

PK 2023
Leuven, 14 - 15/10/2023

Programmanr. 20
15/10/2023 - 9:42

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang					Inschr.	Tijd	Pnt					
11 jaar												
1.	Ginkels Febe				LAQUA/21494/126:42.00	6:29.30	294					
	50m:	44.55	44.55	150m:	2:27.55	51.13	250m:	4:09.03	52.30	350m:	5:47.39	44.16
	100m:	1:36.42	51.87	200m:	3:16.73	49.18	300m:	5:03.23	54.20	400m:	6:29.30	41.91
12 jaar												
1.	Thys Lena				KAZS/21098/11 6:10.90	5:52.95	394					
	50m:	41.19	41.19	150m:	2:14.36	46.12	250m:	3:48.71	48.57	350m:	5:15.51	39.42
	100m:	1:28.24	47.05	200m:	3:00.14	45.78	300m:	4:36.09	47.38	400m:	5:52.95	37.44
2.	Vanderlinden Paulien				BEST/21117/11 6:21.66	5:59.52	373					
	50m:	42.23	42.23	150m:	2:14.68	44.50	250m:	3:47.91	49.95	350m:	5:19.74	41.24
	100m:	1:30.18	47.95	200m:	2:57.96	43.28	300m:	4:38.50	50.59	400m:	5:59.52	39.78
3.	Desmet Sterre				KLSVZ/21102/11 6:25.63	6:16.27	325					
	50m:	39.80	39.80	150m:	2:15.70	46.83	250m:	3:57.30	54.88	350m:	5:35.89	43.35
	100m:	1:28.87	49.07	200m:	3:02.42	46.72	300m:	4:52.54	55.24	400m:	6:16.27	40.38
13 jaar												
1.	Teirlinck Louise				LAQUA/21392/105:45.69	5:38.44	447					
	50m:	36.79	36.79	150m:	2:00.51	43.30	250m:	3:32.57	49.51	350m:	5:01.43	38.35
	100m:	1:17.21	40.42	200m:	2:43.06	42.55	300m:	4:23.08	50.51	400m:	5:38.44	37.01
2.	Van Der Meeren Lotte				DDAT/21118/10 5:48.16	5:40.19	440					
	50m:	38.64	38.64	150m:	2:08.25	43.89	250m:	3:37.21	46.05	350m:	5:02.60	38.64
	100m:	1:24.36	45.72	200m:	2:51.16	42.91	300m:	4:23.96	46.75	400m:	5:40.19	37.59
14 jaar												
1.	Dalemans Lyn				ZCK/22065/09 5:22.85	5:25.64	502					
	50m:	34.22	34.22	150m:	1:55.36	40.77	250m:	3:24.29	48.70	350m:	4:50.52	37.23
	100m:	1:14.59	40.37	200m:	2:35.59	40.23	300m:	4:13.29	49.00	400m:	5:25.64	35.12
2.	Meyer Thyrví				KAZS/21181/09 5:47.72	5:31.42	476					
	50m:	36.48	36.48	150m:	2:01.85	42.45	250m:	3:31.04	46.83	350m:	4:56.08	37.36
	100m:	1:19.40	42.92	200m:	2:44.21	42.36	300m:	4:18.72	47.68	400m:	5:31.42	35.34
3.	Ciobanu Anastasia				DDAT/21112/09 5:47.79	5:34.28	464					
	50m:	36.20	36.20	150m:	2:03.99	44.18	250m:	3:33.06	45.60	350m:	4:58.15	37.81
	100m:	1:19.81	43.61	200m:	2:47.46	43.47	300m:	4:20.34	47.28	400m:	5:34.28	36.13
4.	Verspecht Lizanne				ZCK/22096/09 5:42.18	5:51.80	398					
	50m:	37.19	37.19	150m:	2:11.08	46.05	250m:	3:44.64	50.17	350m:	5:13.92	40.21
	100m:	1:25.03	47.84	200m:	2:54.47	43.39	300m:	4:33.71	49.07	400m:	5:51.80	37.88
5.	Matthijs Xanthe				ZIOS/21081/09 5:58.06	6:05.19	356					
	50m:	38.21	38.21	150m:	2:11.09	48.23	250m:	3:49.92	52.22	350m:	5:24.60	42.11
	100m:	1:22.86	44.65	200m:	2:57.70	46.61	300m:	4:42.49	52.57	400m:	6:05.19	40.59
15 - 16 jaar												
1.	Put Amélie				KAZS/21128/07 5:40.77	5:39.37	444					
	50m:	36.58	36.58	150m:	2:04.32	43.75	250m:	3:33.83	46.74	350m:	5:01.28	39.78
	100m:	1:20.57	43.99	200m:	2:47.09	42.77	300m:	4:21.50	47.67	400m:	5:39.37	38.09

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17 jaar en ouder

1. Verroken Mirte				DDAT/21023/06	5:13.44	5:15.13	554				
50m:	35.44	35.44	150m:	1:57.38	39.64	250m:	3:19.90	43.02	350m:	4:39.81	35.69
100m:	1:17.74	42.30	200m:	2:36.88	39.50	300m:	4:04.12	44.22	400m:	5:15.13	35.32
2. Puttaert Elien				DDAT/20319/04	5:18.47	5:23.60	512				
50m:	33.42	33.42	150m:	1:56.35	42.30	250m:	3:21.82	43.95	350m:	4:45.79	38.79
100m:	1:14.05	40.63	200m:	2:37.87	41.52	300m:	4:07.00	45.18	400m:	5:23.60	37.81
3. Trioen Joke				DDAT/20279/02	5:33.46	5:28.45	489				
50m:	34.85	34.85	150m:	1:59.18	41.84	250m:	3:26.38	45.64	350m:	4:51.15	38.64
100m:	1:17.34	42.49	200m:	2:40.74	41.56	300m:	4:12.51	46.13	400m:	5:28.45	37.30
4. Borremans Lotte				DDAT/21006/03	5:27.90	5:35.53	459				
50m:	35.94	35.94	150m:	2:03.55	43.61	250m:	3:32.79	46.25	350m:	4:57.78	38.66
100m:	1:19.94	44.00	200m:	2:46.54	42.99	300m:	4:19.12	46.33	400m:	5:35.53	37.75