



Programmanr. 8
31/01/2026 - 12:00

Heren, 400m vrije slag

13 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m
jeugd 2							
1.	Voet Lars	12	K. Aarschotse Zwemclub S	4:50.41	435	1:07.44	1:16.12
	50m:		150m:	250m:	350m:	400m:	4:50.41
	100m:	1:07.44	200m:	300m:			
2.	Prouvé Viktor	12	Brabant East Swimming Te	4:56.10	410	1:08.91	1:16.88
	50m:		150m:	250m:	350m:	400m:	4:56.10
	100m:	1:08.91	200m:	300m:			
3.	Maertens Toon	12	Zwemclub Tremelo	5:13.80	344	1:14.19	1:20.23
	50m:		150m:	250m:	350m:	400m:	5:13.80
	100m:	1:14.19	200m:	300m:			
4.	Hermans Viktor	12	Aart Lorelei Zwemverenigin	5:19.30	327	1:14.56	1:23.74
	50m:		150m:	250m:	350m:	400m:	5:19.30
	100m:	1:14.56	200m:	300m:			
5.	Van Gorp Lucas	12	Koninklijke Landense Sport	5:25.28	309	1:16.26	1:23.40
	50m:		150m:	250m:	350m:	400m:	5:25.28
	100m:	1:16.26	200m:	300m:			
6.	Wieleman Robbe	13	Swimming Team Zennevall	5:29.67	297	1:18.39	1:25.10
	50m:		150m:	250m:	350m:	400m:	5:29.67
	100m:	1:18.39	200m:	300m:			
7.	Feyaerts Jeroen	13	Trust	5:30.91	294	1:19.06	1:25.43
	50m:		150m:	250m:	350m:	400m:	5:30.91
	100m:	1:19.06	200m:	300m:			
8.	Bas Gaston	12	Swimming Team Zennevall	5:33.56	287	1:19.76	1:24.01
	50m:		150m:	250m:	350m:	400m:	5:33.56
	100m:	1:19.76	200m:	300m:			
9.	Vandergucht Jonas	13	Swimming Team Zennevall	5:34.86	283	1:19.02	1:26.57
	50m:		150m:	250m:	350m:	400m:	5:34.86
	100m:	1:19.02	200m:	300m:			
10.	Bombaert Louis	12	Zwemclub ZIOS Liedekerke	5:35.20	282	1:18.32	1:26.41
	50m:		150m:	250m:	350m:	400m:	5:35.20
	100m:	1:18.32	200m:	300m:			
11.	De Mesmaeker Loann	13	Zwemclub "De Dolfijnen" A	5:36.48	279	1:21.21	1:25.00
	50m:		150m:	250m:	350m:	400m:	5:36.48
	100m:	1:21.21	200m:	300m:			
12.	Maaskant Albin	13	SCZ-Zaventem	5:37.22	277	1:21.15	1:25.76
	50m:		150m:	250m:	350m:	400m:	5:37.22
	100m:	1:21.15	200m:	300m:			
13.	Rockelé Lowie	12	Zwemclub Tremelo	5:37.98	276	1:19.78	1:26.56
	50m:		150m:	250m:	350m:	400m:	5:37.98
	100m:	1:19.78	200m:	300m:			
14.	Ghislain Antoine	13	Swimming Team Zennevall	5:43.38	263	1:24.73	1:28.32
	50m:		150m:	250m:	350m:	400m:	5:43.38
	100m:	1:24.73	200m:	300m:			
15.	Vandepitte Kyan	13	Zwemclub "De Dolfijnen" A	5:46.49	256	1:19.31	1:28.25
	50m:		150m:	250m:	350m:	400m:	5:46.49
	100m:	1:19.31	200m:	300m:			
16.	Claes Tiebe	13	Zwemclub "De Dolfijnen" A	5:50.89	246	1:23.11	1:28.98
	50m:		150m:	250m:	350m:	400m:	5:50.89
	100m:	1:23.11	200m:	300m:			
17.	Props Lukas	13	Dilbeekse Zwemvereniging	6:04.80	219	1:28.28	1:36.27
	50m:		150m:	250m:	350m:	400m:	6:04.80
	100m:	1:28.28	200m:	300m:			
18.	Haezebrouck Thijs	13	Dilbeekse Zwemvereniging	6:34.95	173	1:31.16	1:41.64
	50m:		150m:	250m:	350m:	400m:	6:34.95
	100m:	1:31.16	200m:	300m:			
19.	Desmet Finn	13	Swimming Team Zennevall	6:46.88	158	1:34.86	1:44.96
	50m:		150m:	250m:	350m:	400m:	6:46.88
	100m:	1:34.86	200m:	300m:			



Programmanr. 8, Heren, 400m vrije slag

jeugd 3

1. De Witte Leo	10	K. Aarschotse Zwemclub S	4:30.27	539	1:04.09	1:09.63
50m:		150m:	250m:		350m:	
100m: 1:04.09		200m: 2:13.72	300m:		400m: 4:30.27	
2. Van Nooten Vic	10	Leuven Aquatics	4:30.94	535	1:03.98	1:09.00
50m:		150m:	250m:		350m:	
100m: 1:03.98		200m: 2:12.98	300m:		400m: 4:30.94	
3. Vets Wannes	11	K. Aarschotse Zwemclub S	4:33.22	522	1:03.67	1:10.83
50m:		150m:	250m:		350m:	
100m: 1:03.67		200m: 2:14.50	300m:		400m: 4:33.22	
4. Volckaert Thomas	10	Zwemclub ZIOS Liedekerke	4:43.72	466	1:09.04	1:14.62
50m:		150m:	250m:		350m:	
100m: 1:09.04		200m: 2:23.66	300m:		400m: 4:43.72	
5. Tronckoe Kobe	11	Zwemclub "De Dolfijnen" A	4:53.16	423	1:08.96	1:16.05
50m:		150m:	250m:		350m:	
100m: 1:08.96		200m: 2:25.01	300m:		400m: 4:53.16	
6. Asscherickx Sebastiaan	11	K. Aarschotse Zwemclub S	4:54.66	416	1:10.93	1:18.09
50m:		150m:	250m:		350m:	
100m: 1:10.93		200m: 2:29.02	300m:		400m: 4:54.66	
7. Vranckx Boudewijn	11	Leuven Aquatics	4:56.58	408	1:07.92	1:15.69
50m:		150m:	250m:		350m:	
100m: 1:07.92		200m: 2:23.61	300m:		400m: 4:56.58	
8. Delcoigne Nathan	11	Zwemclub "De Dolfijnen" A	5:01.07	390	1:10.52	1:17.06
50m:		150m:	250m:		350m:	
100m: 1:10.52		200m: 2:27.58	300m:		400m: 5:01.07	
9. De Haes Tibo	10	Swimming Team Zenneval	5:03.22	382	1:10.55	1:19.04
50m:		150m:	250m:		350m:	
100m: 1:10.55		200m: 2:29.59	300m:		400m: 5:03.22	
10. Bas Briek	10	Swimming Team Zenneval	5:04.07	379	1:09.58	1:17.12
50m:		150m:	250m:		350m:	
100m: 1:09.58		200m: 2:26.70	300m:		400m: 5:04.07	
11. Turf Sander	10	Zwemclub ZIOS Liedekerke	5:10.63	355	1:13.57	1:21.99
50m:		150m:	250m:		350m:	
100m: 1:13.57		200m: 2:35.56	300m:		400m: 5:10.63	
12. Van den Broeck Tiebe	11	Zwemclub Kapelle-O/D-Bo	5:12.38	349	1:12.48	1:20.47
50m:		150m:	250m:		350m:	
100m: 1:12.48		200m: 2:32.95	300m:		400m: 5:12.38	
13. Verheyen Stephen	11	K. Aarschotse Zwemclub S	5:12.59	348	1:14.79	1:23.06
50m:		150m:	250m:		350m:	
100m: 1:14.79		200m: 2:37.85	300m:		400m: 5:12.59	
14. Claes Elian	10	Zwemclub "De Dolfijnen" A	5:15.06	340	1:15.92	1:20.17
50m:		150m:	250m:		350m:	
100m: 1:15.92		200m: 2:36.09	300m:		400m: 5:15.06	
Vanhelmont Dante	11	K. Aarschotse Zwemclub S	5:15.06	340	1:15.06	1:21.95
50m:		150m:	250m:		350m:	
100m: 1:15.06		200m: 2:37.01	300m:		400m: 5:15.06	
16. Verhasselt Lars	11	Zwemclub "De Dolfijnen" A	5:27.16	304	1:18.96	1:25.19
50m:		150m:	250m:		350m:	
100m: 1:18.96		200m: 2:44.15	300m:		400m: 5:27.16	

juniores

1. Persoons Emiel	08	Zwemclub ZIOS Liedekerke	4:25.64	568	1:04.20	1:08.41
50m:		150m:	250m:		350m:	
100m: 1:04.20		200m: 2:12.61	300m:		400m: 4:25.64	
2. Volckaert Matthias	08	Zwemclub ZIOS Liedekerke	4:29.19	546	1:03.32	1:08.85
50m:		150m:	250m:		350m:	
100m: 1:03.32		200m: 2:12.17	300m:		400m: 4:29.19	
3. Vets Siebe	08	K. Aarschotse Zwemclub S	4:29.24	546	1:04.28	1:08.70
50m:		150m:	250m:		350m:	
100m: 1:04.28		200m: 2:12.98	300m:		400m: 4:29.24	



Programmanr. 8, Jongens, 400m vrije slag, junioren

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m		
4.	Tubbe Xander	09	Swimming Team Zenneval	4:33.10	523	1:02.93	1:09.78		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
5.	Van der Borghst Floris	08	Zwemclub Tremelo	4:34.31	516	1:05.69	1:10.44		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
6.	Pelgrims Lowie	08	Zwemclub Tremelo	4:40.44	483	1:06.69	1:12.53		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
7.	Geens Dré	09	Zwemclub Tremelo	4:41.35	478	1:05.98	1:12.86		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
8.	Willem Arthur	09	K. Aarschotse Zwemclub S	4:45.36	458	1:06.66	1:12.72		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
9.	Wouters Hannes	08	K. Aarschotse Zwemclub S	4:56.58	408	1:08.14	1:15.85		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
10.	Flores Sébastien	09	Koninklijke Landense Sport	4:58.16	402	1:10.40	1:18.09		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					

senioren

1.	Van genechten Sander	03	Leuven Aquatics	4:25.42	570	1:03.82	1:07.83		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					
2.	Raes Dries	07	K. Aarschotse Zwemclub S	4:34.47	515	1:03.79	1:09.01		
	50m:	150m:	250m:	350m:					
	100m:	200m:	300m:	400m:					