:00.84	45.51
	100m:	1:19.62	41.91	200m:	2:46.39	44.00	300m:	4:15.33	44.38	400m:	5:42.82	41.98
2.	Bahloula Fatiha Anissa				KVZP/21078/12	6:09.10	<b>5:43.77</b>	325				
	50m:	38.33	38.33	150m:	2:06.02	44.94	250m:	3:35.49	44.87	350m:	5:03.48	43.43
	100m:	1:21.08	42.75	200m:	2:50.62	44.60	300m:	4:20.05	44.56	400m:	5:43.77	40.29
3.	Maes Leonie				PZC/21106/12	6:20.37	<b>5:50.76</b>	306				
	50m:	39.29	39.29	150m:	2:11.48	45.96	250m:	3:42.01	45.47	350m:	5:11.60	44.51
	100m:	1:25.52	46.23	200m:	2:56.54	45.06	300m:	4:27.09	45.08	400m:	5:50.76	39.16
4.	Maes Julie				TRUST/21192/12	6:12.82	<b>5:51.51</b>	304				
	50m:	40.18	40.18	150m:	2:11.88	46.50	250m:	3:43.54	46.50	350m:	5:11.95	44.12
	100m:	1:25.38	45.20	200m:	2:57.04	45.16	300m:	4:27.83	44.29	400m:	5:51.51	39.56
5.	De Weerd Renée				ZCT/21141/12	6:10.53	<b>6:02.63</b>	277				
	50m:	41.84	41.84	150m:	2:15.83	45.84	250m:	3:50.13	46.91	350m:	5:21.47	44.91
	100m:	1:29.99	48.15	200m:	3:03.22	47.39	300m:	4:36.56	46.43	400m:	6:02.63	41.16
6.	Noppe Pauline				IKZ/21126/12	6:19.71	<b>6:03.64</b>	274				
	50m:	39.16	39.16	150m:	2:10.32	45.10	250m:	3:42.91	47.18	350m:	5:18.80	47.46
	100m:	1:25.22	46.06	200m:	2:55.73	45.41	300m:	4:31.34	48.43	400m:	6:03.64	44.84
7.	Decupere Laurence				KZK/21142/12	6:33.48	<b>6:05.44</b>	270				
	50m:	41.33	41.33	150m:	2:14.60	46.88	250m:	3:49.32	47.08	350m:	5:22.05	44.74
	100m:	1:27.72	46.39	200m:	3:02.24	47.64	300m:	4:37.31	47.99	400m:	6:05.44	43.39
8.	Ginkels Febe				LAQUA/21494/12	6:07.49	<b>6:06.43</b>	268				
	50m:	43.03	43.03	150m:	2:18.09	47.52	250m:	3:51.92	47.65	350m:	5:23.51	45.76
	100m:	1:30.57	47.54	200m:	3:04.27	46.18	300m:	4:37.75	45.83	400m:	6:06.43	42.92
9.	Uytterhoeven Fiebe				ZCT/21143/12	6:15.25	<b>6:08.31</b>	264				
	50m:	41.56	41.56	150m:	2:15.74	47.74	250m:	3:51.98	48.92	350m:	5:26.03	47.38
	100m:	1:28.00	46.44	200m:	3:03.06	47.32	300m:	4:38.65	46.67	400m:	6:08.31	42.28
10.	Verret Julie				ZS/21124/12	6:11.10	<b>6:09.12</b>	262				
	50m:	41.50	41.50	150m:	2:15.38	46.94	250m:	3:48.57	46.31	350m:	5:22.52	47.32
	100m:	1:28.44	46.94	200m:	3:02.26	46.88	300m:	4:35.20	46.63	400m:	6:09.12	46.60
11.	Van De Winkel Lola				AZL/21106/12	6:19.43	<b>6:09.49</b>	261				
	50m:	39.95	39.95	150m:	2:12.38	47.38	250m:	3:49.70	49.38	350m:	5:26.90	48.28
	100m:	1:25.00	45.05	200m:	3:00.32	47.94	300m:	4:38.62	48.92	400m:	6:09.49	42.59
12.	Piscaer Stanse				ZCT/21152/12	6:41.49	<b>6:12.07</b>	256				
	50m:	43.05	43.05	150m:	2:18.75	47.48	250m:	3:52.11	48.10	350m:	5:26.56	45.65
	100m:	1:31.27	48.22	200m:	3:04.01	45.26	300m:	4:40.91	48.80	400m:	6:12.07	45.51
13.	Schelfaut Pippa				BRABO/21415/12	6:40.26	<b>6:12.76</b>	255				
	50m:	41.95	41.95	150m:	2:17.39	48.40	250m:	3:52.19	47.27	350m:	5:27.13	48.23
	100m:	1:28.99	47.04	200m:	3:04.92	47.53	300m:	4:38.90	46.71	400m:	6:12.76	45.63
14.	Storme Ieme				FIRST/21270/12	6:40.34	<b>6:16.76</b>	247				
	50m:	41.88	41.88	150m:	2:18.12	48.61	250m:	3:55.11	48.49	350m:	5:31.62	47.38
	100m:	1:29.51	47.63	200m:	3:06.62	48.50	300m:	4:44.24	49.13	400m:	6:16.76	45.14
15.	Soares Almeida Lisa				LAQUA/21488/12	6:36.10	<b>6:16.88</b>	246				
	50m:	41.67	41.67	150m:	2:17.67	49.11	250m:	3:55.34	49.76	350m:	5:31.93	48.16
	100m:	1:28.56	46.89	200m:	3:05.58	47.91	300m:	4:43.77	48.43	400m:	6:16.88	44.95
16.	Hofmans Elise				LAQUA/41537/12	6:41.97	<b>6:20.51</b>	239				
	50m:	40.78	40.78	150m:	2:18.85	48.88	250m:	3:56.71	48.61	350m:	5:33.22	46.96
	100m:	1:29.97	49.19	200m:	3:08.10	49.25	300m:	4:46.26	49.55	400m:	6:20.51	47.29
17.	Vervloet Lin				ZCT/21155/12	6:36.42	<b>6:26.52</b>	228				
	50m:	42.91	42.91	150m:	2:24.04	49.99	250m:	4:03.00	49.22	350m:	5:40.50	48.29
	100m:	1:34.05	51.14	200m:	3:13.78	49.74	300m:	4:52.21	49.21	400m:	6:26.52	46.02

Zomercriterium 2023  
Antwerpen, 14 - 16/7/2023

Programmanr. 18, Meisjes, 400m vrije slag, 11 jaar

Rang					Inschr.	Tijd	Pnt					
18.	Degrande An				FIRST/21262/12	7:30.66	<b>6:33.21</b>	217				
	50m:	41.25	41.25	150m:	2:20.05	50.32	250m:	4:03.40	51.27	350m:	5:45.95	50.04
	100m:	1:29.73	48.48	200m:	3:12.13	52.08	300m:	4:55.91	52.51	400m:	6:33.21	47.26
19.	Callens Margaux				UZKZ/21118/12	7:04.21	<b>6:35.67</b>	213				
	50m:	43.98	43.98	150m:	2:26.75	51.52	250m:	4:08.24	50.37	350m:	5:48.35	48.99
	100m:	1:35.23	51.25	200m:	3:17.87	51.12	300m:	4:59.36	51.12	400m:	6:35.67	47.32
20.	Ooms Bregje				HOZT/21059/12	6:52.53	<b>6:38.69</b>	208				
	50m:	44.96	44.96	150m:	2:26.80	50.45	250m:	4:10.44	51.75	350m:	5:50.98	51.32
	100m:	1:36.35	51.39	200m:	3:18.69	51.89	300m:	4:59.66	49.22	400m:	6:38.69	47.71
21.	Huysentruyt Flore-Marie				UZKZ/21126/12	7:18.76	<b>6:47.58</b>	195				
	50m:	45.35	45.35	150m:	2:28.51	52.37	250m:	4:13.09	52.43	350m:	5:58.13	52.04
	100m:	1:36.14	50.79	200m:	3:20.66	52.15	300m:	5:06.09	53.00	400m:	6:47.58	49.45
22.	Naghiu Izolda				BRABO/21413/12	7:49.22	<b>6:47.65</b>	195				
	50m:	43.19	43.19	150m:	2:26.26	52.70	250m:	4:11.21	52.76	350m:	5:58.77	54.86
	100m:	1:33.56	50.37	200m:	3:18.45	52.19	300m:	5:03.91	52.70	400m:	6:47.65	48.88

12 jaar

1.	Maes Noor				AST/21062/11	5:35.57	<b>5:21.05</b>	399				
	50m:	34.61	34.61	150m:	1:55.19	41.55	250m:	3:19.00	42.36	350m:	4:42.44	41.03
	100m:	1:13.64	39.03	200m:	2:36.64	41.45	300m:	4:01.41	42.41	400m:	5:21.05	38.61
2.	Chevalier Judith				BZK/21363/11	5:48.26	<b>5:25.54</b>	382				
	50m:	36.81	36.81	150m:	1:59.16	41.99	250m:	3:22.94	41.78	350m:	4:46.55	41.53
	100m:	1:17.17	40.36	200m:	2:41.16	42.00	300m:	4:05.02	42.08	400m:	5:25.54	38.99
3.	Jorissen Ameya				ZCT/21142/11	5:31.07	<b>5:28.10</b>	374				
	50m:	36.40	36.40	150m:	1:56.90	40.78	250m:	3:20.44	41.90	350m:	4:46.68	43.09
	100m:	1:16.12	39.72	200m:	2:38.54	41.64	300m:	4:03.59	43.15	400m:	5:28.10	41.42
4.	Feys Farah				KZK/21126/11	5:37.65	<b>5:33.79</b>	355				
	50m:	37.00	37.00	150m:	2:01.72	42.60	250m:	3:27.36	43.22	350m:	4:53.66	42.29
	100m:	1:19.12	42.12	200m:	2:44.14	42.42	300m:	4:11.37	44.01	400m:	5:33.79	40.13
5.	De Bruyne Silke				GOLD/21128/11	5:39.74	<b>5:35.05</b>	351				
	50m:	37.28	37.28	150m:	2:02.23	42.96	250m:	3:28.32	43.20	350m:	4:55.17	43.94
	100m:	1:19.27	41.99	200m:	2:45.12	42.89	300m:	4:11.23	42.91	400m:	5:35.05	39.88
6.	Kerckhofs Nienke				BEST/21116/11	5:41.30	<b>5:38.67</b>	340				
	50m:	37.89	37.89	150m:	2:04.49	43.25	250m:	3:32.03	43.25	350m:	4:58.24	42.76
	100m:	1:21.24	43.35	200m:	2:48.78	44.29	300m:	4:15.48	43.45	400m:	5:38.67	40.43
7.	Gaudaen Maud				TSZ/21070/11	6:10.60	<b>5:41.20</b>	332				
	50m:	35.43	35.43	150m:	2:00.36	43.64	250m:	3:29.63	44.53	350m:	4:59.23	44.59
	100m:	1:16.72	41.29	200m:	2:45.10	44.74	300m:	4:14.64	45.01	400m:	5:41.20	41.97
8.	Roelant Siska				KVZP/21088/11	5:54.59	<b>5:41.41</b>	331				
	50m:	39.58	39.58	150m:	2:05.79	43.58	250m:	3:32.98	43.89	350m:	5:01.32	44.26
	100m:	1:22.21	42.63	200m:	2:49.09	43.30	300m:	4:17.06	44.08	400m:	5:41.41	40.09
9.	Vandeweyers Daphne				ZCT/21135/11	5:57.83	<b>5:43.66</b>	325				
	50m:	40.25	40.25	150m:	2:08.31	44.25	250m:	3:37.34	44.50	350m:	5:04.33	42.97
	100m:	1:24.06	43.81	200m:	2:52.84	44.53	300m:	4:21.36	44.02	400m:	5:43.66	39.33
10.	Verniers Nime				ZS/21114/11	5:58.39	<b>5:45.31</b>	320				
	50m:	40.06	40.06	150m:	2:10.25	44.71	250m:	3:39.44	44.03	350m:	5:05.70	40.96
	100m:	1:25.54	45.48	200m:	2:55.41	45.16	300m:	4:24.74	45.30	400m:	5:45.31	39.61
11.	Vanhee Leah				TZT/21109/11	5:57.05	<b>5:46.31</b>	318				
	50m:	39.62	39.62	150m:	2:08.73	44.11	250m:	3:38.06	44.52	350m:	5:06.16	43.44
	100m:	1:24.62	45.00	200m:	2:53.54	44.81	300m:	4:22.72	44.66	400m:	5:46.31	40.15
12.	Van Rillaer Yinthe				HZA/21084/11	6:08.93	<b>5:47.80</b>	314				
	50m:	38.84	38.84	150m:	2:08.80	45.64	250m:	3:39.78	44.47	350m:	5:08.68	44.29
	100m:	1:23.16	44.32	200m:	2:55.31	46.51	300m:	4:24.39	44.61	400m:	5:47.80	39.12

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Programmanr. 18, Meisjes, 400m vrije slag, 12 jaar

Rang					Inschr.	Tijd	Pnt	
13.	Meganck Lio			AST/21063/11	6:10.66	<b>5:49.64</b>	309	
	50m: 39.56	39.56	150m: 2:08.86	45.82	250m: 3:38.67	45.51	350m: 5:07.86	44.64
	100m: 1:23.04	43.48	200m: 2:53.16	44.30	300m: 4:23.22	44.55	400m: 5:49.64	41.78
14.	Devlieghe Febe			MEGA/21411/11	6:25.95	<b>5:50.16</b>	307	
	50m: 38.63	38.63	150m: 2:08.77	45.71	250m: 3:40.37	45.71	350m: 5:11.75	45.99
	100m: 1:23.06	44.43	200m: 2:54.66	45.89	300m: 4:25.76	45.39	400m: 5:50.16	38.41
15.	Bogaerts Xena			SCZ/21084/11	6:03.70	<b>5:51.83</b>	303	
	50m: 39.00	39.00	150m: 2:04.78	43.79	250m: 3:31.21	43.26	350m: 5:09.62	56.68
	100m: 1:20.99	41.99	200m: 2:47.95	43.17	300m: 4:12.94	41.73	400m: 5:51.83	42.21
16.	Nsubuga Sofia			ALZV/21133/11	6:02.50	<b>5:51.92</b>	303	
	50m: 37.53	37.53	150m: 2:06.03	44.38	250m: 3:33.13	42.82	350m: 5:06.78	51.62
	100m: 1:21.65	44.12	200m: 2:50.31	44.28	300m: 4:15.16	42.03	400m: 5:51.92	45.14
17.	Van De Mosselaer Emma			BRABO/21361/11	6:14.55	<b>5:53.93</b>	297	
	50m: 41.71	41.71	150m: 2:13.55	45.98	250m: 3:44.28	45.28	350m: 5:12.37	43.81
	100m: 1:27.57	45.86	200m: 2:59.00	45.45	300m: 4:28.56	44.28	400m: 5:53.93	41.56
18.	Privé Inès			FAST/21097/11	6:16.05	<b>5:54.79</b>	295	
	50m: 39.97	39.97	150m: 2:09.10	45.68	250m: 3:40.70	46.18	350m: 5:13.31	45.88
	100m: 1:23.42	43.45	200m: 2:54.52	45.42	300m: 4:27.43	46.73	400m: 5:54.79	41.48
19.	Poel Maren			DBT/21173/11	6:00.35	<b>6:01.05</b>	280	
	50m: 39.99	39.99	150m: 2:11.53	46.81	250m: 3:45.80	47.33	350m: 5:19.38	47.08
	100m: 1:24.72	44.73	200m: 2:58.47	46.94	300m: 4:32.30	46.50	400m: 6:01.05	41.67
20.	Vander Mijnsbrugge Lani			AZL/21108/11	6:22.40	<b>6:04.03</b>	273	
	50m: 36.89	36.89	150m: 2:09.41	46.52	250m: 3:45.21	49.07	350m: 5:20.90	46.60
	100m: 1:22.89	46.00	200m: 2:56.14	46.73	300m: 4:34.30	49.09	400m: 6:04.03	43.13
21.	Franckx Margaux			DDAT/21132/11	6:06.26	<b>6:05.19</b>	271	
	50m: 39.47	39.47	150m: 2:11.94	46.69	250m: 3:47.32	47.95	350m: 5:21.72	46.85
	100m: 1:25.25	45.78	200m: 2:59.37	47.43	300m: 4:34.87	47.55	400m: 6:05.19	43.47
22.	De Vocht Anne-Julie			ZS/21119/11	6:15.46	<b>6:07.10</b>	267	
	50m: 39.91	39.91	150m: 2:14.74	48.20	250m: 3:50.13	46.56	350m: 5:23.24	45.07
	100m: 1:26.54	46.63	200m: 3:03.57	48.83	300m: 4:38.17	48.04	400m: 6:07.10	43.86
23.	Van Den Bosch Elise			ZS/21109/11	6:11.74	<b>6:11.40</b>	257	
	50m: 41.07	41.07	150m: 2:15.41	47.93	250m: 3:51.70	48.37	350m: 5:26.29	47.33
	100m: 1:27.48	46.41	200m: 3:03.33	47.92	300m: 4:38.96	47.26	400m: 6:11.40	45.11
dis	Decaluwé Helena		dis	ZCT/21130/11	5:51.53			
	<i>SW 4.4 - valse start</i>							