

Zomercriterium 2023
Antwerpen, 14 - 16/7/2023

Programmanr. 13
14/07/2023 - 14:09

Meisjes, 400m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2023

Rang					Inshr.			Tijd	Pnt
13 jaar									
1.	Van Cauwenberge Catho		ROSC/21278/10		5:14.25		5:02.59		476
	50m:	33.71	33.71	150m:	1:51.01	38.91	250m:	3:08.85	38.93
	100m:	1:12.10	38.39	200m:	2:29.92	38.91	300m:	3:47.84	38.99
							350m:	4:25.47	37.63
							400m:	5:02.59	37.12
2.	Temmerman Elynne		BRABO/21394/10		5:12.22		5:05.31		464
	50m:	33.01	33.01	150m:	1:49.96	38.32	250m:	3:07.66	38.85
	100m:	1:11.64	38.63	200m:	2:28.81	38.85	300m:	3:47.13	39.47
							350m:	4:26.14	39.01
							400m:	5:05.31	39.17
3.	Wachtelaer Charlot		AST/21051/10		5:13.15		5:11.72		436
	50m:	34.34	34.34	150m:	1:53.49	39.91	250m:	3:13.73	39.75
	100m:	1:13.58	39.24	200m:	2:33.98	40.49	300m:	3:54.32	40.59
							350m:	4:34.05	39.73
							400m:	5:11.72	37.67
4.	Thijs Maaike		ZCT/21132/10		5:14.80		5:12.32		433
	50m:	36.01	36.01	150m:	1:55.98	40.00	250m:	3:16.55	39.84
	100m:	1:15.98	39.97	200m:	2:36.71	40.73	300m:	3:56.51	39.96
							350m:	4:35.73	39.22
							400m:	5:12.32	36.59
5.	Schellemans Charlotte		ZVL/21082/10		5:13.65		5:13.40		429
	50m:	34.61	34.61	150m:	1:53.87	39.82	250m:	3:15.01	40.79
	100m:	1:14.05	39.44	200m:	2:34.22	40.35	300m:	3:56.12	41.11
							350m:	4:36.04	39.92
							400m:	5:13.40	37.36
6.	Cluysen Zoë		LWB/21062/10		5:16.47		5:17.49		412
	50m:	35.40	35.40	150m:	1:56.23	40.78	250m:	3:17.35	40.41
	100m:	1:15.45	40.05	200m:	2:36.94	40.71	300m:	3:58.15	40.80
							350m:	4:38.40	40.25
							400m:	5:17.49	39.09
7.	Van Den Bergh Anna		zs/21116/10		5:24.47		5:19.61		404
	50m:	35.38	35.38	150m:	1:56.20	41.32	250m:	3:18.42	41.81
	100m:	1:14.88	39.50	200m:	2:36.61	40.41	300m:	3:59.36	40.94
							350m:	4:40.40	41.04
							400m:	5:19.61	39.21
8.	Verhaeghe Marthe		ZTB/21088/10		5:38.58		5:21.72		396
	50m:	37.06	37.06	150m:	1:59.37	40.94	250m:	3:22.07	40.70
	100m:	1:18.43	41.37	200m:	2:41.37	42.00	300m:	4:02.69	40.62
							350m:	4:42.48	39.79
							400m:	5:21.72	39.24
9.	Melotte Pia		DBT/21150/10		5:33.57		5:28.81		371
	50m:	35.64	35.64	150m:	1:58.53	42.32	250m:	3:24.81	43.06
	100m:	1:16.21	40.57	200m:	2:41.75	43.22	300m:	4:07.90	43.09
							350m:	4:49.75	41.85
							400m:	5:28.81	39.06
10.	Watelle Nona		LAQUA/21446/10		5:44.38		5:29.05		370
	50m:	38.59	38.59	150m:	2:01.89	41.78	250m:	3:26.32	42.65
	100m:	1:20.11	41.52	200m:	2:43.67	41.78	300m:	4:07.35	41.03
							350m:	4:49.32	41.97
							400m:	5:29.05	39.73
11.	Melka Zora		ZORO/21146/10		5:23.48		5:29.45		369
	50m:	37.35	37.35	150m:	2:00.84	42.67	250m:	3:26.62	43.04
	100m:	1:18.17	40.82	200m:	2:43.58	42.74	300m:	4:08.93	42.31
							350m:	4:50.86	41.93
							400m:	5:29.45	38.59
12.	Meurisse Kyana		GOLD/21114/10		5:37.78		5:29.81		368
	50m:	36.23	36.23	150m:	1:59.61	42.35	250m:	3:24.68	42.76
	100m:	1:17.26	41.03	200m:	2:41.92	42.31	300m:	4:07.48	42.80
							350m:	4:49.96	42.48
							400m:	5:29.81	39.85
13.	Wouters Stien		ZCT/21106/10		5:30.51		5:31.01		364
	50m:	37.87	37.87	150m:	2:01.63	42.34	250m:	3:26.69	42.28
	100m:	1:19.29	41.42	200m:	2:44.41	42.78	300m:	4:09.28	42.59
							350m:	4:50.86	41.58
							400m:	5:31.01	40.15
14.	Van Bunder Amy		DZO/21176/10		5:38.46		5:31.32		363
	50m:	36.35	36.35	150m:	1:59.54	41.84	250m:	3:24.98	42.79
	100m:	1:17.70	41.35	200m:	2:42.19	42.65	300m:	4:07.82	42.84
							350m:	4:50.41	42.59
							400m:	5:31.32	40.91
15.	Vlassaks Lena		PZC/21085/10		5:52.02		5:34.09		354
	50m:	38.27	38.27	150m:	2:03.78	43.22	250m:	3:30.12	42.90
	100m:	1:20.56	42.29	200m:	2:47.22	43.44	300m:	4:13.19	43.07
							350m:	4:54.60	41.41
							400m:	5:34.09	39.49
16.	Landa Luna		ZS/21107/10		5:48.28		5:37.69		343
	50m:	38.41	38.41	150m:	2:05.50	43.48	250m:	3:32.40	43.37
	100m:	1:22.02	43.61	200m:	2:49.03	43.53	300m:	4:16.00	43.60
							350m:	4:57.96	41.96
							400m:	5:37.69	39.73
17.	Filimonov Vlada		SWEM/21100/10		5:31.04		5:40.49		334
	50m:	37.46	37.46	150m:	2:04.08	43.49	250m:	3:32.06	44.03
	100m:	1:20.59	43.13	200m:	2:48.03	43.95	300m:	4:15.24	43.18
							350m:	4:59.11	43.87
							400m:	5:40.49	41.38

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Programmanr. 13, Meisjes, 400m vrije slag, 13 jaar

Rang					Inschr.	Tijd	Pnt	
18.	Kerremans Nora			AZL/21095/10	5:57.44	5:40.86	333	
	50m: 36.77	36.77	150m: 2:04.62	44.41	250m: 3:33.22	44.43	350m: 4:59.79	42.45
	100m: 1:20.21	43.44	200m: 2:48.79	44.17	300m: 4:17.34	44.12	400m: 5:40.86	41.07
19.	Maaskant Kristina			SCZ/21104/10	5:52.59	5:43.02	327	
	50m: 38.74	38.74	150m: 2:08.83	45.53	250m: 3:39.14	45.30	350m: 5:05.67	41.59
	100m: 1:23.30	44.56	200m: 2:53.84	45.01	300m: 4:24.08	44.94	400m: 5:43.02	37.35
20.	Cypers de Landrecy Tillie			PZC/21084/10	5:36.86	5:43.53	325	
	50m: 38.17	38.17	150m: 2:06.56	44.52	250m: 3:35.38	44.29	350m: 5:03.36	43.39
	100m: 1:22.04	43.87	200m: 2:51.09	44.53	300m: 4:19.97	44.59	400m: 5:43.53	40.17
21.	Van Ghelue Rinske			FIRST/21194/10	5:57.72	5:48.42	312	
	50m: 39.72	39.72	150m: 2:09.91	45.83	250m: 3:39.42	44.89	350m: 5:07.45	43.75
	100m: 1:24.08	44.36	200m: 2:54.53	44.62	300m: 4:23.70	44.28	400m: 5:48.42	40.97
22.	Dufoort Alexia			IKZ/21114/10	5:46.33	5:58.76	286	
	50m: 39.96	39.96	150m: 2:09.51	45.07	250m: 3:41.57	45.77	350m: 5:14.56	46.39
	100m: 1:24.44	44.48	200m: 2:55.80	46.29	300m: 4:28.17	46.60	400m: 5:58.76	44.20
dis	Casier Camille			dis UZKZ/21107/10	5:23.95			
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>							

14 jaar

1.	Caus Floor			KZK/21127/09	5:12.58	4:56.62	506	
	50m: 34.22	34.22	150m: 1:50.77	39.04	250m: 3:07.02	38.35	350m: 4:21.46	37.54
	100m: 1:11.73	37.51	200m: 2:28.67	37.90	300m: 3:43.92	36.90	400m: 4:56.62	35.16
2.	Depondt-Velter Nette			ROSC/21239/09	5:24.64	5:03.00	474	
	50m: 34.71	34.71	150m: 1:52.11	39.54	250m: 3:10.12	38.95	350m: 4:26.78	38.02
	100m: 1:12.57	37.86	200m: 2:31.17	39.06	300m: 3:48.76	38.64	400m: 5:03.00	36.22
3.	Verschuere Louise			HOZT/21032/09	5:11.52	5:07.36	454	
	50m: 33.68	33.68	150m: 1:52.03	39.46	250m: 3:10.99	39.08	350m: 4:29.38	39.20
	100m: 1:12.57	38.89	200m: 2:31.91	39.88	300m: 3:50.18	39.19	400m: 5:07.36	37.98
4.	Martelé Lore			MEGA/21280/09	5:17.38	5:07.86	452	
	50m: 35.84	35.84	150m: 1:55.78	40.18	250m: 3:14.20	38.76	350m: 4:30.53	37.54
	100m: 1:15.60	39.76	200m: 2:35.44	39.66	300m: 3:52.99	38.79	400m: 5:07.86	37.33
5.	Van Baelen Yenthe			MOZKA/21075/09	5:11.11	5:08.60	449	
	50m: 33.85	33.85	150m: 1:52.28	39.91	250m: 3:12.19	39.58	350m: 4:32.36	39.87
	100m: 1:12.37	38.52	200m: 2:32.61	40.33	300m: 3:52.49	40.30	400m: 5:08.60	36.24
6.	Dumont Mila			MEGA/21335/09	5:21.48	5:08.90	448	
	50m: 35.49	35.49	150m: 1:54.35	39.96	250m: 3:13.21	39.72	350m: 4:31.43	38.97
	100m: 1:14.39	38.90	200m: 2:33.49	39.14	300m: 3:52.46	39.25	400m: 5:08.90	37.47
7.	Vanhaesebroeck Marie-Eline			ZN/21052/09	5:24.00	5:13.03	430	
	50m: 34.94	34.94	150m: 1:54.11	39.39	250m: 3:15.70	41.01	350m: 4:35.34	39.02
	100m: 1:14.72	39.78	200m: 2:34.69	40.58	300m: 3:56.32	40.62	400m: 5:13.03	37.69
8.	De Smul Pauline			STA/21042/09	5:15.92	5:14.16	426	
	50m: 35.73	35.73	150m: 1:55.10	40.12	250m: 3:15.50	40.38	350m: 4:35.64	39.78
	100m: 1:14.98	39.25	200m: 2:35.12	40.02	300m: 3:55.86	40.36	400m: 5:14.16	38.52
9.	Kint Ruhne			ALZV/21119/09	5:19.97	5:15.51	420	
	50m: 36.20	36.20	150m: 1:57.14	40.93	250m: 3:17.97	40.76	350m: 4:37.48	39.77
	100m: 1:16.21	40.01	200m: 2:37.21	40.07	300m: 3:57.71	39.74	400m: 5:15.51	38.03
10.	Aerts Louise			HOZT/21034/09	5:17.24	5:16.89	415	
	50m: 35.38	35.38	150m: 1:54.58	40.61	250m: 3:16.58	41.23	350m: 4:37.99	40.41
	100m: 1:13.97	38.59	200m: 2:35.35	40.77	300m: 3:57.58	41.00	400m: 5:16.89	38.90
11.	Van Waeldereren Hanne			WST/21082/09	5:23.86	5:18.12	410	
	50m: 36.46	36.46	150m: 1:57.69	40.66	250m: 3:19.55	40.54	350m: 4:40.56	40.11
	100m: 1:17.03	40.57	200m: 2:39.01	41.32	300m: 4:00.45	40.90	400m: 5:18.12	37.56

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Programmanr. 13, Meisjes, 400m vrije slag, 14 jaar

Rang					Inschr.	Tijd	Pnt					
12.	Andries Febe				IKZ/21148/09	5:41.72	5:21.45	397				
	50m:	36.39	36.39	150m:	1:58.34	41.48	250m:	3:21.42	41.82	350m:	4:43.16	41.01
	100m:	1:16.86	40.47	200m:	2:39.60	41.26	300m:	4:02.15	40.73	400m:	5:21.45	38.29
13.	Anquetil Inaya				GOLD/21102/09	5:33.26	5:22.02	395				
	50m:	35.64	35.64	150m:	1:57.25	41.57	250m:	3:21.27	42.07	350m:	4:44.34	41.22
	100m:	1:15.68	40.04	200m:	2:39.20	41.95	300m:	4:03.12	41.85	400m:	5:22.02	37.68
14.	Sanders Juliette				MEGA/21258/09	5:20.61	5:24.41	386				
	50m:	38.36	38.36	150m:	2:01.23	41.32	250m:	3:23.14	40.85	350m:	4:44.72	40.88
	100m:	1:19.91	41.55	200m:	2:42.29	41.06	300m:	4:03.84	40.70	400m:	5:24.41	39.69
15.	Baeke Stine				MEGA/21332/09	5:40.05	5:25.96	381				
	50m:	36.77	36.77	150m:	1:58.71	41.88	250m:	3:22.09	41.77	350m:	4:46.12	42.18
	100m:	1:16.83	40.06	200m:	2:40.32	41.61	300m:	4:03.94	41.85	400m:	5:25.96	39.84
16.	Van Alsenoy Lisa				KVZP/21060/09	5:21.30	5:28.44	372				
	50m:	35.73	35.73	150m:	1:58.26	42.04	250m:	3:22.67	42.65	350m:	4:47.80	42.37
	100m:	1:16.22	40.49	200m:	2:40.02	41.76	300m:	4:05.43	42.76	400m:	5:28.44	40.64
17.	Delcommune Lonneke				KAZS/21081/09	5:19.40	5:31.04	364				
	50m:	38.05	38.05	150m:	2:02.09	42.42	250m:	3:26.88	43.20	350m:	4:51.22	41.94
	100m:	1:19.67	41.62	200m:	2:43.68	41.59	300m:	4:09.28	42.40	400m:	5:31.04	39.82
18.	Bogaerts Sarah				ZOLA/21134/09	5:47.46	5:31.45	362				
	50m:	37.37	37.37	150m:	2:01.95	42.51	250m:	3:27.41	42.45	350m:	4:52.86	42.57
	100m:	1:19.44	42.07	200m:	2:44.96	43.01	300m:	4:10.29	42.88	400m:	5:31.45	38.59
19.	Vanden Baviere Margo				GOLD/21096/09	5:37.57	5:32.38	359				
	50m:	37.44	37.44	150m:	2:00.97	42.38	250m:	3:26.71	43.39	350m:	4:51.47	42.51
	100m:	1:18.59	41.15	200m:	2:43.32	42.35	300m:	4:08.96	42.25	400m:	5:32.38	40.91
20.	Delor Tila				FAST/21002/09	5:34.66	5:37.40	343				
	50m:	38.52	38.52	150m:	2:04.18	43.22	250m:	3:30.65	43.06	350m:	4:55.87	42.57
	100m:	1:20.96	42.44	200m:	2:47.59	43.41	300m:	4:13.30	42.65	400m:	5:37.40	41.53
21.	Vannieuwenborgh Free				AZL/21074/09	5:53.24	5:47.54	314				
	50m:	36.57	36.57	150m:	2:04.98	44.71	250m:	3:34.10	44.23	350m:	5:05.70	44.71
	100m:	1:20.27	43.70	200m:	2:49.87	44.89	300m:	4:20.99	46.89	400m:	5:47.54	41.84
22.	Valvekens Lily				BEST/21128/09	5:55.50	5:57.27	289				
	50m:	39.75	39.75	150m:	2:10.53	46.00	250m:	3:41.71	45.40	350m:	5:14.14	46.72
	100m:	1:24.53	44.78	200m:	2:56.31	45.78	300m:	4:27.42	45.71	400m:	5:57.27	43.13
23.	Jaspers Lien				HZS/21213/09	5:48.67	6:01.67	279				
	50m:	39.48	39.48	150m:	2:10.28	46.46	250m:	3:43.86	46.52	350m:	5:18.08	47.20
	100m:	1:23.82	44.34	200m:	2:57.34	47.06	300m:	4:30.88	47.02	400m:	6:01.67	43.59