

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Programmanr. 10
14/10/2023 - 14:00

400m vrije slag

10 jaar
Resultaten

Punten: FINA 2023

Rang			Geb.					Tijd	Pnt
10 jaar, Jongens									
1.	VERACHTEN, Louis		13	Molse Zwemclub "Mozka"				6:06.82	193
	50m:	40.02 40.02	150m:	2:11.33	46.56	250m:	3:44.92 47.01	350m:	5:20.60 48.07
	100m:	1:24.77 44.75	200m:	2:57.91	46.58	300m:	4:32.53 47.61	400m:	6:06.82 46.22
2.	NEYRINCK, Ruben		13	Zwemclub Geel				6:08.92	190
	50m:	41.23 41.23	150m:	2:12.84	47.09	250m:	3:48.95 48.54	350m:	5:25.74 47.77
	100m:	1:25.75 44.52	200m:	3:00.41	47.57	300m:	4:37.97 49.02	400m:	6:08.92 43.18
3.	THIJSBAERT, Nio		13	Zwemclub Nijlen				6:14.81	181
	50m:	41.40 41.40	150m:	2:16.92	48.30	250m:	3:53.19 47.24	350m:	5:27.39 47.28
	100m:	1:28.62 47.22	200m:	3:05.95	49.03	300m:	4:40.11 46.92	400m:	6:14.81 47.42
4.	DE WEERDT, Bent		13	Zwemvereniging Lier				6:16.18	179
	50m:	40.72 40.72	150m:	2:15.67	48.58	250m:	3:51.66 48.82	350m:	5:31.32 50.21
	100m:	1:27.09 46.37	200m:	3:02.84	47.17	300m:	4:41.11 49.45	400m:	6:16.18 44.86
5.	CLAESSENS, Vic		13	Azk				6:28.03	163
	50m:	41.99 41.99	150m:	2:20.86	50.21	250m:	4:01.06 49.37	350m:	5:43.57 50.61
	100m:	1:30.65 48.66	200m:	3:11.69	50.83	300m:	4:52.96 51.90	400m:	6:28.03 44.46
6.	LEYSEN, Jeroen		13	Kempisch Swimming Team				6:43.47	145
	50m:	43.59 43.59	150m:	2:26.96	52.47	250m:	4:09.53 51.45	350m:	5:53.22 50.89
	100m:	1:34.49 50.90	200m:	3:18.08	51.12	300m:	5:02.33 52.80	400m:	6:43.47 50.25
7.	VERDONCK, Stan		13	Zwemclub Nijlen				6:45.11	143
	50m:	42.12 42.12	150m:	2:24.57	51.74	250m:	4:08.39 51.79	350m:	5:52.82 51.35
	100m:	1:32.83 50.71	200m:	3:16.60	52.03	300m:	5:01.47 53.08	400m:	6:45.11 52.29
8.	DE VOS, Senne		13	Zwemclub Schoten				7:15.34	115
	50m:	49.01 49.01	150m:	2:41.60	58.18	250m:	4:37.37 56.42	350m:	6:27.10 54.04
	100m:	1:43.42 54.41	200m:	3:40.95	59.35	300m:	5:33.06 55.69	400m:	7:15.34 48.24
dis	PANKEN, Lex		13	Heistse Zwemclub Arduas					
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>								

10 jaar, Meisjes

1.	VAN TILBURG, Frauke		13	Zwemclub Geel				6:09.71	244
	50m:	41.96 41.96	150m:	2:16.21	47.95	250m:	3:52.40 47.37	350m:	5:27.21 46.51
	100m:	1:28.26 46.30	200m:	3:05.03	48.82	300m:	4:40.70 48.30	400m:	6:09.71 42.50
2.	MATTHEEUSEN, Ella		13	Azk				6:37.93	196
	50m:	44.78 44.78	150m:	2:27.17	52.13	250m:	4:10.44 51.67	350m:	5:51.87 50.29
	100m:	1:35.04 50.26	200m:	3:18.77	51.60	300m:	5:01.58 51.14	400m:	6:37.93 46.06
3.	THEUNISSEN, Jolien		13	Zwemclub Schoten				7:09.54	156
	50m:	47.84 47.84	150m:	2:36.97	54.92	250m:	4:27.95 55.08	350m:	6:18.61 54.49
	100m:	1:42.05 54.21	200m:	3:32.87	55.90	300m:	5:24.12 56.17	400m:	7:09.54 50.93
4.	LEMBRECHTS, Lara		13	Heistse Zwemclub Arduas				7:40.70	126
	50m:	49.53 49.53	150m:	2:43.89	58.09	250m:	4:45.01 1:02.57	350m:	6:43.18 56.17
	100m:	1:45.80 56.27	200m:	3:42.44	58.55	300m:	5:47.01 1:02.00	400m:	7:40.70 57.52