

OOST-VLAAMSE KAMPIOENSCHAPPEN ZWEMMEN 2023  
Ronse, 14 - 15/10/2023

Programmanr. 10  
14/10/2023 - 14:00

400m vrije slag

10 jaar  
Resultaten

Punten: FINA 2023

Rang							Inschr.	Tijd	Pnt
<b>10 jaar, Jongens</b>									
1.	SCIACCA Emilio					TSZ/11077/13	6:20.59	<b>5:42.26</b>	238
	50m:	38.67	150m:	2:03.41	250m:	3:31.02	350m:	4:59.72	
	100m:	1:20.87	200m:	2:47.57	300m:	4:15.73	400m:	5:42.26	
2.	DE SMET Kobe					STA/11061/13	6:11.77	<b>6:03.19</b>	199
	50m:	37.49	150m:	2:05.22	250m:	3:40.78	350m:	5:16.20	
	100m:	1:20.70	200m:	2:52.33	300m:	4:29.83	400m:	6:03.19	
3.	ROGIERS Louis					LZV/11080/13	6:57.65	<b>6:12.43</b>	185
	50m:	40.52	150m:	2:14.82	250m:	3:50.71	350m:	5:27.23	
	100m:	1:26.85	200m:	3:02.98	300m:	4:39.30	400m:	6:12.43	
4.	VAN GAVER Sander					FIRST/11295/13	6:51.72	<b>6:23.41</b>	169
	50m:	41.37	150m:	2:17.40	250m:	3:55.14	350m:	5:36.64	
	100m:	1:28.12	200m:	3:05.15	300m:	4:45.14	400m:	6:23.41	
5.	HUENS Briek					MEGA/11400/13	7:08.99	<b>6:32.59</b>	158
	50m:	42.70	150m:	2:19.45	250m:	3:59.14	350m:	5:42.61	
	100m:	1:31.04	200m:	3:09.16	300m:	4:52.31	400m:	6:32.59	
<b>10 jaar, Meisjes</b>									
1.	VAN BUNDER Inez					TSZ/21091/13	6:01.41	<b>5:36.53</b>	324
	50m:	38.02	150m:	2:03.55	250m:	3:31.18	350m:	4:57.09	
	100m:	1:20.35	200m:	2:47.45	300m:	4:14.92	400m:	5:36.53	
2.	LONCKE Jutta					STA/21068/13	6:32.65	<b>6:01.45</b>	262
	50m:	39.84	150m:	2:12.20	250m:	3:45.02	350m:	5:12.74	
	100m:	1:25.17	200m:	2:58.64	300m:	4:30.36	400m:	6:01.45	
3.	LAMMENS Alix					LZV/21075/13	7:11.20	<b>6:21.55</b>	222
	50m:	43.42	150m:	2:19.97	250m:	3:57.73	350m:	5:35.48	
	100m:	1:31.16	200m:	3:08.87	300m:	4:46.31	400m:	6:21.55	
4.	MAES Hanne					AST/21068/13	7:25.49	<b>6:42.38</b>	189
	50m:	46.43	150m:	2:28.44	250m:	4:12.02	350m:	5:55.01	
	100m:	1:36.72	200m:	3:20.84	300m:	5:03.35	400m:	6:42.38	