

OOST-VLAAMSE KAMPIOENSCHAPPEN ZWEMMEN 2023
Ronse, 14 - 15/10/2023

Programmanr. 21
15/10/2023 - 10:12

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: FINA 2023

| Rang | Inschr. | Tijd | Pnt |
|---------------------------|---|---------|--------------------|
| 13 jaar, - PK | | | |
| 1. | VAN DEN BREMT Sarah AZL/21085/10 | 5:44.50 | 5:44.17 425 |
| | 50m: 36.65 150m: 2:04.63 250m: 3:37.44 350m: 5:07.02 | | |
| | 100m: 1:21.97 200m: 2:46.82 300m: 4:27.33 400m: 5:44.17 | | |
| 2. | WACHTELAER Charlot AST/21051/10 | 6:02.70 | 6:00.20 371 |
| | 50m: 38.41 150m: 2:12.30 250m: 3:49.47 350m: 5:23.26 | | |
| | 100m: 1:26.42 200m: 2:57.43 300m: 4:42.72 400m: 6:00.20 | | |
| 14 jaar, - PK | | | |
| 1. | REYNIERS Lise STW/21171/09 | 5:15.84 | 5:11.39 575 |
| | 50m: 34.29 150m: 1:55.23 250m: 3:18.48 350m: 4:37.45 | | |
| | 100m: 1:14.00 200m: 2:35.76 300m: 4:02.01 400m: 5:11.39 | | |
| 2. | STERKEN Nila FAST/21018/09 | 5:52.65 | 5:52.53 396 |
| | 50m: 38.39 150m: 2:08.50 250m: 3:42.51 350m: 5:13.85 | | |
| | 100m: 1:24.55 200m: 2:52.36 300m: 4:33.60 400m: 5:52.53 | | |
| 15 - 16 jaar, - PK | | | |
| 1. | VAN GYSEL Maite MEGA/21373/08 | 5:11.15 | 5:14.69 557 |
| | 50m: 33.68 150m: 1:53.92 250m: 3:18.03 350m: 4:40.13 | | |
| | 100m: 1:13.05 200m: 2:34.02 300m: 4:03.77 400m: 5:14.69 | | |
| 2. | CHICHKOVA Lili FAST/21011/08 | 5:38.42 | 5:40.79 438 |
| | 50m: 37.54 150m: 2:04.53 250m: 3:33.51 350m: 5:02.75 | | |
| | 100m: 1:21.95 200m: 2:45.38 300m: 4:22.02 400m: 5:40.79 | | |
| 3. | VAN PUYVELDE Emma GBZ/21069/08 | 5:56.90 | 5:56.57 382 |
| | 50m: 37.68 150m: 2:07.76 250m: 3:43.21 350m: 5:17.43 | | |
| | 100m: 1:21.80 200m: 2:52.32 300m: 4:35.21 400m: 5:56.57 | | |
| 17 - 18 jaar, - PK | | | |
| 1. | VAN DEN EEDE Lisa AZL/21050/06 | 5:09.53 | 5:07.61 596 |
| | 50m: 32.94 150m: 1:50.47 250m: 3:13.94 350m: 4:34.18 | | |
| | 100m: 1:11.29 200m: 2:29.06 300m: 3:58.21 400m: 5:07.61 | | |
| 2. | VANDEPOORTE Pauline FAST/21050/06 | 5:17.62 | 5:15.00 555 |
| | 50m: 34.28 150m: 1:53.17 250m: 3:16.66 350m: 4:40.38 | | |
| | 100m: 1:12.25 200m: 2:34.99 300m: 4:02.26 400m: 5:15.00 | | |
| 3. | SYPRÉ Maud MEGA/21070/05 | 5:36.20 | 5:34.67 463 |
| | 50m: 34.43 150m: 1:58.51 250m: 3:29.42 350m: 4:56.78 | | |
| | 100m: 1:15.33 200m: 2:40.43 300m: 4:18.45 400m: 5:34.67 | | |