

Programmanr. 8
31/01/2026 - 15:29

Heren, 400m vrije slag

13 jaar en ouder
Resultaten

Punten: AQUA 2025

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m
jeugd 2							
1. Vroman Finn	12 STA	4:47.11	450	1:05.96	1:12.65		
50m:	150m:	250m:			350m:		
100m: 1:05.96	200m: 2:18.61	300m:			400m: 4:47.11		
2. Sciacca Emilio	13 TSZ	4:56.53	408	1:09.96	1:14.46		
50m:	150m:	250m:			350m:		
100m: 1:09.96	200m: 2:24.42	300m:			400m: 4:56.53		
3. De Smet Kobe	13 STA	4:57.97	402	1:12.35	1:16.59		
50m:	150m:	250m:			350m:		
100m: 1:12.35	200m: 2:28.94	300m:			400m: 4:57.97		
4. Uvyn Maxim	12 FIRST	5:03.84	379	1:13.61	1:18.42		
50m:	150m:	250m:			350m:		
100m: 1:13.61	200m: 2:32.03	300m:			400m: 5:03.84		
5. De vlieger Eliott	13 RSC	5:08.67	362	1:11.70	1:20.57		
50m:	150m:	250m:			350m:		
100m: 1:11.70	200m: 2:32.27	300m:			400m: 5:08.67		
6. Huens Briek	13 MEGA	5:10.16	357	1:14.46	1:19.15		
50m:	150m:	250m:			350m:		
100m: 1:14.46	200m: 2:33.61	300m:			400m: 5:10.16		
7. Martelé Stan	12 MEGA	5:13.68	345	1:12.37	1:20.25		
50m:	150m:	250m:			350m:		
100m: 1:12.37	200m: 2:32.62	300m:			400m: 5:13.68		
8. Beck Stann	13 FIRST	5:15.15	340	1:15.76	1:22.35		
50m:	150m:	250m:			350m:		
100m: 1:15.76	200m: 2:38.11	300m:			400m: 5:15.15		
9. Van Daele Nand	12 RSC	5:22.26	318	1:13.29	1:23.41		
50m:	150m:	250m:			350m:		
100m: 1:13.29	200m: 2:36.70	300m:			400m: 5:22.26		

jeugd 3

1. Vroman Wout	10 STA	4:27.16	558	1:02.61	1:08.32		
50m:	150m:	250m:			350m:		
100m: 1:02.61	200m: 2:10.93	300m:			400m: 4:27.16		
2. Lievens Tiebe	10 FIRST	4:36.71	503	1:06.19	1:10.61		
50m:	150m:	250m:			350m:		
100m: 1:06.19	200m: 2:16.80	300m:			400m: 4:36.71		
3. De Jong Stan	10 TSZ	4:40.83	481	1:04.81	1:13.04		
50m:	150m:	250m:			350m:		
100m: 1:04.81	200m: 2:17.85	300m:			400m: 4:40.83		
4. Huens Warre	10 MEGA	4:42.01	475	1:07.28	1:13.04		
50m:	150m:	250m:			350m:		
100m: 1:07.28	200m: 2:20.32	300m:			400m: 4:42.01		
5. Schrauwen Bjarne	11 TSZ	4:42.67	471	1:05.51	1:12.02		
50m:	150m:	250m:			350m:		
100m: 1:05.51	200m: 2:17.53	300m:			400m: 4:42.67		
6. Van Tricht Finn	10 FIRST	4:49.13	440	1:05.73	1:13.79		
50m:	150m:	250m:			350m:		
100m: 1:05.73	200m: 2:19.52	300m:			400m: 4:49.13		
7. Verhagen Toon	11 STW	4:50.25	435	1:08.40	1:14.47		
50m:	150m:	250m:			350m:		
100m: 1:08.40	200m: 2:22.87	300m:			400m: 4:50.25		
8. Vermeulen Daan	11 MEGA	4:50.30	435	1:08.74	1:13.67		
50m:	150m:	250m:			350m:		
100m: 1:08.74	200m: 2:22.41	300m:			400m: 4:50.30		

Programmanr. 8, Jongens, 400m vrije slag, jeugd 3

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m
9. Vanhavere Daan	11 STW	4:52.66	425	1:09.93	1:15.75		
50m:	150m:	250m:		350m:			
100m: 1:09.93	200m: 2:25.68	300m:		400m: 4:52.66			
10. Niemegeerts Ivan	10 SOS	4:52.71	424	1:10.03	1:15.10		
50m:	150m:	250m:		350m:			
100m: 1:10.03	200m: 2:25.13	300m:		400m: 4:52.71			
11. Degrande Vic	11 STA	4:57.96	402	1:10.60	1:16.51		
50m:	150m:	250m:		350m:			
100m: 1:10.60	200m: 2:27.11	300m:		400m: 4:57.96			
12. De Cock Matz	10 AZL	4:58.90	399	1:08.64	1:16.97		
50m:	150m:	250m:		350m:			
100m: 1:08.64	200m: 2:25.61	300m:		400m: 4:58.90			
13. Vannieuwenhuysse Loïc	10 FIRST	4:59.58	396	1:08.33	1:17.05		
50m:	150m:	250m:		350m:			
100m: 1:08.33	200m: 2:25.38	300m:		400m: 4:59.58			
14. De Bruyne Briek	11 STA	5:06.67	369	1:12.28	1:18.05		
50m:	150m:	250m:		350m:			
100m: 1:12.28	200m: 2:30.33	300m:		400m: 5:06.67			
15. De Bal Suijs Mauro	11 MEGA	5:07.73	365	1:12.07	1:19.24		
50m:	150m:	250m:		350m:			
100m: 1:12.07	200m: 2:31.31	300m:		400m: 5:07.73			
16. Bonnarens Dries	10 RSC	5:13.46	346	1:13.85	1:20.01		
50m:	150m:	250m:		350m:			
100m: 1:13.85	200m: 2:33.86	300m:		400m: 5:13.46			
17. Gillet Aaron	10 MEGA	5:16.50	336	1:13.09	1:21.77		
50m:	150m:	250m:		350m:			
100m: 1:13.09	200m: 2:34.86	300m:		400m: 5:16.50			
18. Fouquet Yehro	10 RSC	5:17.32	333	1:13.73	1:22.34		
50m:	150m:	250m:		350m:			
100m: 1:13.73	200m: 2:36.07	300m:		400m: 5:17.32			
19. Casier Jarne	11 RSC	5:27.36	303	1:13.24	1:24.56		
50m:	150m:	250m:		350m:			
100m: 1:13.24	200m: 2:37.80	300m:		400m: 5:27.36			

juniores

1. Caudron Xibe	08 ZNA	4:30.90	536	1:02.27	1:08.95		
50m:	150m:	250m:		350m:			
100m: 1:02.27	200m: 2:11.22	300m:		400m: 4:30.90			
2. De ryck Seppe	09 GBZ	4:32.56	526	1:05.58	1:10.32		
50m:	150m:	250m:		350m:			
100m: 1:05.58	200m: 2:15.90	300m:		400m: 4:32.56			
3. Van Raemdonck Camu	09 FIRST	4:38.19	495	1:06.52	1:11.16		
50m:	150m:	250m:		350m:			
100m: 1:06.52	200m: 2:17.68	300m:		400m: 4:38.19			
Verheyden Vinz	09 FIRST	4:38.19	495	1:02.27	1:08.80		
50m:	150m:	250m:		350m:			
100m: 1:02.27	200m: 2:11.07	300m:		400m: 4:38.19			
5. Vadorpe Dante	08 RSC	4:40.89	480	1:06.24	1:10.90		
50m:	150m:	250m:		350m:			
100m: 1:06.24	200m: 2:17.14	300m:		400m: 4:40.89			
6. Roels Ruben	08 MEGA	4:50.54	434	1:07.58	1:13.67		
50m:	150m:	250m:		350m:			
100m: 1:07.58	200m: 2:21.25	300m:		400m: 4:50.54			
7. Boone Felix	09 AZL	4:56.32	409	1:10.23	1:16.19		
50m:	150m:	250m:		350m:			
100m: 1:10.23	200m: 2:26.42	300m:		400m: 4:56.32			

Programmanr. 8, Heren, 400m vrije slag

senioren

1. Van Oost Martijn	06	SOS	4:42.31 473	1:06.00 1:12.46
50m:		150m:	250m:	350m:
100m: 1:06.00		200m: 2:18.46	300m:	400m: 4:42.31
2. Maes Jordy	03	AZL	5:10.94 354	1:11.38 1:19.06
50m:		150m:	250m:	350m:
100m: 1:11.38		200m: 2:30.44	300m:	400m: 5:10.94