

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
Arendonkse Zwemvereniging								40
CLAASSEN, Ilario, 1/01/2007								6
200m vrije slag	series	2.	1:59.06	581	1:58.53	13/11/2022	99%	
400m vrije slag	series	1.	4:08.48	623	4:09.97	4/12/2022	101%	
100m rugslag	series	2.	1:02.30	466	1:03.41	5/03/2023	104%	
200m rugslag	series	3.	2:15.17	477	2:19.70	16/04/2023	107%	
50m vlinderslag	series	4.	27.51	494	27.83	19/02/2023	102%	
100m vlinderslag	series	1.	59.10	528	59.77	30/12/2022	102%	
200m vlinderslag	series	2.	2:17.87	465	2:15.92	30/07/2023	97%	
200m wisselslag	series	1.	2:15.28	532	2:18.24	30/10/2022	104%	
CLERCKX, Thomas, 6/07/2012								3
50m vrije slag	series	3.	33.76	212	34.64	18/02/2023	105%	
100m vrije slag	series	3.	1:14.21	220	1:13.24	27/05/2023	97%	
200m vrije slag	series	3.	2:40.80	235	2:50.18	19/03/2023	112%	
400m vrije slag	series	3.	5:39.17	245	5:34.56	4/06/2023	97%	
100m rugslag	series	3.	1:25.44	180	1:27.84	4/12/2022	106%	
200m rugslag	series	4.	3:03.78	189	3:02.32	16/04/2023	98%	
200m schoolslag	series	3.	3:40.27	162	NT		-	
200m wisselslag	series	2.	3:05.78	205	3:00.17	4/06/2023	94%	
COESEMANS, Amilia, 1/01/2008								2
50m vrije slag	series	14.	29.98	447	30.55	25/03/2023	104%	
100m vrije slag	series	16.	1:05.23	457	1:05.12	14/05/2023	100%	
200m vrije slag	series	17.	2:26.81	424	2:19.96	14/05/2023	91%	
400m vrije slag	series	9.	5:09.25	418	5:02.18	24/06/2023	95%	
100m rugslag	series	20.	1:21.22	308	1:19.61	19/02/2023	96%	
50m vlinderslag	series	11.	32.97	404	34.01	18/02/2023	106%	
100m vlinderslag	series	8.	1:16.90	347	1:14.84	14/05/2023	95%	
200m vlinderslag	series	4.	3:03.99	274	2:51.10	14/05/2023	86%	
HANNES, Amber, 20/01/2009								1
50m vrije slag	series	13.	35.68	265	34.73	4/12/2022	95%	
100m vrije slag	series	17.	1:16.49	283	1:15.12	4/12/2022	96%	
200m vrije slag	series	17.	2:45.60	295	2:41.23	19/03/2023	95%	
400m vrije slag	series	8.	5:37.43	322	5:57.84	15/07/2022	112%	
100m rugslag	series	17.	1:29.24	232	1:26.57	19/03/2023	94%	
200m rugslag	series	6.	3:01.86	279	2:59.83	30/10/2022	98%	
HANNES, Quinten, 30/06/2007								3
50m vrije slag	series	24.	30.71	282	31.07	13/05/2023	102%	
100m vrije slag	series	24.	1:06.42	307	1:07.92	4/12/2022	105%	
200m vrije slag	series	25.	2:23.86	329	2:23.10	19/03/2023	99%	
400m vrije slag	series	10.	5:00.02	354	5:18.67	14/05/2023	113%	
100m rugslag	series	18.	1:18.17	236	1:17.93	18/02/2023	99%	
200m rugslag	series	10.	2:41.55	279	2:38.87	4/06/2023	97%	
KEISERS, Tibo, 1/01/2009								8
50m vrije slag	series	5.	27.13	410	27.66	24/09/2023	104%	
100m vrije slag	series	5.	58.83	442	1:00.45	27/05/2023	106%	
200m vrije slag	series	4.	2:07.92	468	2:13.09	21/07/2023	108%	
400m vrije slag	series	1.	4:31.80	476	4:41.17	4/06/2023	107%	
100m rugslag	series	6.	1:09.14	341	1:11.39	27/05/2023	107%	
100m vlinderslag	series	3.	1:08.07	345	1:10.13	25/06/2023	106%	
200m wisselslag	series	3.	2:27.35	411	2:35.83	22/07/2023	112%	
400m wisselslag	series	1.	5:18.42	401	5:29.74	4/06/2023	107%	
KENNIS, Nathalie, 1/08/2002								-
50m vrije slag	series	4.	29.08	490	27.92	30/10/2022	92%	
100m vrije slag	series	4.	1:03.16	503	59.99	6/03/2022	90%	
200m vrije slag	series	1.	2:17.33	518	2:13.62	4/06/2023	95%	
400m vrije slag	series	1.	4:56.33	475	4:47.75	8/10/2022	94%	
50m rugslag	series	4.	34.17	403	33.89	21/05/2022	98%	
100m rugslag	series	2.	1:15.23	388	1:11.99	20/02/2022	92%	
50m vlinderslag	series	3.	32.97	404	31.48	30/10/2022	91%	
LAMBRECHTS, Loes, 29/12/2011								4
100m vrije slag	series	10.	1:17.15	276	1:18.26	16/07/2023	103%	
200m vrije slag	series	13.	2:44.47	301	2:50.10	4/06/2023	107%	
400m vrije slag	series	6.	5:38.94	317	5:54.57	4/06/2023	109%	
200m rugslag	series	7.	3:06.79	258	NT		-	
200m schoolslag	series	11.	3:36.52	240	4:00.51	14/01/2023	123%	
LEMMENS, Noah, 8/06/2010								7
200m vrije slag	series	10.	2:34.26	267	2:35.48	15/07/2023	102%	
400m vrije slag	series	4.	5:20.69	289	5:59.56	15/07/2022	126%	
100m rugslag	series	13.	1:25.85	178	1:26.71	16/07/2023	102%	
50m schoolslag	series	5.	43.14	193	44.08	24/09/2023	104%	
100m schoolslag	series	11.	1:32.12	216	1:34.94	19/03/2023	106%	
200m schoolslag	series	6.	3:16.63	228	3:20.83	4/06/2023	104%	
200m wisselslag	series	6.	2:58.46	231	3:00.67	4/06/2023	102%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

MICHELSEN, Noor, 1/01/2009								-
50m rugslag	series	9.	34.92	378	34.87	18/02/2023	100%	
100m rugslag	series	7.	1:15.58	383	1:13.83	27/05/2023	95%	
200m rugslag	series	2.	2:42.44	392	2:37.14	4/06/2023	94%	
WILLEMS, Dieter, 7/05/2006								1
50m vrije slag	series	10.	25.46	496	25.52	6/03/2022	100%	
100m vrije slag	series	14.	57.50	474	55.67	19/11/2022	94%	
50m rugslag	series	3.	29.12	437	28.66	20/02/2022	97%	
100m rugslag	series	2.	1:01.90	475	1:01.15	19/02/2022	98%	
200m rugslag	series	1.	2:16.22	466	2:12.46	13/11/2022	95%	
50m vlinderslag	series	6.	27.63	487	27.11	20/02/2022	96%	
WILLEMS, Ruben, 18/10/2010								5
50m vrije slag	series	11.	31.89	252	34.05	13/05/2023	114%	
200m vrije slag	series	14.	2:40.77	236	3:19.61	1/05/2022	154%	
400m vrije slag	series	5.	5:33.93	256	5:44.96	14/05/2023	107%	
50m rugslag	series	5.	37.41	206	39.62	19/02/2023	112%	
200m rugslag	series	4.	2:50.30	238	2:51.27	4/06/2023	101%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

								41
Azk								4
AERNOOTS, Roos, 20/02/2008								
200m vrije slag	series	19.	2:27.12	421	2:29.36	19/03/2023	103%	
400m vrije slag	series	10.	5:10.77	412	5:15.13	15/07/2022	103%	
50m rugslag	series	9.	34.68	385	35.14	24/09/2023	103%	
100m rugslag	series	16.	1:14.69	396	1:14.27	19/02/2023	99%	
200m rugslag	series	13.	2:36.68	437	2:39.04	30/04/2023	103%	
50m schoolslag	series	9.	41.53	318	40.22	19/02/2023	94%	
100m schoolslag	series	15.	1:30.53	326	1:27.68	18/02/2023	94%	
200m wisselslag	series	11.	2:48.88	375	2:48.41	17/07/2022	99%	
CLAESSENS, Vic, 3/12/2013								-
400m vrije slag	series	5.	6:28.03	163	NT		-	
200m wisselslag	series	6.	3:32.93	136	NT		-	
FRANCKEN, Tiebe, 5/02/2006								2
50m vrije slag	series	16.	25.93	469	25.91	30/04/2023	100%	
100m vrije slag	series	17.	57.87	465	57.33	19/02/2023	98%	
200m vrije slag	series	9.	2:10.67	439	2:06.87	19/03/2023	94%	
50m rugslag	series	5.	29.28	430	28.99	6/11/2022	98%	
100m rugslag	series	5.	1:04.18	427	1:03.52	25/07/2023	98%	
50m vlinderslag	series	8.	28.31	453	28.51	16/07/2022	101%	
100m vlinderslag	series	7.	1:10.49	311	1:06.10	14/07/2023	88%	
200m vlinderslag	series	3.	2:39.11	302	2:44.67	15/10/2022	107%	
GEENS, Warre, 10/08/2009								4
50m vrije slag	series	10.	28.48	354	28.25	25/07/2023	98%	
400m vrije slag	series	11.	5:13.32	310	5:13.89	18/12/2022	100%	
50m rugslag	series	5.	33.26	293	33.09	19/02/2023	99%	
100m rugslag	series	13.	1:13.79	280	1:12.55	18/02/2023	97%	
50m schoolslag	series	3.	34.37	382	34.55	18/02/2023	101%	
100m schoolslag	series	6.	1:19.72	333	1:19.57	19/02/2023	100%	
200m schoolslag	series	6.	2:54.15	328	2:59.64	22/07/2023	106%	
200m wisselslag	series	9.	2:39.41	325	2:43.61	18/12/2022	105%	
GEENS, Wenke, 20/08/2007								2
50m vrije slag	series	17.	30.97	405	30.59	19/02/2023	98%	
100m vrije slag	series	19.	1:07.51	412	1:06.97	18/02/2023	98%	
400m vrije slag	series	8.	5:08.74	420	5:21.01	24/06/2023	108%	
50m rugslag	series	14.	37.24	311	36.84	6/11/2022	98%	
100m rugslag	series	19.	1:20.28	319	1:22.24	17/07/2022	105%	
50m schoolslag	series	4.	36.81	457	36.37	19/02/2023	98%	
100m schoolslag	series	7.	1:23.69	413	1:19.99	25/07/2023	91%	
200m schoolslag	series	4.	2:58.68	427	2:50.13	25/07/2023	91%	
LAZEROMS, Sien, 24/08/2012								3
200m vrije slag	series	6.	2:58.21	237	3:07.25		110%	
100m rugslag	series	5.	1:32.41	209	1:39.62		116%	
200m rugslag	series	3.	3:20.62	208	NT		-	
200m wisselslag	series	4.	3:20.18	225	3:28.61		109%	
LUYTEN, Hanne, 1/08/2008								1
50m vrije slag	series	7.	29.05	491	29.07	30/04/2023	100%	
200m vrije slag	series	15.	2:21.11	477	2:17.82	25/07/2023	95%	
50m rugslag	series	8.	33.98	410	33.62	18/02/2023	98%	
50m schoolslag	series	6.	37.61	429	37.10	19/02/2023	97%	
50m vlinderslag	series	7.	31.61	458	31.09	24/09/2023	97%	
100m vlinderslag	series	7.	1:14.73	378	1:10.50	19/02/2023	89%	
200m wisselslag	series	8.	2:39.25	448	2:39.06	18/12/2022	100%	
400m wisselslag	series	4.	5:48.49	410	5:34.00	21/05/2023	92%	
LUYTEN, Julie, 12/05/2011								4
100m vrije slag	series	3.	1:07.67	409	1:08.82	18/02/2023	103%	
50m schoolslag	series	1.	36.57	466	37.32	25/07/2023	104%	
100m schoolslag	series	1.	1:22.31	434	1:20.53	23/07/2023	96%	
200m schoolslag	series	2.	2:59.43	421	3:03.48	21/05/2023	105%	
100m vlinderslag	series	7.	1:23.92	267	1:27.94	21/05/2023	110%	
MATTHEEUSEN, Ella, 24/08/2013								-
400m vrije slag	series	2.	6:37.93	196	NT		-	
200m wisselslag	series	3.	3:29.25	197	NT		-	
MICHELSEN, Jinthe, 8/05/2008								-
100m vrije slag	series	22.	1:07.98	403	1:05.60	18/02/2023	93%	
50m rugslag	series	7.	33.66	422	32.76	6/11/2022	95%	
200m rugslag	series	12.	2:36.26	441	2:33.56	29/05/2022	97%	
50m vlinderslag	series	14.	33.70	378	32.94	29/07/2023	96%	
OTTEVAERE, Benjamin, 17/06/2010								4
50m vrije slag	series	7.	30.76	281	31.44		104%	
100m vrije slag	series	9.	1:10.26	259	1:09.68		98%	
200m vrije slag	series	11.	2:35.39	261	2:32.22		96%	
400m vrije slag	series	6.	5:34.67	255	5:40.95		104%	
50m rugslag	series	6.	38.78	185	38.01		96%	
100m rugslag	series	9.	1:23.17	196	1:22.75		99%	
100m schoolslag	series	9.	1:31.62	219	1:38.74		116%	
200m schoolslag	series	8.	3:20.05	216	3:32.73		113%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VAN GINNEKEN, Kamil, 10/07/2009							3
50m vrije slag	series	12.	29.12	331	30.07	30/04/2023	107%
200m vrije slag	series	13.	2:23.47	332	2:29.75	30/04/2023	109%
100m rugslag	series	15.	1:16.41	253	1:17.48	18/02/2023	103%
200m schoolslag	series	10.	3:10.30	251	NT		-
VAN GINNEKEN, Marit, 15/07/2011							2
200m vrije slag	series	9.	2:35.83	354	2:47.13	18/12/2022	115%
100m rugslag	series	1.	1:17.42	356	1:16.76	25/07/2023	98%
200m rugslag	series	4.	2:46.28	365	2:45.77	30/04/2023	99%
50m vlinderslag	series	3.	34.03	367	34.78	30/04/2023	104%
100m vlinderslag	series	4.	1:20.91	298	1:20.32	13/05/2023	99%
VAN LOON, Tess, 1/09/2006							2
50m vrije slag	series	11.	31.29	393	30.22	3/04/2022	93%
100m vrije slag	series	11.	1:06.35	434	1:05.57	29/05/2022	98%
200m vrije slag	series	7.	2:22.89	460	2:19.66	29/05/2022	96%
400m vrije slag	series	6.	4:57.88	468	4:58.98	26/07/2022	101%
100m rugslag	series	9.	1:21.79	302	1:18.50	19/02/2023	92%
50m schoolslag	series	3.	40.08	354	38.38	19/02/2023	92%
200m schoolslag	series	6.	3:09.97	355	3:10.41	1/05/2022	100%
50m vlinderslag	series	10.	36.86	289	34.62	19/02/2022	88%
VAN LOON, Wies, 9/09/2009							6
50m vrije slag	series	8.	28.26	363	28.94	24/09/2023	105%
400m vrije slag	series	5.	4:48.20	399	5:04.78	8/10/2022	112%
50m rugslag	series	8.	34.89	254	33.81	24/09/2023	94%
100m rugslag	series	14.	1:14.76	270	1:16.75	18/02/2023	105%
50m schoolslag	series	2.	34.33	383	34.57	25/07/2023	101%
100m schoolslag	series	4.	1:17.22	366	1:17.14	19/02/2023	100%
200m schoolslag	series	3.	2:46.34	376	2:48.34	30/04/2023	102%
200m wisselslag	series	7.	2:36.99	340	2:43.63	28/01/2023	109%
VAN LOOVEREN, Aster, 15/05/2012							4
100m vrije slag	series	2.	1:15.92	289	1:16.11	21/05/2023	101%
200m vrije slag	series	3.	2:48.45	280	2:55.19	22/07/2023	108%
100m rugslag	series	2.	1:27.45	247	1:29.41	16/07/2023	105%
200m rugslag	series	2.	3:06.34	260	3:07.06	25/07/2023	101%
50m vlinderslag	series	2.	41.13	208	40.33	30/04/2023	96%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Brabo Zwemclub Antwerpen								268
AMAZIAN, Mohammed, 15/09/2009								4
100m vrije slag	series	18.	1:06.83	302	1:09.28	21/05/2023	107%	
200m rugslag	series	10.	2:46.84	253	2:53.56	21/05/2023	108%	
50m vlinderslag	series	8.	34.50	250	36.24	19/02/2023	110%	
100m vlinderslag	series	8.	1:22.77	192	1:36.34	20/11/2022	135%	
AMZOUR, Lina, 5/05/2008								-
100m vrije slag	series	17.	1:05.36	454	1:04.35	18/12/2022	97%	
50m rugslag	series	5.	33.49	428	32.76	25/07/2023	96%	
100m rugslag	series	12.	1:12.29	437	1:10.81	21/05/2023	96%	
200m wisselslag	series	12.	2:52.55	352	NT		-	
BAHLOULA, Nael, 4/07/2009								6
50m vrije slag	series	4.	27.00	416	28.54		112%	
100m vrije slag	series	4.	58.57	448	58.94		101%	
200m vrije slag	series	3.	2:07.83	469	2:08.27		101%	
100m rugslag	series	4.	1:08.18	356	1:09.38		104%	
200m rugslag	series	4.	2:28.84	357	2:30.79		103%	
100m vlinderslag	series	5.	1:11.38	299	1:13.61		106%	
200m wisselslag	series	4.	2:29.54	394	2:28.80		99%	
BALAJI, Yousra, 13/06/2010								4
100m vrije slag	series	14.	1:13.09	324	1:13.79	18/02/2023	102%	
200m vrije slag	series	15.	2:39.59	330	3:00.40	13/03/2022	128%	
100m rugslag	series	17.	1:27.27	248	1:37.18	20/02/2022	124%	
100m schoolslag	series	18.	1:43.80	216	1:44.22	15/07/2023	101%	
BEERSMANS, Thibau, 15/07/2008								3
50m vrije slag	series	17.	27.98	374	28.88	20/11/2022	107%	
100m vrije slag	series	23.	1:03.77	347	1:03.94	19/11/2022	101%	
50m schoolslag	series	10.	36.13	329	39.20	19/02/2022	118%	
100m schoolslag	series	9.	1:23.58	289	1:22.53	30/12/2022	98%	
BELLINKX, Janne, 20/02/2006								-
50m vrije slag	series	12.	32.48	351	31.89	20/11/2022	96%	
100m vrije slag	series	14.	1:11.00	354	1:09.49	18/02/2023	96%	
50m rugslag	series	8.	37.57	303	37.45	20/11/2022	99%	
100m rugslag	series	8.	1:20.44	317	1:17.04	18/12/2022	92%	
50m vlinderslag	series	11.	37.84	267	36.12	19/11/2022	91%	
BOGAERS, Thomas, 27/01/2010								4
100m vrije slag	series	2.	1:01.64	384	1:01.69	22/07/2023	100%	
200m vrije slag	series	1.	2:12.89	418	2:14.37	21/07/2023	102%	
100m rugslag	series	1.	1:10.56	321	1:10.02	21/05/2023	98%	
100m schoolslag	series	3.	1:23.66	288	1:26.26	23/07/2023	106%	
100m vlinderslag	series	1.	1:14.44	264	1:15.11	21/05/2023	102%	
BOONEN, Fabian, 12/01/2001								1
50m vrije slag	series	10.	26.18	456	26.06	18/02/2023	99%	
200m vrije slag	series	4.	2:06.55	484	2:13.16	15/10/2022	111%	
50m rugslag	series	4.	29.75	410	29.11		96%	
100m rugslag	series	5.	1:03.69	436	1:02.62		97%	
200m rugslag	series	1.	2:18.22	446	2:16.80		98%	
200m wisselslag	series	5.	2:21.67	463	2:20.31	20/03/2022	98%	
BRACKE, Erno, 23/04/2005								1
50m vrije slag	series	3.	24.90	530	23.72	1/07/2023	91%	
100m vrije slag	series	1.	54.21	565	52.12	2/07/2023	92%	
200m vrije slag	series	1.	2:01.20	551	1:55.28	1/07/2023	90%	
400m vrije slag	series	3.	4:19.73	545	4:22.26		102%	
50m schoolslag	series	11.	33.82	401	32.33	27/05/2023	91%	
BROECKAERT, Noa, 16/12/2009								4
50m vrije slag	series	6.	29.71	459	30.80	16/04/2023	107%	
100m vrije slag	series	7.	1:05.35	454	1:05.13	21/05/2023	99%	
50m rugslag	series	6.	34.54	390	35.07	18/02/2023	103%	
50m vlinderslag	series	3.	32.62	417	32.73		101%	
100m vlinderslag	series	2.	1:12.80	409	1:13.15	21/07/2023	101%	
200m vlinderslag	series	2.	2:49.97	348	2:46.38	22/07/2023	96%	
BROECKAERT, Noor, 18/02/2007								2
50m vrije slag	series	1.	27.83	559	27.26	6/11/2022	96%	
100m vrije slag	series	2.	1:00.11	584	58.94	18/02/2023	96%	
50m rugslag	series	1.	29.07	655	28.63	1/07/2023	97%	
100m rugslag	series	1.	1:03.87	634	1:04.35	2/07/2023	102%	
200m rugslag	series	1.	2:18.61	631	2:21.62	28/07/2023	104%	
50m vlinderslag	series	3.	30.01	536	29.24	1/07/2023	95%	
CEULEMANS, Lena, 24/09/2012								2
200m vrije slag	series	7.	3:02.88	219	3:32.57		135%	
100m rugslag	series	6.	1:37.30	179	1:44.44		115%	
CLOCKAERTS, Mathis, 28/10/2009								5
100m vrije slag	series	14.	1:05.78	316	1:12.67	1/11/2022	122%	
200m vrije slag	series	12.	2:22.52	338	2:45.10	13/03/2022	134%	
400m vrije slag	series	8.	4:54.63	373	5:42.39	8/10/2022	135%	
50m schoolslag	series	11.	38.88	264	47.78	19/02/2022	151%	
200m wisselslag	series	11.	2:45.49	290	3:05.15	30/12/2022	125%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

CLOSSET, Casimir, 18/08/2006								1
50m vrije slag	series	22.	27.15	409	28.44	20/11/2022	110%	
CORNELISSEN, Anais, 26/05/2007								-
50m vrije slag	series	2.	27.89	555	27.05	2/07/2023	94%	
100m vrije slag	series	3.	1:00.35	577	58.30	1/07/2023	93%	
200m vrije slag	series	1.	2:08.29	635	2:05.66	2/07/2023	96%	
400m vrije slag	series	1.	4:28.37	640	4:27.00	1/07/2023	99%	
100m schoolslag	series	5.	1:17.84	514	1:17.10	12/11/2022	98%	
CORNEZ, Maylie, 26/02/2010								4
100m vrije slag	series	12.	1:12.96	326	1:12.82	25/07/2023	100%	
200m vrije slag	series	16.	2:42.40	313	2:43.50	15/07/2023	101%	
100m rugslag	series	15.	1:23.69	282	1:26.33	16/07/2023	106%	
100m schoolslag	series	16.	1:38.49	253	1:40.82	15/07/2023	105%	
200m wisselslag	series	14.	3:08.54	270	3:11.57	16/07/2023	103%	
CROISIAU, Marie-lise, 21/03/2011								4
100m vrije slag	series	7.	1:11.00	354	1:11.84	21/05/2023	102%	
200m vrije slag	series	6.	2:32.49	378	2:38.00	15/04/2023	107%	
100m rugslag	series	13.	1:25.20	267	1:28.48	21/05/2023	108%	
100m schoolslag	series	5.	1:33.26	298	1:37.20	29/05/2022	109%	
100m vlinderslag	series	OPG		-	1:29.98		-	
D'ESPALLIER, Daan, 16/11/2009								6
50m vrije slag	series	9.	28.38	358	30.36	18/02/2023	114%	
100m vrije slag	series	8.	1:01.77	382	1:02.98		104%	
400m vrije slag	series	2.	4:36.91	450	4:44.56	23/07/2023	106%	
200m rugslag	series	6.	2:31.50	338	2:38.10	21/05/2023	109%	
100m schoolslag	series	3.	1:15.04	399	1:17.71	23/07/2023	107%	
200m schoolslag	series	2.	2:41.23	413	2:45.23	22/07/2023	105%	
D'HOOGHE, Katia, 5/12/2007								4
50m vrije slag	series	10.	29.22	483	31.72	30/01/2022	118%	
50m schoolslag	series	1.	34.16	572	37.49	20/02/2022	120%	
100m schoolslag	series	2.	1:15.78	557	1:16.97		103%	
50m vlinderslag	series	6.	31.47	464	33.50	19/11/2022	113%	
DA SILVA CAMARATE, Shawn, 13/10/2010								5
100m vrije slag	series	7.	1:08.61	279	1:12.06	18/12/2022	110%	
200m vrije slag	series	7.	2:26.03	315	2:32.21	4/06/2023	109%	
100m rugslag	series	5.	1:16.40	253	1:17.33	21/05/2023	102%	
100m schoolslag	series	6.	1:28.24	245	1:48.29	2/10/2022	151%	
200m wisselslag	series	5.	2:47.54	280	3:04.98	13/11/2022	122%	
DE BODT, Daan, 28/04/2008								6
50m vrije slag	series	11.	26.48	441	27.26	18/02/2023	106%	
100m vrije slag	series	11.	57.77	467	59.24	18/12/2022	105%	
50m rugslag	series	10.	32.51	314	32.86	15/04/2023	102%	
100m rugslag	series	13.	1:09.92	330	1:09.99	18/02/2023	100%	
50m schoolslag	series	5.	33.26	422	34.41	18/02/2023	107%	
100m schoolslag	series	3.	1:11.53	461	1:16.22	13/11/2022	114%	
DE KONING, Ruben, 4/10/2007								5
50m vrije slag	series	15.	27.57	390	27.95	18/02/2023	103%	
100m vrije slag	series	18.	1:00.90	399	1:01.07	14/05/2023	101%	
200m vrije slag	series	18.	2:13.48	412	2:12.84	14/05/2023	99%	
400m vrije slag	series	7.	4:36.46	452	4:48.66	8/10/2022	109%	
50m vlinderslag	series	10.	30.41	365	31.01		104%	
100m vlinderslag	series	9.	1:07.61	352	1:07.80	14/05/2023	101%	
DE MEYER, Niels, 3/05/2002								1
200m vrije slag	series	2.	1:59.84	570	2:00.86	21/05/2023	102%	
50m schoolslag	series	2.	30.03	573	29.77	18/02/2023	98%	
50m vlinderslag	series	5.	26.55	549	25.96	20/02/2022	96%	
100m vlinderslag	series	2.	58.22	552	56.64	2/07/2022	95%	
200m vlinderslag	series	1.	2:08.23	578	2:07.50	29/05/2022	99%	
200m wisselslag	series	2.	2:09.10	612	2:09.03	18/12/2022	100%	
400m wisselslag	series	1.	4:31.05	650	4:29.06	12/11/2022	99%	
DE RIDDER, Niobe, 16/04/2009								-
100m vrije slag	series	9.	1:06.53	430	1:05.11	18/02/2023	96%	
200m vrije slag	series	8.	2:24.56	444	2:21.80	30/04/2023	96%	
50m rugslag	series	7.	34.76	383	33.43	18/02/2023	92%	
100m schoolslag	series	8.	1:27.29	364	1:23.91	18/02/2023	92%	
DE WINTER, Yarno, 17/05/2006								3
50m vrije slag	series	15.	25.92	470	25.71	20/11/2022	98%	
100m vrije slag	series	7.	55.73	520	55.23	14/05/2023	98%	
50m schoolslag	series	4.	31.28	507	35.70	30/01/2022	130%	
200m schoolslag	series	4.	2:33.68	477	2:41.91	18/12/2022	111%	
50m vlinderslag	series	3.	27.09	517	27.53		103%	
100m vlinderslag	series	4.	1:01.74	463	1:01.14	14/05/2023	98%	
EL KASMI, Mohamed, 24/08/2006								-
50m vrije slag	series	23.	27.38	399	26.42	18/02/2023	93%	
50m schoolslag	series	15.	34.60	374	33.76	19/02/2022	95%	
100m schoolslag	series	11.	1:17.37	364	1:11.72	19/02/2023	86%	
50m vlinderslag	series	15.	30.80	352	29.19	19/02/2023	90%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

ESHUIS, Thom, 5/03/2009								6
100m vrije slag	series	9.	1:01.91	379	1:02.59		102%	
200m vrije slag	series	7.	2:13.81	409	2:13.85	21/07/2023	100%	
400m vrije slag	series	3.	4:42.73	423	4:48.25	4/06/2023	104%	
50m rugslag	series	6.	33.42	289	34.71		108%	
100m rugslag	series	10.	1:11.43	309	1:11.78	21/05/2023	101%	
100m schoolslag	series	5.	1:18.59	348	1:22.75	27/01/2023	111%	
ESTUR, Hielke, 10/09/2010								4
100m vrije slag	series	3.	1:04.34	338	1:05.77	22/07/2023	104%	
200m vrije slag	series	6.	2:22.30	340	2:23.80	21/07/2023	102%	
400m vrije slag	series	2.	4:55.50	370	5:10.93	29/01/2023	111%	
100m rugslag	series	3.	1:13.86	280	1:12.66	21/05/2023	97%	
50m vlinderslag	series	1.	33.65	270	36.78	6/11/2022	119%	
FATIH, Aya, 12/09/2007								6
50m vrije slag	series	4.	28.44	524	28.48	28/07/2023	100%	
100m vrije slag	series	6.	1:01.24	552	1:02.19	18/02/2023	103%	
200m rugslag	series	14.	2:39.87	411	NT		-	
50m schoolslag	series	3.	35.96	491	36.02	19/02/2023	100%	
100m schoolslag	series	3.	1:17.24	526	1:18.06	18/02/2023	102%	
200m schoolslag	series	3.	2:53.92	463	2:58.19	29/07/2023	105%	
200m wisselslag	series	6.	2:34.33	492	2:38.14	18/05/2023	105%	
FRANSSENS, Björn, 2/03/2007								4
100m vrije slag	series	6.	55.76	520	56.22		102%	
100m rugslag	series	12.	1:07.81	362	1:13.76	19/11/2022	118%	
50m schoolslag	series	7.	34.41	381	37.74	19/11/2022	120%	
50m vlinderslag	series	5.	27.96	470	27.89	27/05/2023	99%	
100m vlinderslag	series	5.	1:04.23	411	1:04.24	27/05/2023	100%	
GENBRUGGE, Éléa, 25/02/2010								6
50m vrije slag	series	3.	29.80	455	30.82	19/02/2023	107%	
100m vrije slag	series	3.	1:05.19	457	1:06.31	23/07/2023	103%	
400m vrije slag	series	2.	5:05.51	433	5:22.44	18/12/2022	111%	
50m rugslag	series	1.	34.77	382	36.88	18/02/2023	113%	
100m rugslag	series	5.	1:15.42	385	1:18.52	19/02/2023	108%	
200m wisselslag	series	4.	2:43.18	416	2:51.03	18/05/2023	110%	
GORIS, Ruben, 20/05/2009								5
100m vrije slag	series	10.	1:02.07	377	1:04.72	15/04/2023	109%	
50m rugslag	series	1.	30.41	384	32.68	15/04/2023	115%	
100m rugslag	series	2.	1:05.14	408	1:06.80		105%	
200m rugslag	series	3.	2:23.78	396	2:23.58	21/05/2023	100%	
50m schoolslag	series	7.	37.25	300	40.12	6/11/2022	116%	
50m vlinderslag	series	2.	31.43	331	31.77	14/04/2023	102%	
GORIS, Zita, 10/03/2012								-
400m vrije slag	series	3.	6:01.78	261	NT		-	
200m wisselslag	series	5.	3:28.44	199	NT		-	
HEYRMAN, Tigo, 8/08/2003								3
50m vrije slag	series	4.	23.95	596	24.31	21/05/2022	103%	
50m rugslag	series	1.	27.02	547	26.92		99%	
100m rugslag	series	2.	58.70	558	58.76	19/11/2022	100%	
50m schoolslag	series	6.	31.19	511	31.13	18/02/2023	100%	
100m vlinderslag	series	7.	1:01.08	478	59.43	2/10/2022	95%	
200m wisselslag	series	3.	2:14.76	538	2:22.53	16/10/2022	112%	
IMBERT, Otis, 25/02/2013								-
200m wisselslag	series	1.	3:14.87	178	NT		-	
IWENS, Lotte, 9/07/2007								-
50m vrije slag	series	22.	35.08	279	35.03	20/02/2022	100%	
100m vrije slag	series	29.	1:15.65	293	1:13.47	18/02/2023	94%	
200m vrije slag	series	25.	2:39.76	329	2:37.17	14/05/2023	97%	
50m vlinderslag	series	18.	39.99	226	38.76	18/02/2023	94%	
JANSSENS, Renzo, 30/09/2002								3
50m vrije slag	series	2.	23.68	617	23.95	19/02/2022	102%	
100m vrije slag	series	3.	52.68	616	52.30	19/02/2023	99%	
50m schoolslag	series	1.	29.88	582	29.92	18/02/2023	100%	
100m schoolslag	series	1.	1:06.01	587	1:05.88	2/10/2022	100%	
50m vlinderslag	series	7.	26.82	533	26.11	19/02/2023	95%	
100m vlinderslag	series	6.	1:00.27	498	1:01.29	19/02/2022	103%	
KELDERMAN, Fran, 1/03/2010								5
100m vrije slag	series	6.	1:07.03	421	1:07.77		102%	
200m vrije slag	series	8.	2:27.31	419	2:32.59	15/04/2023	107%	
400m vrije slag	series	3.	5:08.12	423	5:29.96	18/12/2022	115%	
100m rugslag	series	3.	1:15.20	388	1:15.92	21/05/2023	102%	
100m schoolslag	series	5.	1:24.57	400	1:26.05		104%	
KERSTENS, Bavo, 18/10/2011								4
100m vrije slag	series	3.	1:07.42	294	1:07.86	22/07/2023	101%	
100m rugslag	series	1.	1:15.36	263	1:16.29	21/07/2023	102%	
200m rugslag	series	1.	2:41.93	277	2:46.28		105%	
200m wisselslag	series	2.	2:50.50	265	2:54.79	15/04/2023	105%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

KUZNETCOVA, Svetlana, 15/05/2007								2
50m vrije slag	series	9.	29.11	488	28.48	20/11/2022	96%	
100m vrije slag	series	11.	1:02.08	530	1:01.88	30/12/2022	99%	
200m vrije slag	series	7.	2:14.40	552	2:11.40	1/11/2022	96%	
400m vrije slag	series	5.	4:49.17	511	4:33.84		90%	
100m rugslag	series	6.	1:09.98	482	1:08.76	19/11/2022	97%	
200m rugslag	series	4.	2:27.99	519	2:28.05	30/12/2022	100%	
400m wisselslag	series	2.	5:24.48	508	5:29.71	21/04/2023	103%	
LAMPO, Olivier, 13/02/2006								5
50m vrije slag	series	20.	26.24	453	26.25	18/02/2023	100%	
100m vrije slag	series	9.	55.99	513	56.57	14/05/2023	102%	
200m vrije slag	series	5.	2:04.19	512	2:06.56	30/12/2022	104%	
400m vrije slag	series	5.	4:24.08	519	NT		-	
50m rugslag	series	11.	30.84	368	33.19	20/02/2022	116%	
50m schoolslag	series	16.	39.63	249	38.31	18/02/2023	93%	
50m vlinderslag	series	11.	29.33	407	30.14		106%	
LEPAGE, Amelie, 8/04/2010								5
100m vrije slag	series	1.	1:03.94	485	1:22.07	19/02/2022	165%	
200m vrije slag	series	7.	2:26.67	425	2:31.86	6/05/2023	107%	
100m rugslag	series	7.	1:18.40	343	1:25.70	4/02/2023	119%	
100m schoolslag	series	4.	1:23.18	421	1:33.38	30/12/2022	126%	
200m wisselslag	series	5.	2:44.38	407	3:09.52	30/12/2022	133%	
LIPONOGA, Maja, 30/01/2011								2
200m vrije slag	series	5.	2:30.71	392	2:30.89	1/11/2022	100%	
100m rugslag	series	11.	1:24.18	277	1:20.89	19/02/2023	92%	
200m schoolslag	series	5.	3:16.60	320	3:22.71	16/10/2022	106%	
50m vlinderslag	series	6.	35.85	314	35.76	14/04/2023	99%	
200m wisselslag	series	3.	2:54.11	342	2:52.06	1/11/2022	98%	
LOYEZ, Maxine, 2/12/2009								5
100m vrije slag	series	16.	1:12.91	327	1:15.95	1/11/2022	109%	
200m vrije slag	series	14.	2:42.86	310	2:46.81	13/03/2022	105%	
100m rugslag	series	12.	1:20.33	319	1:20.42	21/05/2022	100%	
100m schoolslag	series	14.	1:33.44	297	1:37.13	19/02/2022	108%	
200m wisselslag	series	10.	3:01.00	305	3:04.98	1/11/2022	104%	
MAEREVOET, Marie, 29/04/2004								2
50m vrije slag	series	2.	26.93	617	26.90	20/11/2022	100%	
100m vrije slag	series	2.	59.75	594	57.48	19/02/2022	93%	
50m rugslag	series	1.	31.52	514	31.66	27/05/2023	101%	
100m rugslag	series	1.	1:09.23	498	1:10.38	30/07/2023	103%	
50m schoolslag	series	3.	35.27	520	34.81	27/05/2023	97%	
50m vlinderslag	series	2.	29.62	557	28.81	13/03/2022	95%	
100m vlinderslag	series	2.	1:06.18	544	1:04.59	27/05/2023	95%	
MAJEAN, Wout, 8/06/2007								5
100m vrije slag	series	3.	55.39	530	55.68	2/07/2023	101%	
200m vrije slag	series	6.	2:01.91	541	2:02.91	21/05/2023	102%	
50m rugslag	series	3.	29.71	412	29.52	2/07/2023	99%	
100m rugslag	series	3.	1:02.38	465	1:03.11	18/12/2022	102%	
200m rugslag	series	2.	2:13.63	493	2:16.49	28/07/2023	104%	
50m vlinderslag	series	8.	29.57	397	30.15	2/07/2023	104%	
MARCKX, Lore, 22/01/2009								5
100m vrije slag	series	18.	1:18.04	266	1:20.54	18/02/2023	107%	
200m vrije slag	series	16.	2:44.82	299	2:51.85	15/07/2023	109%	
100m rugslag	series	16.	1:29.21	232	1:30.92	25/03/2023	104%	
100m schoolslag	series	16.	1:35.45	278	1:41.88	30/12/2022	114%	
200m wisselslag	series	12.	3:08.10	271	3:27.15	1/11/2022	121%	
MARTENS, Noah, 24/07/2000								2
50m vrije slag	series	7.	24.88	532	24.31	19/02/2022	95%	
100m vrije slag	series	2.	51.86	646	51.79	27/05/2023	100%	
200m vrije slag	series	1.	1:54.37	655	1:50.44	1/07/2023	93%	
200m wisselslag	series	1.	2:08.74	617	2:11.10	26/03/2023	104%	
400m wisselslag	series	2.	4:31.78	644	4:35.12	30/07/2023	102%	
MENNEN, Ruben, 3/07/2007								4
100m vrije slag	series	15.	58.88	441	59.75	19/02/2023	103%	
400m vrije slag	series	8.	4:54.10	375	NT		-	
50m rugslag	series	6.	31.19	356	32.03	19/02/2023	105%	
50m schoolslag	series	1.	31.10	516	31.12	30/07/2023	100%	
100m schoolslag	series	4.	1:11.60	460	1:10.03	28/07/2023	96%	
200m schoolslag	series	6.	2:40.01	423	2:42.84	29/07/2023	104%	
50m vlinderslag	series	9.	30.37	367	NT		-	
METZEMAKERS, Lea, 1/01/2009								5
400m vrije slag	series	1.	4:25.21	663	4:29.76		103%	
100m rugslag	series	1.	1:06.06	573	1:07.96		106%	
50m schoolslag	series	2.	36.72	461	37.06		102%	
50m vlinderslag	series	1.	30.40	515	33.40		121%	
200m wisselslag	series	1.	2:25.39	588	2:30.79		108%	
METZEMAKERS, Noa, 12/10/2006								3
50m vrije slag	series	21.	26.40	445	26.34		100%	
100m vrije slag	series	13.	57.16	482	57.34		101%	
100m schoolslag	series	3.	1:08.53	524	1:09.72		104%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

200m schoolslag	series	2.	2:26.97	546	2:28.97		103%	6
MOONEN, Karlijn, 19/01/2010								
50m vrije slag	series	12.	32.63	347	36.09		122%	
100m vrije slag	series	8.	1:10.63	360	1:16.66	16/07/2023	118%	
400m vrije slag	series	6.	5:36.06	326	6:18.61	18/12/2022	127%	
50m rugslag	series	6.	37.39	307	NT		-	
100m rugslag	series	10.	1:19.93	323	1:27.15	16/07/2023	119%	
50m schoolslag	series	4.	41.45	320	42.91		107%	
100m schoolslag	series	11.	1:31.65	315	1:32.55	6/05/2023	102%	5
MOREELS, Nina, 24/01/2006								
50m vrije slag	series	5.	28.48	521	28.59		101%	
100m vrije slag	series	5.	1:02.92	509	1:02.84		100%	
200m vrije slag	series	5.	2:16.30	530	2:19.86		105%	
400m vrije slag	series	4.	4:56.56	474	5:00.00		102%	
100m rugslag	series	7.	1:14.27	403	1:14.49	19/02/2023	101%	
200m rugslag	series	2.	2:40.68	405	2:37.84		96%	
50m vlinderslag	series	9.	35.23	331	35.45		101%	5
NIJSKENS, Karel, 1/01/2007								
50m vrije slag	series	12.	26.67	431	28.99	20/11/2022	118%	
100m vrije slag	series	12.	58.05	460	59.41	14/05/2023	105%	
200m vrije slag	series	12.	2:06.49	484	2:18.48	13/03/2022	120%	
50m vlinderslag	series	7.	28.75	432	30.72	19/11/2022	114%	
100m vlinderslag	series	7.	1:04.92	398	1:05.29	14/05/2023	101%	4
NOLLET, Robbe, 4/05/2006								
100m vrije slag	series	20.	58.93	440	58.44	25/07/2023	98%	
50m rugslag	series	6.	29.90	404	30.61	30/04/2023	105%	
100m rugslag	series	8.	1:06.05	391	1:06.74	18/12/2022	102%	
50m vlinderslag	series	13.	29.97	382	31.09	21/05/2022	108%	
400m wisselslag	series	2.	5:28.37	365	5:44.06	24/06/2023	110%	2
NOLLET, Seppe, 15/01/2009								
50m vrije slag	series	13.	29.33	324	29.79	18/02/2023	103%	
100m vrije slag	series	11.	1:02.96	361	1:02.77	25/07/2023	99%	
200m vrije slag	series	8.	2:16.79	383	2:13.95	30/04/2023	96%	
400m vrije slag	series	4.	4:44.26	416	4:52.14		106%	
100m rugslag	series	12.	1:13.47	284	1:12.20	21/05/2023	97%	
200m rugslag	series	7.	2:32.85	330	NT		-	
200m wisselslag	series	8.	2:38.85	328	NT		-	
400m wisselslag	series	2.	5:29.75	361	NT		-	3
OFFECIERS, Harry, 2/06/2010								
100m vrije slag	series	19.	1:14.16	221	1:21.56	1/11/2022	121%	
200m vrije slag	series	15.	2:40.96	235	NT		-	
100m rugslag	series	11.	1:25.49	180	1:35.52	21/05/2022	125%	
100m schoolslag	series	10.	1:31.66	219	1:37.87	25/03/2023	114%	
OPDEBEECK, Thomas, 7/03/2006								2
50m vrije slag	series	9.	25.35	502	24.97	1/07/2023	97%	
100m vrije slag	series	8.	55.98	513	54.66	2/07/2023	95%	
50m rugslag	series	8.	30.52	380	30.92	27/05/2023	103%	
50m schoolslag	series	2.	30.46	549	30.21	1/07/2023	98%	
100m schoolslag	series	2.	1:06.95	562	1:06.89	2/07/2023	100%	
200m schoolslag	series	3.	2:29.95	514	2:34.73	29/07/2023	106%	
50m vlinderslag	series	9.	28.48	445	28.31	27/05/2023	99%	5
OPDENBERGH, Merlijn, 20/06/2009								
50m vrije slag	series	1.	26.37	446	27.66	18/02/2023	110%	
100m vrije slag	series	1.	57.41	476	1:02.81	30/12/2022	120%	
200m vrije slag	series	5.	2:09.20	454	2:38.06	13/03/2022	150%	
400m vrije slag	series	7.	4:53.05	379	5:12.68	18/12/2022	114%	
200m wisselslag	series	5.	2:32.84	369	2:44.80	30/12/2022	116%	2
OTTEVAERE, Alexander, 9/05/2008								
100m vrije slag	series	17.	1:00.28	411	1:00.16		100%	
200m vrije slag	series	15.	2:12.01	426	2:13.04	30/04/2023	102%	
100m rugslag	series	14.	1:10.93	316	1:13.84		108%	
50m vlinderslag	series	15.	31.75	321	31.60		99%	
400m wisselslag	series	6.	5:57.15	284	5:43.25		92%	5
PAZMANY, Andreas, 31/05/2010								
100m vrije slag	series	16.	1:12.76	234	1:16.59	1/11/2022	111%	
200m vrije slag	series	18.	2:43.68	223	3:02.63	13/03/2022	124%	
100m rugslag	series	10.	1:24.91	184	1:37.30	13/03/2022	131%	
100m schoolslag	series	5.	1:27.95	248	1:44.29	20/02/2022	141%	
200m wisselslag	series	10.	3:04.18	210	3:14.51	1/11/2022	112%	1
RAES, Senne, 20/01/2006								
50m vrije slag	series	8.	25.29	506	25.06	1/07/2023	98%	
100m vrije slag	series	5.	55.57	525	54.64	2/07/2023	97%	
200m vrije slag	series	2.	2:01.65	545	2:00.81	8/05/2022	99%	
400m vrije slag	series	1.	4:17.56	559	4:14.26	2/07/2023	97%	
50m rugslag	series	12.	31.38	349	32.03	27/05/2023	104%	
50m vlinderslag	series	7.	28.21	458	27.97	19/11/2022	98%	-
RAEYMAKERS, Louis, 9/08/2013								
200m wisselslag	series	5.	3:30.11	142	NT		-	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

RAVELINGIEN, Tibe, 19/08/2008								3
50m vrije slag	series	9.	26.15	458	27.15	20/11/2022	108%	
100m vrije slag	series	10.	57.20	481	56.82	14/05/2023	99%	
200m vrije slag	series	11.	2:04.69	506	2:03.71	14/05/2023	98%	
400m vrije slag	series	6.	4:26.25	506	4:38.90	18/12/2022	110%	
50m rugslag	series	8.	31.66	340	37.15	30/01/2022	138%	
ROOSEN, Thomas, 7/12/2010								5
100m vrije slag	series	13.	1:12.02	241	1:17.02	1/11/2022	114%	
200m vrije slag	series	9.	2:33.96	268	3:18.47	13/03/2022	166%	
100m rugslag	series	15.	1:29.65	156	1:37.94	21/05/2022	119%	
100m schoolslag	series	12.	1:32.77	211	1:42.01	30/12/2022	121%	
200m wisselslag	series	8.	3:00.53	223	3:17.31	30/12/2022	119%	
RYMENANTS, Sterre, 1/04/2006								-
100m vrije slag	series	12.	1:06.61	429	1:03.36	2/10/2022	90%	
400m vrije slag	series	3.	4:54.00	486	NT		-	
100m schoolslag	series	4.	1:17.64	518	1:16.91	1/11/2022	98%	
50m vlinderslag	series	8.	32.67	415	31.35	18/02/2023	92%	
SEN, Yasmine, 8/06/2009								-
200m vrije slag	series	15.	2:43.35	307	2:40.89	30/04/2023	97%	
100m rugslag	series	18.	1:29.98	227	1:26.98	19/11/2022	93%	
100m schoolslag	series	17.	1:38.30	255	1:36.73	18/02/2023	97%	
50m vlinderslag	series	11.	42.55	188	40.82	30/04/2023	92%	
SHIRVILL, Casper, 23/11/2011								6
50m vrije slag	series	6.	31.87	253	35.71	25/06/2023	126%	
100m vrije slag	series	8.	1:11.01	251	1:12.32	16/07/2023	104%	
200m vrije slag	series	4.	2:28.55	299	2:42.78	6/05/2023	120%	
50m rugslag	series	4.	37.42	206	42.36		128%	
100m rugslag	series	2.	1:18.26	235	1:19.79	22/07/2023	104%	
200m wisselslag	series	5.	2:57.52	235	3:05.75	15/07/2023	109%	
TALBOOM, Lies, 13/07/2009								5
200m vrije slag	series	3.	2:16.01	533	2:19.78	21/07/2023	106%	
400m vrije slag	series	4.	4:44.48	537	4:54.74	22/07/2023	107%	
100m rugslag	series	9.	1:17.44	356	1:22.37	20/11/2022	113%	
100m schoolslag	series	5.	1:25.40	389	1:22.66	18/02/2023	94%	
200m schoolslag	series	6.	3:04.56	387	3:10.77	23/07/2023	107%	
200m wisselslag	series	4.	2:46.69	390	2:53.72	26/03/2023	109%	
TEMMERMAN, Elyne, 27/06/2010								6
200m vrije slag	series	2.	2:22.29	465	2:29.85	30/04/2023	111%	
400m vrije slag	series	1.	4:53.73	488	5:12.22		113%	
100m rugslag	series	2.	1:15.06	391	1:21.22	13/03/2022	117%	
100m schoolslag	series	7.	1:27.62	360	1:35.90	19/02/2022	120%	
100m vlinderslag	series	3.	1:15.47	367	1:20.35	30/12/2022	113%	
200m wisselslag	series	3.	2:40.47	437	2:48.59	30/12/2022	110%	
400m wisselslag	series	1.	5:42.92	430	NT		-	
VAN BRUSSEL, Dylano, 16/12/2009								5
200m vrije slag	series	1.	2:04.92	503	2:09.01		107%	
100m rugslag	series	3.	1:06.27	387	1:09.41		110%	
200m rugslag	series	2.	2:20.55	424	2:24.59		106%	
100m schoolslag	series	2.	1:14.38	410	1:21.61	8/01/2023	120%	
100m vlinderslag	series	2.	1:05.64	385	1:05.42		99%	
200m wisselslag	series	1.	2:22.23	457	2:31.49	8/01/2023	113%	
VAN CAMPFORT, Nicolas, 31/08/2010								7
50m vrije slag	series	2.	29.03	334	30.08	25/07/2023	107%	
100m vrije slag	series	4.	1:05.38	322	1:06.72	25/07/2023	104%	
200m vrije slag	series	5.	2:20.51	353	3:02.73	13/03/2022	169%	
400m vrije slag	series	1.	4:53.81	377	6:04.17	8/10/2022	154%	
100m rugslag	series	6.	1:16.46	252	1:19.64	16/07/2023	108%	
200m rugslag	series	1.	2:43.05	271	2:46.22	30/04/2023	104%	
200m schoolslag	series	4.	3:11.16	248	NT		-	
200m wisselslag	series	3.	2:44.89	293	3:05.81	1/11/2022	127%	
VAN DE MOSSELAER, Emma, 15/06/2011								5
50m vrije slag	series	12.	34.62	290	NT		-	
100m vrije slag	series	11.	1:17.66	270	1:20.51	4/06/2023	107%	
200m vrije slag	series	14.	2:45.46	296	2:51.67	21/05/2023	108%	
400m vrije slag	series	8.	5:54.16	278	6:33.39	13/11/2022	123%	
100m rugslag	series	18.	1:29.15	233	1:38.25	2/10/2022	121%	
200m wisselslag	series	15.	3:12.57	253	3:26.93	4/06/2023	115%	
VAN DEN BORRE, Elin, 1/04/2006								2
200m vrije slag	series	4.	2:16.07	532	NT		-	
400m vrije slag	series	2.	4:43.76	541	NT		-	
50m rugslag	series	2.	31.83	499	32.04	18/02/2023	101%	
100m rugslag	series	3.	1:09.23	498	1:09.17	30/07/2023	100%	
200m vlinderslag	series	3.	2:39.71	420	NT		-	
200m wisselslag	series	1.	2:28.96	547	2:31.08		103%	
VAN ELSSEN, Marie, 4/06/2008								4
100m vrije slag	series	7.	1:01.51	545	1:01.49		100%	
200m vrije slag	series	4.	2:13.14	568	2:18.74	15/04/2023	109%	
100m rugslag	series	4.	1:09.14	500	1:09.61	19/02/2023	101%	
200m rugslag	series	3.	2:27.38	525	2:29.05	8/05/2022	102%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

50m vlinderslag	series	2.	29.86	544	30.28	23/04/2023	103%	
100m vlinderslag	series	1.	1:06.15	545	1:05.71	19/02/2023	99%	
VAN HOOYDONCK, Vincent, 1/04/2007								
50m vrije slag	series	1.	23.59	624	23.68	1/07/2023	101%	3
100m vrije slag	series	1.	51.89	645	53.16	2/07/2023	105%	
200m vrije slag	series	1.	1:57.01	612	1:56.57	21/05/2023	99%	
50m rugslag	series	1.	28.24	479	28.18	6/11/2022	100%	
50m vlinderslag	series	1.	26.17	574	26.41	12/11/2022	102%	
100m vlinderslag	series	2.	59.37	521	58.48	18/02/2023	97%	
VAN LAARHOVEN, Alessia, 29/08/2008								
50m vrije slag	series	13.	29.58	465	30.30	17/05/2023	105%	6
100m vrije slag	series	13.	1:03.84	487	1:04.17	18/02/2023	101%	
200m vrije slag	series	12.	2:17.10	520	2:18.47	21/05/2023	102%	
400m vrije slag	series	7.	4:53.59	488	4:58.26	18/12/2022	103%	
100m rugslag	series	7.	1:10.06	480	1:11.73	30/07/2023	105%	
200m wisselslag	series	9.	2:40.23	439	2:42.64	18/05/2023	103%	
VAN REETH, Lisse, 13/10/2011								
400m vrije slag	series	10.	6:23.38	219	NT		-	-
200m wisselslag	series	16.	3:28.78	198	NT		-	-
VAN SEVEREN, Merlijn, 13/03/2012								
400m vrije slag	series	7.	6:23.53	169	NT		-	-
VAN TENDELOO, Marie, 1/01/2010								
400m vrije slag	series	12.	6:22.07	221	NT		-	-
200m wisselslag	series	18.	3:21.68	220	NT		-	-
VERMEIREN, Fleur, 21/06/2002								
50m vrije slag	series	1.	26.79	627	26.31	21/05/2022	96%	
100m vrije slag	series	1.	57.46	668	56.54	19/02/2022	97%	
50m rugslag	series	2.	32.50	468	32.50	21/05/2022	100%	
50m schoolslag	series	1.	32.01	696	30.22	2/07/2022	89%	
100m schoolslag	series	1.	1:09.87	710	1:08.94	19/02/2022	97%	
VERVLOET, Ruwen, 1/04/2004								
50m vrije slag	series	5.	24.21	577	23.87	13/11/2022	97%	2
100m vrije slag	series	5.	54.04	571	53.70	14/05/2023	99%	
50m schoolslag	series	5.	30.56	544	30.78	18/02/2023	101%	
50m vlinderslag	series	4.	26.03	583	25.74	19/11/2022	98%	
100m vlinderslag	series	3.	59.18	526	1:00.20	20/11/2022	103%	
WENÉ, Finn, 20/10/2010								
100m vrije slag	series	24.	1:22.14	162	NT		-	-
200m vrije slag	series	20.	2:53.00	189	NT		-	-
100m rugslag	series	16.	1:34.79	132	NT		-	-
WOUTERS, Cas, 23/09/2006								
50m vrije slag	series	6.	25.07	520	25.41	15/10/2022	103%	3
50m schoolslag	series	1.	30.01	574	29.26	1/07/2023	95%	
100m schoolslag	series	1.	1:06.11	584	1:04.27	27/05/2023	95%	
200m schoolslag	series	1.	2:24.60	573	2:25.03	8/05/2022	101%	
100m vlinderslag	series	5.	1:03.63	423	1:05.95	8/05/2022	107%	
200m wisselslag	series	1.	2:17.35	508	2:13.95	2/07/2023	95%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Heist Swimming Team vzw								1
VAN DYCK, Line, 1/05/2005								1
50m vrije slag	series	9.	30.31	432	29.84	20/02/2022	97%	
50m schoolslag	series	2.	34.56	553	34.56	20/02/2022	100%	
200m schoolslag	series	4.	3:00.74	412	3:03.09		103%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Heistse Zwemclub Arduas								49
ARIJS, Kyan, 12/05/2009								3
100m vrije slag	series	16.	1:06.35	308	1:07.66	30/04/2023	104%	
400m vrije slag	series	10.	5:12.47	313	5:24.75	8/10/2022	108%	
50m vlinderslag	series	10.	35.11	237	36.38	27/05/2023	107%	
CORTHOUT, Mirte, 3/03/2011								4
50m vrije slag	series	10.	33.92	308	34.25	16/04/2023	102%	
50m rugslag	series	3.	38.24	287	40.19	18/02/2023	110%	
100m rugslag	series	5.	1:20.28	319	1:26.31	5/03/2023	116%	
200m wisselslag	series	11.	3:05.30	284	3:07.08	14/01/2023	102%	
DE BOCK, Marie, 14/11/2009								3
200m rugslag	series	7.	3:03.07	274	3:09.19	29/04/2023	107%	
50m vlinderslag	series	9.	38.86	246	39.89	29/04/2023	105%	
200m wisselslag	series	11.	3:05.19	284	3:04.17	14/01/2023	99%	
400m wisselslag	series	2.	6:36.92	277	6:49.07	21/05/2023	106%	
DE CUYPER, Lens, 7/11/2003								3
100m vrije slag	series	8.	56.10	510	56.37	5/03/2023	101%	
400m vrije slag	series	1.	4:23.99	519	NT	-	-	
50m rugslag	series	5.	30.03	399	30.63	20/02/2022	104%	
50m vlinderslag	series	9.	28.30	453	28.60	15/07/2023	102%	
DE LAET, Eline, 19/09/2012								3
100m vrije slag	series	8.	1:26.91	193	1:27.95	21/05/2023	102%	
50m rugslag	series	5.	47.91	146	45.89	27/05/2023	92%	
100m schoolslag	series	6.	1:50.09	181	1:54.96	27/05/2023	109%	
50m vlinderslag	series	3.	48.87	124	51.17	27/05/2023	110%	
FAES, Elyne, 25/07/2012								-
50m vrije slag	series	5.	35.70	264	35.68	30/04/2023	100%	
100m vrije slag	series	5.	1:23.33	219	1:20.82	27/05/2023	94%	
200m schoolslag	series	4.	3:46.62	209	3:43.54	14/01/2023	97%	
50m vlinderslag	series	1.	40.07	225	NT	-	-	
JORISSEN, Ameya, 13/09/2011								2
50m vrije slag	series	3.	31.46	387	NT	-	-	
100m vrije slag	series	4.	1:08.24	399	1:09.98	7/05/2023	105%	
200m vrije slag	series	4.	2:29.54	401	2:36.29	29/04/2023	109%	
200m rugslag	series	6.	2:55.56	310	2:48.11	14/05/2023	92%	
LEIRS, Bavo, 20/03/2006								1
50m rugslag	series	7.	29.97	401	31.54	21/05/2022	111%	
50m vlinderslag	series	2.	26.50	552	26.05	19/02/2023	97%	
100m vlinderslag	series	1.	57.37	577	57.25	27/05/2023	100%	
LEIRS, Edward, 21/03/2006								-
100m vrije slag	series	16.	57.75	468	57.35	14/01/2023	99%	
50m rugslag	series	10.	30.77	371	30.58	20/02/2022	99%	
50m vlinderslag	series	12.	29.49	401	29.07	19/02/2023	97%	
LEMBRECHTS, Lara, 21/05/2013								1
400m vrije slag	series	4.	7:40.70	126	7:57.10	21/05/2023	107%	
PIETERS, Kobe, 13/05/2012								2
50m schoolslag	series	1.	47.48	145	50.91	27/05/2023	115%	
200m schoolslag	series	4.	3:41.60	159	3:42.76	14/01/2023	101%	
ROMBOUT, Lisa, 2/07/2001								-
100m vrije slag	series	3.	1:00.40	575	NT	-	-	
50m vlinderslag	series	1.	29.28	577	28.74	18/02/2023	96%	
100m vlinderslag	series	1.	1:04.74	581	1:03.58	19/02/2023	96%	
200m vlinderslag	series	1.	2:27.33	535	2:27.32	29/04/2023	100%	
STRUYF, Lieselot, 11/06/2004								3
50m vrije slag	series	3.	28.28	533	28.38	21/05/2022	101%	
50m rugslag	series	3.	33.95	411	33.26	27/05/2023	96%	
50m schoolslag	series	2.	34.54	554	34.39	13/11/2022	99%	
100m schoolslag	series	2.	1:15.93	553	1:15.04	12/11/2022	98%	
200m schoolslag	series	1.	2:49.47	500	2:58.78	30/07/2022	111%	
200m wisselslag	series	1.	2:33.59	499	2:34.93	6/02/2022	102%	
VAES, Charlotte, 28/08/2012								3
100m vrije slag	series	10.	1:34.74	149	1:40.55	21/05/2023	113%	
100m rugslag	series	10.	1:44.71	144	1:50.75	21/05/2023	112%	
50m schoolslag	series	2.	46.41	228	49.84	27/05/2023	115%	
VAES, Elisabeth, 18/02/2011								2
200m vrije slag	series	15.	2:50.67	270	2:53.61	15/04/2023	103%	
100m rugslag	series	15.	1:26.62	254	1:25.96	26/03/2023	98%	
200m wisselslag	series	12.	3:05.38	284	3:11.05	21/05/2023	106%	
VAN DE BORNE, Aukje, 4/11/2010								1
50m vrije slag	series	15.	34.94	282	35.33	30/04/2023	102%	
50m schoolslag	series	3.	40.76	337	39.61	19/02/2023	94%	
100m schoolslag	series	9.	1:28.01	355	1:27.82	18/12/2022	100%	
200m schoolslag	series	9.	3:17.61	315	3:12.68	14/01/2023	95%	
200m wisselslag	series	12.	3:01.72	301	3:01.62	30/04/2023	100%	
VAN DER AUWERA, Rens, 12/08/2005								4
50m vrije slag	series	18.	26.17	457	26.79	24/04/2022	105%	
50m schoolslag	series	6.	32.16	466	33.17	24/04/2022	106%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

100m schoolslag	series	7.	1:12.46	444	1:12.89	15/01/2022	101%	
50m vlinderslag	series	10.	29.02	421	29.30	23/04/2022	102%	
VAN ESPEN, Lotte, 7/04/2009								
50m vrije slag	series	3.	29.24	482	30.17	27/05/2023	106%	4
100m vrije slag	series	8.	1:06.21	437	1:06.34	18/02/2023	100%	
50m rugslag	series	4.	34.24	401	34.32	29/04/2023	100%	
50m vlinderslag	series	4.	33.18	396	34.46	27/05/2023	108%	
VAN LOOY, Anke, 15/04/2006								
50m rugslag	series	6.	34.34	397	34.56	27/05/2023	101%	3
50m vlinderslag	series	7.	31.97	443	31.82	5/02/2023	99%	
100m vlinderslag	series	3.	1:11.39	433	1:13.31	27/05/2023	105%	
200m wisselslag	series	5.	2:37.65	461	2:35.47	14/01/2023	97%	
400m wisselslag	series	2.	5:29.10	487	5:30.73	29/04/2023	101%	
VAN RILLAER, Yinthe, 28/01/2011								
400m vrije slag	series	4.	5:27.35	352	5:47.80	14/07/2023	113%	3
100m rugslag	series	9.	1:22.71	292	1:22.49	30/04/2023	99%	
50m schoolslag	series	6.	45.32	245	47.06	19/02/2023	108%	
200m wisselslag	series	9.	3:00.28	308	3:05.05	30/04/2023	105%	
VERBEEK, Matts, 4/10/2012								
50m schoolslag	series	2.	48.42	136	NT		-	1
200m schoolslag	series	5.	3:46.75	148	3:55.82	14/01/2023	108%	
WIJCKMANS, Lene, 20/01/2009								
50m rugslag	series	12.	35.83	349	36.08	27/05/2023	101%	3
200m rugslag	series	4.	2:45.47	371	2:52.69	15/01/2022	109%	
50m vlinderslag	series	6.	35.75	317	36.21	19/02/2022	103%	
200m wisselslag	series	6.	2:50.66	364	2:50.35	13/11/2022	100%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Hoogstratens Zwem Team								42
AERTS, Louise, 3/11/2009								1
400m vrije slag	series	6.	5:16.51	390	5:16.89	14/07/2023	100%	
200m wisselslag	series	3.	2:45.14	401	2:44.65	30/04/2023	99%	
CORNELIS, Mille, 5/05/2008								1
100m vrije slag	series	24.	1:08.89	388	1:09.57	30/04/2023	102%	
200m vrije slag	series	20.	2:28.20	412	2:26.45	14/07/2023	98%	
50m rugslag	series	12.	36.61	328	35.79	7/05/2023	96%	
100m rugslag	series	18.	1:17.70	352	1:14.60	30/04/2023	92%	
200m rugslag	series	15.	2:44.14	380	2:38.67	15/07/2022	93%	
100m schoolslag	series	11.	1:28.39	351	1:27.16	5/03/2023	97%	
200m schoolslag	series	5.	3:08.75	362	2:58.97	7/05/2023	90%	
COUVREUR, Fred, 3/04/2012								7
50m vrije slag	series	2.	32.89	230	34.93	25/06/2023	113%	
100m vrije slag	series	2.	1:13.19	229	1:13.60	26/03/2023	101%	
200m vrije slag	series	2.	2:29.83	291	2:39.52	26/05/2023	113%	
400m vrije slag	series	1.	5:09.00	324	5:15.63	21/07/2023	104%	
100m rugslag	series	1.	1:18.94	229	1:23.51	21/07/2023	112%	
200m rugslag	series	1.	2:46.67	254	2:57.38	5/03/2023	113%	
200m wisselslag	series	1.	2:49.31	271	2:57.61	7/05/2023	110%	
DE BONT, Sam, 17/12/2008								3
100m rugslag	series	11.	1:11.73	448	1:12.98	19/11/2022	104%	
200m rugslag	series	7.	2:30.98	488	2:31.60	29/04/2023	101%	
50m schoolslag	series	2.	35.41	514	36.26	30/04/2023	105%	
100m schoolslag	series	4.	1:17.49	521	1:15.75	28/07/2023	96%	
200m schoolslag	series	1.	2:44.53	547	2:43.48	29/07/2023	99%	
100m vlinderslag	series	2.	1:08.01	501	1:07.10	28/07/2023	97%	
200m wisselslag	series	2.	2:25.99	581	2:25.50	29/07/2023	99%	
400m wisselslag	series	1.	5:13.65	562	5:08.10	30/07/2023	96%	
DE LETTER, Sofie, 17/02/2010								5
200m vrije slag	series	3.	2:24.01	449	2:25.94	29/04/2023	103%	
50m schoolslag	series	1.	37.18	444	37.99	24/09/2023	104%	
100m schoolslag	series	3.	1:19.63	480	1:22.65	5/03/2023	108%	
200m schoolslag	series	3.	2:54.02	462	2:55.32	23/07/2023	101%	
200m wisselslag	series	2.	2:40.32	439	2:44.21	23/07/2023	105%	
GRAHAM, Jil, 9/11/2006								1
100m vrije slag	series	6.	1:02.98	507	1:02.20	30/04/2023	98%	
200m vrije slag	series	2.	2:12.63	575	2:09.09	7/05/2023	95%	
400m vrije slag	series	1.	4:36.79	583	4:32.20	28/07/2023	97%	
100m rugslag	series	5.	1:11.32	455	1:11.60	25/06/2023	101%	
200m rugslag	series	1.	2:31.98	479	2:26.02	29/04/2023	92%	
200m vlinderslag	series	1.	2:34.25	466	2:30.00	30/07/2023	95%	
200m wisselslag	series	2.	2:30.35	532	2:28.59	7/05/2023	98%	
400m wisselslag	series	1.	5:17.31	543	5:08.05	29/04/2023	94%	
KEUSTERMANS, Lard, 4/11/2011								4
200m vrije slag	series	3.	2:25.81	316	2:23.91	7/05/2023	97%	
400m vrije slag	series	2.	5:02.53	345	5:03.36	21/07/2023	101%	
100m rugslag	series	5.	1:19.95	220	1:23.16	18/05/2023	108%	
100m schoolslag	series	4.	1:29.85	232	1:28.78	23/07/2023	98%	
200m schoolslag	series	3.	3:05.82	270	3:08.49	25/07/2023	103%	
200m wisselslag	series	1.	2:44.19	297	2:44.93	22/07/2023	101%	
KEUSTERMANS, Mirte, 13/07/2006								-
100m vrije slag	series	10.	1:05.78	445	1:03.28	30/12/2022	93%	
200m vrije slag	series	6.	2:17.73	513	2:17.05	30/12/2022	99%	
100m rugslag	series	6.	1:12.58	432	1:09.89	8/05/2022	93%	
100m schoolslag	series	7.	1:23.58	415	1:22.22	5/03/2023	97%	
100m vlinderslag	series	4.	1:17.22	342	1:15.79	5/03/2023	96%	
OOMS, Bregje, 17/01/2012								4
100m vrije slag	series	7.	1:26.83	193	1:28.35	16/07/2023	104%	
200m vrije slag	series	8.	3:04.18	214	3:18.44	5/03/2023	116%	
400m vrije slag	series	5.	6:24.44	217	6:38.69	14/07/2023	108%	
100m rugslag	series	8.	1:40.27	164	1:41.90	16/07/2023	103%	
100m schoolslag	series	7.	1:53.98	163	1:51.94	24/06/2023	96%	
200m schoolslag	series	5.	4:01.46	173	3:58.36	7/05/2023	97%	
OST, Ryan, 23/01/2006								6
50m vrije slag	series	14.	25.86	473	26.20	20/11/2022	103%	
100m vrije slag	series	6.	55.70	521	57.11	18/05/2023	105%	
200m vrije slag	series	4.	2:03.47	521	2:03.54	7/05/2023	100%	
400m vrije slag	series	2.	4:18.68	552	4:21.47	9/10/2022	102%	
100m rugslag	series	6.	1:04.64	417	1:06.75	18/05/2023	107%	
200m rugslag	series	3.	2:21.30	417	2:16.67	30/12/2022	94%	
100m schoolslag	series	8.	1:13.24	429	1:15.37	20/11/2022	106%	
400m wisselslag	series	1.	4:55.95	499	4:52.60	30/04/2023	98%	
VAN BOCKSTAL, Yoanna, 17/03/2011								1
50m vrije slag	series	8.	32.53	350	33.42	24/09/2023	106%	
200m vrije slag	series	12.	2:43.45	307	NT	-	-	
400m vrije slag	series	7.	5:42.31	308	NT	-	-	
100m rugslag	series	14.	1:25.74	262	NT	-	-	
200m wisselslag	series	14.	3:08.95	268	NT	-	-	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VAN DE CLOOT, Elina, 21/05/2010							4
50m vrije slag	series	1.	27.15	602	27.79	24/09/2023	105%
200m vrije slag	series	1.	2:14.97	545	2:14.33	5/03/2023	99%
100m rugslag	series	1.	1:06.58	560	1:07.53	19/05/2023	103%
200m rugslag	series	1.	2:24.15	561	2:25.52	5/03/2023	102%
100m schoolslag	series	2.	1:18.62	499	1:18.25	20/11/2022	99%
200m schoolslag	series	1.	2:48.47	509	2:49.86	7/05/2023	102%
100m vlinderslag	series	1.	1:06.79	529	1:05.15	25/07/2023	95%
200m wisselslag	series	1.	2:28.21	555	2:25.21	30/04/2023	96%
VAN WELLEN, Joseph, 24/06/2008							2
200m vrije slag	series	22.	2:18.78	367	1:58.27	7/05/2023	73%
100m rugslag	series	4.	1:03.44	442	1:03.24	30/07/2023	99%
200m schoolslag	series	2.	2:31.38	500	2:31.59	30/12/2022	100%
400m wisselslag	series	2.	4:53.77	510	4:56.86	29/01/2023	102%
VERSCHUEREN, Louise, 3/03/2009							1
200m vrije slag	series	9.	2:24.96	440	2:22.60	7/05/2023	97%
400m vrije slag	series	5.	4:59.50	460	5:07.36	14/07/2023	105%
100m rugslag	series	8.	1:16.82	364	1:16.54	30/12/2022	99%
200m rugslag	series	3.	2:44.90	375	2:42.47	7/05/2023	97%
100m schoolslag	series	6.	1:25.95	381	1:24.42	22/04/2023	96%
200m schoolslag	series	4.	2:57.57	435	2:55.25	20/11/2022	97%
200m wisselslag	series	2.	2:44.90	403	2:42.18	30/04/2023	97%
WILLAERT, Ayla, 15/12/2009							2
50m vrije slag	series	1.	27.71	566	27.68	12/11/2022	100%
100m vrije slag	series	2.	1:00.05	585	59.62	30/12/2022	99%
200m vrije slag	series	2.	2:14.25	554	2:11.07	7/05/2023	95%
400m vrije slag	series	3.	4:44.25	538	4:39.70	29/04/2023	97%
50m rugslag	series	1.	32.04	489	32.39	7/05/2023	102%
100m rugslag	series	2.	1:10.03	481	1:08.41	19/11/2022	95%
100m schoolslag	series	1.	1:17.55	519	1:18.43	18/05/2023	102%
200m schoolslag	series	1.	2:44.79	544	2:44.79	26/03/2023	100%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Kempisch Swimming Team								40
BOEYKENS, Emma, 1/01/2009								2
400m vrije slag	series	9.	5:37.77	321	6:18.03	25/06/2022	125%	
100m vlinderslag	series	7.	1:29.20	222	1:38.69	24/06/2023	122%	
BOEYKENS, Stijn, 1/01/2007								1
200m vrije slag	series	24.	2:21.77	344	2:22.11	26/03/2023	100%	
CAMPFORTS, Fien, 13/01/2009								3
100m vrije slag	series	15.	1:12.42	334	1:13.28	4/06/2023	102%	
50m rugslag	series	15.	40.66	239	41.31	21/05/2022	103%	
100m schoolslag	series	13.	1:31.37	317	1:30.67	4/06/2023	98%	
50m vlinderslag	series	10.	40.11	224	42.45	18/02/2023	112%	
DE VALCK, Thibault, 13/01/2011								5
50m vrije slag	series	1.	28.12	368	29.26	16/04/2023	108%	
100m vrije slag	series	1.	1:03.08	359	1:03.33	22/07/2023	101%	
200m vrije slag	series	1.	2:20.21	355	NT	-	-	
50m rugslag	series	1.	33.94	276	33.88	27/05/2023	100%	
50m schoolslag	series	1.	34.92	364	37.79	25/06/2023	117%	
100m schoolslag	series	1.	1:18.35	351	1:22.29	25/06/2023	110%	
200m schoolslag	series	1.	2:53.08	334	NT	-	-	
50m vlinderslag	series	1.	33.76	267	34.03	27/05/2023	102%	
DEBONDT, Mats, 19/10/2009								3
50m vrije slag	series	21.	30.76	281	32.33	30/04/2023	110%	
200m vrije slag	series	17.	2:32.89	274	NT	-	-	
100m rugslag	series	19.	1:18.34	234	1:24.99	5/03/2023	118%	
200m schoolslag	series	13.	3:22.23	209	3:32.64	30/04/2023	111%	
DRUYTS, Jeroen, 31/05/2001								-
50m vrije slag	series	11.	26.83	424	26.32	27/05/2023	96%	
100m vrije slag	series	12.	1:03.57	350	59.72	5/03/2023	88%	
100m rugslag	series	6.	1:15.95	257	1:12.82	18/02/2023	92%	
50m schoolslag	series	9.	35.61	343	34.65	19/02/2022	95%	
100m schoolslag	series	3.	1:22.52	300	1:18.38	6/03/2022	90%	
50m vlinderslag	series	11.	31.84	318	30.13	19/02/2023	90%	
100m vlinderslag	series	10.	1:18.94	221	1:13.94	30/12/2022	88%	
LAUWERS, Lotte, 1/01/2008								1
50m vrije slag	series	16.	30.94	407	30.33	4/12/2022	96%	
200m vrije slag	series	16.	2:26.63	425	2:22.57	21/05/2023	95%	
200m vlinderslag	series	3.	2:58.62	300	2:59.58	7/05/2023	101%	
LAUWERS, Sofie, 1/01/2011								2
200m vrije slag	series	2.	2:27.08	421	2:32.56	19/03/2023	108%	
100m rugslag	series	2.	1:18.03	348	1:17.03	26/03/2023	97%	
200m schoolslag	series	6.	3:20.59	301	3:17.73	4/06/2023	97%	
200m wisselslag	series	6.	2:55.99	331	3:01.95	4/06/2023	107%	
LEYSEN, Jeroen, 16/12/2013								1
400m vrije slag	series	6.	6:43.47	145	7:00.91	13/05/2023	109%	
LOQUET, Kato, 25/02/2012								1
50m vrije slag	series	11.	44.48	136	48.91	24/09/2023	121%	
100m vrije slag	series	12.	1:39.73	127	NT	-	-	
200m vrije slag	series	13.	3:36.08	133	NT	-	-	
100m rugslag	series	11.	1:49.24	126	NT	-	-	
200m rugslag	series	4.	3:49.28	139	NT	-	-	
200m schoolslag	series	6.	4:09.86	156	NT	-	-	
MELIS, Vlinder, 27/09/2012								2
50m vrije slag	series	2.	32.66	346	33.26	27/05/2023	104%	
100m vrije slag	series	1.	1:12.99	326	1:13.30	18/07/2023	101%	
200m vrije slag	series	2.	2:38.39	337	2:38.19	25/07/2023	100%	
400m vrije slag	series	2.	5:37.51	321	5:28.42	18/07/2023	95%	
100m rugslag	series	1.	1:20.92	312	1:20.74	26/03/2023	100%	
200m rugslag	series	1.	2:54.89	314	2:51.22	7/05/2023	96%	
200m wisselslag	series	2.	3:04.27	289	2:58.86	25/07/2023	94%	
SAZONOV, Fedor, 28/02/2009								6
50m vrije slag	series	6.	27.42	397	28.00	13/05/2023	104%	
100m rugslag	series	7.	1:09.65	334	1:10.60	18/02/2023	103%	
50m schoolslag	series	1.	33.16	425	37.98	21/05/2022	131%	
100m schoolslag	series	1.	1:13.30	428	1:12.55	5/03/2023	98%	
200m schoolslag	series	1.	2:40.46	419	2:43.05	22/07/2023	103%	
100m vlinderslag	series	4.	1:08.83	334	1:10.08	13/05/2023	104%	
200m wisselslag	series	2.	2:26.54	418	2:26.82	26/03/2023	100%	
SMETS, Maram, 28/02/2011								1
100m vrije slag	series	15.	1:26.89	193	1:24.30	24/06/2023	94%	
100m schoolslag	series	12.	1:49.45	184	1:51.83	4/06/2023	104%	
STABEL, Jasper, 18/07/2011								4
400m vrije slag	series	6.	5:36.58	250	6:24.98	8/10/2022	131%	
50m rugslag	series	5.	39.23	179	40.17	27/05/2023	105%	
100m schoolslag	series	5.	1:32.16	215	1:34.98	15/07/2023	106%	
200m wisselslag	series	6.	3:00.36	224	3:02.93	4/06/2023	103%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

STABEL, Jonathan, 24/12/2013								-
200m wisselslag	series	7.	3:43.64	117	NT		-	
SURKYN, Staf, 12/08/2007								2
50m vrije slag	series	16.	27.82	380	28.89	5/03/2023	108%	
200m vrije slag	series	21.	2:17.77	375	NT		-	
50m schoolslag	series	11.	40.77	229	43.68	25/05/2022	115%	
VAN DYCK, Bram, 29/01/2002								-
100m vrije slag	series	10.	57.28	479	53.03	21/05/2022	86%	
50m rugslag	series	2.	28.05	489	27.94	19/02/2023	99%	
100m rugslag	series	3.	1:00.33	514	59.37	21/05/2022	97%	
50m schoolslag	series	7.	32.39	457	31.96	19/02/2022	97%	
50m vlinderslag	series	8.	27.68	485	26.53	21/05/2022	92%	
100m vlinderslag	series	8.	1:03.39	428	1:00.43	5/03/2023	91%	
200m wisselslag	series	4.	2:19.67	483	2:15.36	13/11/2022	94%	
VAN GELDER, Iza, 10/01/2008								2
200m vrije slag	series	24.	2:36.43	350	2:40.66	13/11/2022	105%	
200m rugslag	series	17.	2:52.04	330	NT		-	
200m schoolslag	series	8.	3:15.84	324	3:16.27	14/01/2023	100%	
200m wisselslag	series	14.	2:55.65	333	2:54.80	30/12/2022	99%	
VAN MECHELEN, Zoë, 1/12/2010								4
50m vrije slag	series	19.	36.58	246	35.19	5/03/2023	93%	
200m vrije slag	series	20.	2:59.11	233	2:50.52	7/05/2023	91%	
400m vrije slag	series	14.	6:23.96	218	7:03.00	8/10/2022	121%	
100m rugslag	series	18.	1:30.02	226	1:28.43	26/03/2023	96%	
200m rugslag	series	5.	3:12.47	235	3:11.14	14/07/2023	99%	
200m schoolslag	series	18.	3:49.01	202	3:49.69	14/01/2023	101%	
50m vlinderslag	series	7.	43.69	173	45.42	18/02/2023	108%	
200m wisselslag	series	17.	3:21.65	220	3:22.75	21/05/2023	101%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Koninklijke Zwemclub Olympic Antwerpen								60
AIT ALAMA, Reda, 13/07/2009								1
400m vrije slag	series	14.	6:01.90	201	6:35.84	24/06/2023	120%	
200m rugslag	series	11.	3:07.83	177	NT		-	
BETTENS, Lucas, 21/07/2010								5
400m vrije slag	series	3.	4:56.76	365	5:12.91	14/07/2023	111%	
200m rugslag	series	2.	2:47.96	248	NT		-	
50m schoolslag	series	2.	38.83	265	41.73	15/04/2023	115%	
100m schoolslag	series	4.	1:26.41	261	1:26.84	21/05/2023	101%	
200m schoolslag	series	3.	3:02.08	287	3:08.49	22/07/2023	107%	
200m wisselslag	series	2.	2:44.19	297	2:53.46	16/07/2023	112%	
400m wisselslag	series	1.	5:45.38	314	NT		-	
BETTENS, Stan, 21/02/2012								2
200m vrije slag	series	5.	3:05.24	154	3:12.19	21/05/2023	108%	
400m vrije slag	series	6.	6:22.62	170	6:55.47		118%	
200m rugslag	series	6.	3:18.97	149	NT		-	
BOGAERTS, Sarah, 24/10/2009								3
50m vrije slag	series	10.	31.91	371	32.95	25/06/2023	107%	
100m vrije slag	series	13.	1:10.88	356	1:11.76	4/02/2023	102%	
200m vrije slag	series	11.	2:33.24	373	2:30.79	1/11/2022	97%	
50m rugslag	series	14.	39.69	257	39.62	8/01/2023	100%	
100m rugslag	series	15.	1:28.48	238	1:23.31	21/05/2023	89%	
50m vlinderslag	series	7.	37.12	283	38.53	8/01/2023	108%	
DE SCHEPPER, Lara, 7/08/2010								1
100m vrije slag	series	16.	1:17.89	268	1:21.26	14/05/2023	109%	
400m vrije slag	series	9.	6:03.07	258	NT		-	
50m rugslag	series	10.	41.77	220	NT		-	
100m schoolslag	series	17.	1:42.71	223	1:42.53	14/05/2023	100%	
EL HADDOUCHI, Haroun, 10/05/2008								5
50m vrije slag	series	23.	29.41	322	31.76	8/01/2023	117%	
100m vrije slag	series	26.	1:06.65	304	1:10.30	21/05/2023	111%	
200m vrije slag	series	26.	2:28.24	301	2:47.26	29/05/2022	127%	
50m vlinderslag	series	13.	31.26	336	35.19	8/01/2023	127%	
200m wisselslag	series	5.	2:44.84	294	2:58.60	1/11/2022	117%	
HOROVI, Mykyta, 5/08/2007								5
50m vrije slag	series	4.	25.26	508	25.71	18/02/2023	104%	
100m vrije slag	series	2.	54.77	548	54.61	19/02/2023	99%	
200m vrije slag	series	3.	1:59.86	569	2:04.79	21/05/2023	108%	
400m vrije slag	series	2.	4:14.95	577	4:15.52	18/12/2022	100%	
50m vlinderslag	series	2.	27.33	504	27.56	19/02/2023	102%	
200m vlinderslag	series	1.	2:14.00	507	2:23.85	14/05/2023	115%	
JOPPE, Shanna, 12/02/2006								2
200m vrije slag	series	8.	2:23.74	451	2:27.59		105%	
400m vrije slag	series	5.	4:57.27	471	5:03.80		104%	
100m schoolslag	series	6.	1:22.63	429	1:20.60		95%	
200m schoolslag	series	3.	2:57.16	438	2:55.24		98%	
200m wisselslag	series	7.	2:43.53	413	2:40.26		96%	
400m wisselslag	series	4.	5:41.01	437	5:39.08		99%	
KHOMENKO, Ignat, 14/07/2009								3
100m vrije slag	series	21.	1:13.50	227	1:21.16	24/06/2023	122%	
200m vrije slag	series	18.	2:43.93	222	2:55.34	21/05/2023	114%	
400m vrije slag	series	13.	5:54.18	215	6:35.77	24/06/2023	125%	
100m schoolslag	series	13.	1:35.46	194	NT		-	
LADEWIG, Seth, 4/06/2009								8
50m vrije slag	series	19.	30.07	301	32.00	18/02/2023	113%	
100m vrije slag	series	20.	1:08.21	284	1:09.62	16/07/2023	104%	
50m rugslag	series	9.	35.92	233	38.91	25/06/2023	117%	
100m rugslag	series	18.	1:18.30	235	1:23.85	4/02/2023	115%	
50m schoolslag	series	5.	35.68	341	39.47	15/04/2023	122%	
100m schoolslag	series	7.	1:20.91	318	1:22.81	15/07/2023	105%	
200m schoolslag	series	5.	2:52.61	337	3:05.27	22/07/2023	115%	
100m vlinderslag	series	6.	1:17.46	234	1:27.29	24/06/2023	127%	
MESTARI, Abderrahmane, 11/12/2007								5
50m vrije slag	series	22.	28.95	337	31.65	25/06/2023	120%	
100m vrije slag	series	25.	1:06.63	304	1:09.86	21/05/2023	110%	
200m vrije slag	series	27.	2:35.03	263	2:40.22	14/05/2023	107%	
50m rugslag	series	12.	33.63	284	37.20	25/06/2023	122%	
100m rugslag	series	20.	1:19.67	223	1:16.83	14/05/2023	93%	
200m rugslag	series	11.	2:50.27	238	2:54.78	21/05/2023	105%	
NAEGELS, Reza, 19/01/2010								6
50m vrije slag	series	5.	30.35	293	31.08	16/04/2023	105%	
200m vrije slag	series	3.	2:19.34	362	2:27.04	21/05/2023	111%	
50m vlinderslag	series	2.	33.79	266	35.92	14/04/2023	113%	
100m vlinderslag	series	2.	1:19.82	214	1:21.23	18/02/2023	104%	
200m vlinderslag	series	1.	2:59.87	209	3:06.42	14/05/2023	107%	
200m wisselslag	series	4.	2:45.49	290	2:48.95	14/05/2023	104%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

NAGHIU, Patrick, 10/09/2009							7
50m vrije slag	series	17.	29.87	307	31.74	17/05/2023	113%
100m vrije slag	series	17.	1:06.71	303	1:07.27	16/07/2023	102%
400m vrije slag	series	12.	5:23.93	281	5:25.66	14/07/2023	101%
50m schoolslag	series	10.	38.21	278	40.23	30/04/2023	111%
100m schoolslag	series	9.	1:23.96	285	1:28.07	19/02/2023	110%
200m schoolslag	series	9.	3:05.30	272	3:08.49	21/05/2023	103%
200m wisselslag	series	13.	2:55.19	245	3:01.68	19/05/2023	108%
VAN DEN BOSSCHE, Lia, 15/12/2010							2
100m vrije slag	series	15.	1:17.83	269	1:20.54	18/12/2022	107%
400m vrije slag	series	10.	6:09.75	244	NT		-
200m rugslag	series	6.	3:19.86	210	NT		-
100m schoolslag	series	15.	1:38.43	254	1:46.16	18/12/2022	116%
VANHAMEL, Yonas, 25/04/2005							2
50m vrije slag	series	13.	25.80	477	25.50		98%
100m vrije slag	series	11.	56.52	499	56.13	21/05/2023	99%
50m schoolslag	series	9.	33.25	422	33.44	21/05/2022	101%
50m vlinderslag	series	1.	26.17	574	25.91	29/07/2023	98%
100m vlinderslag	series	2.	1:00.22	499	59.27	28/07/2023	97%
200m vlinderslag	series	2.	2:34.40	331	2:34.98	14/05/2023	101%
VERDONCK, Marius, 12/09/2008							3
50m vrije slag	series	19.	28.26	363	28.37	18/02/2023	101%
100m vrije slag	series	20.	1:02.11	376	1:02.07	19/02/2023	100%
200m vrije slag	series	20.	2:17.14	380	2:19.86	14/07/2023	104%
50m rugslag	series	11.	33.48	288	33.96	19/02/2023	103%
100m rugslag	series	16.	1:12.88	291	1:10.68	14/05/2023	94%
200m rugslag	series	7.	2:32.33	333	2:30.99	14/05/2023	98%
50m vlinderslag	series	14.	31.74	321	31.71	19/02/2023	100%
VERVOORT, Mila, 19/06/2008							-
50m vrije slag	series	24.	1:03.09	48	1:01.10	8/01/2023	94%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Molse Zwemclub "Mozka"							91
BAYGUNES, Defne, 14/12/2009							5
50m vrije slag	series	9.	31.81	374	32.28	30/04/2023	103%
100m vrije slag	series	12.	1:09.67	375	1:11.54	30/04/2023	105%
200m vrije slag	series	13.	2:39.06	333	2:38.46	15/07/2023	99%
100m rugslag	series	14.	1:22.71	292	1:24.95	19/02/2023	105%
50m vlinderslag	series	2.	32.46	423	32.74	24/09/2023	102%
100m vlinderslag	series	3.	1:20.78	299	1:21.44	30/04/2023	102%
BOETS, Victor, 16/12/2006							4
50m vrije slag	series	5.	25.03	522	25.85	29/07/2022	107%
50m rugslag	series	2.	28.73	455	30.61	20/02/2022	114%
100m rugslag	series	4.	1:03.09	449	1:03.94	31/07/2022	103%
50m vlinderslag	series	5.	27.56	491	28.44	20/02/2022	106%
BUKENBERGHS, Daan, 26/02/2005							6
50m vrije slag	series	24.	27.82	380	27.95	30/04/2023	101%
100m vrije slag	series	21.	1:00.47	407	1:03.13	24/06/2023	109%
50m rugslag	series	13.	33.28	293	33.38	19/02/2023	101%
100m rugslag	series	10.	1:12.43	297	1:12.63	18/02/2023	101%
50m vlinderslag	series	17.	32.25	306	32.66	24/09/2023	103%
100m vlinderslag	series	9.	1:17.13	237	1:19.75	27/11/2022	107%
CHIHAB, Sanna, 24/07/2007							3
50m rugslag	series	20.	41.51	225	41.10	18/02/2023	98%
100m rugslag	series	24.	1:29.35	231	1:28.53	24/04/2022	98%
50m schoolslag	series	10.	43.62	275	44.53	30/04/2023	104%
200m schoolslag	series	10.	3:20.34	303	3:20.40	28/05/2023	100%
50m vlinderslag	series	17.	38.18	260	40.67	18/02/2023	113%
GEYPEN, Fien, 30/10/2009							3
50m vrije slag	series	7.	29.74	458	29.75	24/09/2023	100%
200m vrije slag	series	5.	2:22.53	463	2:22.11	29/04/2023	99%
50m rugslag	series	10.	35.21	368	38.18	10/04/2023	118%
100m rugslag	series	10.	1:17.69	352	1:21.01	19/02/2023	109%
100m schoolslag	series	9.	1:27.49	362	1:26.70	27/05/2023	98%
200m schoolslag	series	8.	3:11.89	344	3:06.86	26/03/2023	95%
200m wisselslag	series	5.	2:48.59	377	2:42.04	27/05/2023	92%
GEYPEN, Wies, 16/05/2011							5
50m vrije slag	series	6.	31.72	377	31.97	24/09/2023	102%
200m vrije slag	series	10.	2:36.09	352	2:40.69	28/05/2023	106%
400m vrije slag	series	2.	5:20.32	376	5:24.82	27/05/2023	103%
100m rugslag	series	10.	1:23.35	285	1:18.51	26/03/2023	89%
200m schoolslag	series	7.	3:23.67	288	3:33.65	29/04/2023	110%
50m vlinderslag	series	4.	35.17	333	35.73	24/09/2023	103%
GEYS, Lanthe, 8/03/2010							2
50m vrije slag	series	20.	36.69	244	39.35	25/06/2023	115%
200m schoolslag	series	19.	3:54.66	188	3:57.07	30/12/2022	102%
HACHED, Lina, 19/10/2009							5
50m vrije slag	series	11.	32.62	347	32.72	27/05/2023	101%
100m vrije slag	series	14.	1:11.84	342	1:12.62	28/05/2023	102%
100m rugslag	series	11.	1:19.22	332	1:16.35	29/05/2023	93%
200m rugslag	series	5.	2:49.76	343	2:50.66	14/07/2023	101%
50m schoolslag	series	5.	44.21	264	44.32	19/02/2023	100%
50m vlinderslag	series	8.	38.41	255	38.85	29/05/2023	102%
HERMANS, Pieter-Jan, 28/06/2010							3
50m vrije slag	series	13.	33.00	227	34.41	24/09/2023	109%
100m vrije slag	series	22.	1:16.96	197	1:21.18	16/07/2023	111%
100m schoolslag	series	16.	1:37.67	181	1:41.24	15/07/2023	107%
HOOYBERGHS, Mil, 4/11/2012							-
100m vrije slag	series	6.	1:30.97	119	NT	-	-
200m vrije slag	series	6.	3:12.08	138	NT	-	-
100m rugslag	series	5.	1:42.66	104	NT	-	-
200m schoolslag	series	6.	4:10.08	110	NT	-	-
HUYGENS, Arne, 8/05/2003							6
100m vrije slag	series	11.	59.54	427	1:00.28	-	103%
200m vrije slag	series	5.	2:09.42	452	2:13.11	28/05/2023	106%
50m rugslag	series	6.	33.89	277	34.74	28/05/2023	105%
50m vlinderslag	series	10.	30.42	365	30.15	29/05/2023	98%
100m vlinderslag	series	9.	1:06.75	366	1:07.81	18/02/2023	103%
200m vlinderslag	series	3.	2:27.66	378	2:32.04	29/05/2023	106%
400m wisselslag	series	3.	5:06.53	449	5:19.27	28/05/2023	108%
HUYSMANS, Seppe, 27/04/2010							4
100m vrije slag	series	10.	1:11.49	246	1:13.22	28/05/2023	105%
100m rugslag	series	7.	1:20.22	218	1:23.78	26/03/2023	109%
50m schoolslag	series	3.	40.40	235	42.73	28/05/2023	112%
100m schoolslag	series	7.	1:30.69	226	1:36.42	27/05/2023	113%
JACOBS, Job, 13/09/2012							3
50m vrije slag	series	5.	39.11	136	41.75	25/06/2023	114%
100m vrije slag	series	5.	1:26.07	141	1:34.67	24/06/2023	121%
50m rugslag	series	1.	46.57	107	52.04	25/06/2023	125%
50m schoolslag	series	3.	54.32	96	NT	-	-

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

50m vlinderslag	series	1.	50.29	80	NT	-		
KEMPS, Elize, 30/12/2011								3
400m vrije slag	series	5.	5:33.62	333	5:49.11	27/05/2023	110%	
100m rugslag	series	6.	1:21.31	307	1:22.26	16/07/2023	102%	
100m schoolslag	series	6.	1:33.73	294	1:33.38	23/07/2023	99%	
200m wisselslag	series	7.	2:58.15	320	2:59.69	15/07/2023	102%	
LENAERTS, Damian, 9/09/2010								4
200m vrije slag	series	19.	2:50.61	197	2:54.18	15/07/2023	104%	
400m vrije slag	series	8.	5:54.79	214	6:05.63	8/10/2022	106%	
50m rugslag	series	9.	41.00	156	43.57	6/11/2022	113%	
100m rugslag	series	14.	1:29.09	159	1:32.02	29/05/2023	107%	
MEEKERS, Rania, 10/08/2011								-
100m vrije slag	series	14.	1:23.86	215	NT	-		
100m schoolslag	series	11.	1:40.86	236	NT	-		
MELLEMANS, Egon, 30/09/2005								3
100m vrije slag	series	19.	58.69	445	1:02.30	25/06/2022	113%	
50m schoolslag	series	3.	30.87	527	31.56	18/02/2023	105%	
100m schoolslag	series	4.	1:09.27	508	1:12.77	16/07/2022	110%	
MIHAILESCU, Stefan, 14/10/2010								4
50m vrije slag	series	8.	31.25	268	32.89	27/11/2022	111%	
100m vrije slag	series	14.	1:12.17	239	1:13.18	26/03/2023	103%	
200m schoolslag	series	8.	3:20.05	216	3:34.15	30/12/2022	115%	
50m vlinderslag	series	4.	35.29	234	37.32	2/10/2022	112%	
NIJS, Lennert, 20/05/2010								2
50m vrije slag	series	18.	36.97	162	NT	-		
50m rugslag	series	11.	43.72	129	48.06	25/06/2023	121%	
100m rugslag	series	17.	1:36.85	124	NT	-		
100m schoolslag	series	20.	1:51.40	122	1:53.34	24/06/2023	104%	
200m schoolslag	series	14.	3:58.56	127	NT	-		
50m vlinderslag	series	9.	45.34	110	NT	-		
SERGANT, Klara, 4/02/2006								2
100m vrije slag	series	13.	1:07.90	405	1:08.60	16/07/2023	102%	
200m rugslag	series	3.	2:44.47	378	2:47.84	30/12/2022	104%	
100m schoolslag	series	10.	1:36.01	274	1:35.75	20/11/2022	99%	
SERGANT, Wolf, 5/01/2005								-
200m vrije slag	series	11.	2:24.14	327	2:22.40	28/05/2023	98%	
100m rugslag	series	11.	1:17.48	242	1:15.67	18/02/2023	95%	
200m vlinderslag	series	5.	3:06.33	188	2:56.86	29/05/2023	90%	
400m wisselslag	series	3.	6:12.77	249	5:57.78	28/05/2023	92%	
SPRANGERS, Kato, 13/05/2008								2
200m vrije slag	series	5.	2:13.34	566	2:16.28	23/04/2022	104%	
100m rugslag	series	5.	1:09.49	492	1:07.24	20/02/2022	94%	
200m rugslag	series	6.	2:30.21	496	2:30.36	30/12/2022	100%	
50m vlinderslag	series	5.	31.34	470	30.87	24/09/2023	97%	
100m vlinderslag	series	3.	1:09.43	471	1:07.05	19/02/2023	93%	
200m wisselslag	series	5.	2:33.73	498	2:33.39	30/12/2022	100%	
VAN BAELEN, Yenthe, 19/11/2009								6
50m vrije slag	series	5.	29.57	466	30.09	30/04/2023	104%	
100m vrije slag	series	5.	1:04.82	465	1:05.87	16/07/2023	103%	
200m vrije slag	series	7.	2:23.18	457	2:25.19	29/04/2023	103%	
50m rugslag	series	8.	34.82	381	35.10	29/04/2023	102%	
100m rugslag	series	6.	1:15.12	390	1:13.29	30/04/2023	95%	
200m rugslag	series	1.	2:38.64	421	2:34.83	29/04/2023	95%	
100m schoolslag	series	7.	1:27.07	367	1:29.69	30/04/2023	106%	
200m schoolslag	series	9.	3:15.24	327	3:19.25	15/07/2023	104%	
VANDENBERGH, Lars, 8/02/2005								-
50m vrije slag	series	17.	26.08	461	25.91	18/02/2023	99%	
100m vrije slag	series	15.	57.60	471	57.15	28/05/2023	98%	
200m vrije slag	series	8.	2:09.07	456	2:07.48	28/05/2023	98%	
50m rugslag	series	9.	30.74	372	30.51	19/02/2023	99%	
100m rugslag	series	7.	1:05.44	402	1:05.19	18/02/2023	99%	
200m rugslag	series	5.	2:26.95	371	2:21.53	26/03/2023	93%	
50m vlinderslag	series	14.	30.76	353	29.62	19/02/2023	93%	
VERACHTEN, Louis, 29/03/2013								-
400m vrije slag	series	1.	6:06.82	193	NT	-		
200m wisselslag	series	3.	3:18.98	167	NT	-		
VERHEYDEN, Noah, 1/01/2007								5
50m vrije slag	series	21.	34.33	297	35.61	25/06/2023	108%	
100m vrije slag	series	28.	1:13.67	317	1:16.00	18/02/2023	106%	
50m rugslag	series	21.	42.19	214	43.37	19/02/2022	106%	
100m rugslag	series	25.	1:32.06	211	1:38.10	27/11/2022	114%	
50m schoolslag	series	11.	46.34	229	45.68	28/05/2023	97%	
50m vlinderslag	series	19.	43.47	176	44.62	29/04/2023	105%	
VERMEERBERGEN, Kamiel, 22/04/2009								5
100m vrije slag	series	6.	59.99	417	1:01.48	28/05/2023	105%	
50m rugslag	series	4.	32.93	302	32.48	24/09/2023	97%	
100m rugslag	series	8.	1:10.46	322	1:09.76	29/05/2023	98%	
200m rugslag	series	4.	2:28.84	357	2:29.61	29/04/2023	101%	
50m schoolslag	series	4.	35.01	361	35.66	24/09/2023	104%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

200m schoolslag	series	4.	2:51.46	344	2:57.92	28/05/2023	108%	
50m vlinderslag	series	4.	31.86	318	33.86	20/11/2022	113%	
WILLEKENS, Kaat, 23/10/2008								3
50m vrije slag	series	18.	31.87	372	32.29	30/04/2023	103%	
100m vrije slag	series	26.	1:09.87	371	1:08.86	18/02/2023	97%	
200m vrije slag	series	18.	2:26.87	423	2:29.05	26/03/2023	103%	
50m rugslag	series	17.	39.26	266	38.50	2/10/2022	96%	
50m schoolslag	series	8.	41.11	328	41.28	19/02/2023	101%	
100m schoolslag	series	12.	1:28.50	349	1:28.38	30/04/2023	100%	
200m schoolslag	series	7.	3:10.34	353	3:09.45	29/04/2023	99%	
100m vlinderslag	series	10.	1:23.61	270	1:22.78	27/03/2022	98%	
WOUTERS, Storm, 20/04/2010								3
50m vrije slag	series	6.	30.74	282	34.06	25/05/2022	123%	
100m vrije slag	series	8.	1:09.78	265	1:16.09	26/06/2022	119%	
50m schoolslag	series	8.	46.28	156	56.32		148%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Racing Swimming Club Mechelen									67
AVONTS, Ilena, 24/03/2012									-
50m vrije slag	series	9.	42.34	158	NT			-	
200m vrije slag	series	12.	3:17.98	172	NT			-	
BAECKELMANS, Jarne, 4/02/2000									1
50m vrije slag	series	8.	24.94	528	24.55	13/11/2022		97%	
100m vrije slag	series	7.	55.94	515	55.96	19/11/2022		100%	
50m vlinderslag	series	2.	25.64	610	24.94	12/11/2022		95%	
100m vlinderslag	series	1.	56.55	603	55.45	13/11/2022		96%	
200m vlinderslag	series	2.	2:14.61	500	NT			-	
BEN ABDESSADAK, Maram, 6/10/2010									3
50m vrije slag	series	16.	35.03	280	36.14	4/12/2022		106%	
200m vrije slag	series	17.	2:50.76	269	2:52.16	13/11/2022		102%	
100m rugslag	series	19.	1:30.96	219	1:36.18	13/11/2022		112%	
200m schoolslag	series	15.	3:32.66	253	NT			-	
BERTEN, Martha, 20/02/2005									1
50m vrije slag	series	1.	26.91	618	26.90	12/11/2022		100%	
100m vrije slag	series	2.	58.91	620	1:01.28	18/03/2022		108%	
50m rugslag	series	1.	31.13	533	29.96	12/11/2022		93%	
50m vlinderslag	series	4.	30.38	516	29.41	26/03/2023		94%	
BLATON, Ikaterini, 7/05/2010									3
50m vrije slag	series	13.	32.71	344	35.71	5/03/2023		119%	
200m vrije slag	series	12.	2:38.17	339	2:51.28	13/11/2022		117%	
100m rugslag	series	14.	1:23.02	289	1:28.07	2/10/2022		113%	
200m schoolslag	series	10.	3:24.37	285	NT			-	
BORREMANS, Liz, 30/01/2010									1
50m vrije slag	series	21.	37.77	223	NT			-	
100m rugslag	series	20.	1:31.53	215	1:32.23	27/03/2022		102%	
CASTEELS, Vic, 2/11/2010									2
100m vrije slag	series	20.	1:14.70	216	1:15.37	5/03/2023		102%	
50m rugslag	series	4.	37.18	210	NT			-	
200m rugslag	series	3.	2:49.00	244	2:51.38	30/04/2023		103%	
50m vlinderslag	series	7.	40.88	150	NT			-	
COEKAERTS, Jolien, 14/07/2005									4
50m vrije slag	series	7.	29.82	454	30.04	17/05/2023		101%	
100m vrije slag	series	8.	1:04.48	473	NT			-	
50m rugslag	series	4.	32.37	474	33.09	17/05/2023		104%	
100m rugslag	series	4.	1:10.40	473	1:12.31	25/03/2023		105%	
200m wisselslag	series	4.	2:36.38	473	2:40.95	26/11/2022		106%	
400m wisselslag	series	3.	5:36.17	457	NT			-	
DE MAERSCHALCK, Bill, 15/02/2009									8
50m vrije slag	series	7.	28.16	366	29.14	17/05/2023		107%	
100m vrije slag	series	7.	1:01.66	384	1:03.26	10/03/2023		105%	
200m vrije slag	series	11.	2:22.00	342	2:22.17	25/03/2023		100%	
400m vrije slag	series	6.	4:51.31	386	4:58.56	11/03/2023		105%	
100m rugslag	series	9.	1:11.34	310	1:13.51	18/05/2023		106%	
200m rugslag	series	8.	2:36.65	306	2:39.99	10/03/2023		104%	
50m vlinderslag	series	3.	31.54	327	33.01	16/10/2022		110%	
400m wisselslag	series	3.	5:45.64	313	6:03.12	6/03/2022		110%	
DE MAERSCHALCK, Ella, 26/04/2007									2
50m vrije slag	series	6.	28.68	511	28.67	20/02/2022		100%	
100m vrije slag	series	9.	1:01.60	542	1:02.17	19/02/2022		102%	
200m vrije slag	series	6.	2:14.18	555	2:19.92	31/07/2022		109%	
400m vrije slag	series	4.	4:46.39	526	NT			-	
100m rugslag	series	14.	1:13.86	410	1:12.42	20/02/2022		96%	
50m vlinderslag	series	8.	32.13	436	31.77	17/05/2023		98%	
100m vlinderslag	series	6.	1:12.20	419	1:11.67	18/05/2023		99%	
DE MAERSCHALCK, Pol, 7/08/2012									2
400m vrije slag	series	4.	6:01.65	202	7:03.26	4/12/2022		137%	
200m rugslag	series	3.	3:00.43	200	NT			-	
100m schoolslag	series	2.	1:37.15	184	1:46.03	2/10/2022		119%	
DEWULF, Joep, 11/01/2011									2
100m vrije slag	series	10.	1:12.66	235	1:24.94	27/03/2022		137%	
50m rugslag	series	6.	40.07	167	NT			-	
200m rugslag	series	3.	2:55.35	218	NT			-	
100m schoolslag	series	6.	1:34.19	202	1:42.12	5/03/2023		118%	
GEENTJENS, Kobe, 1/06/2010									2
200m rugslag	series	5.	3:00.72	199	NT			-	
100m schoolslag	series	13.	1:32.94	210	1:36.39	2/10/2022		108%	
100m vlinderslag	series	4.	1:38.39	114	1:39.12	5/03/2023		101%	
200m wisselslag	series	7.	2:59.13	229	NT			-	
HAESEN, Adriaan, 31/07/2007									7
100m vrije slag	series	13.	58.45	451	1:01.38	10/03/2023		110%	
400m vrije slag	series	3.	4:20.40	541	4:28.75	8/10/2022		107%	
200m rugslag	series	4.	2:17.86	449	2:29.68	16/10/2022		118%	
50m schoolslag	series	6.	34.32	384	35.45	17/05/2023		107%	
100m schoolslag	series	7.	1:15.51	392	1:19.86	19/05/2023		112%	
200m schoolslag	series	8.	2:43.42	397	2:53.81	26/03/2023		113%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

400m wisselslag	series	3.	5:00.00	479	5:18.44	15/10/2022	113%	
HUYGH, Daan, 4/10/2011								1
100m vrije slag	series	14.	1:27.18	136	1:26.75	5/03/2023	99%	
100m schoolslag	series	8.	1:50.19	126	1:51.66	13/11/2022	103%	
LAUWERS, Ruben, 20/06/2010								2
100m vrije slag	series	25.	1:22.53	160	1:26.24	2/10/2022	109%	
50m rugslag	series	7.	40.39	164	NT		-	
100m schoolslag	series	17.	1:37.71	181	1:41.64	13/11/2022	108%	
MEYSMANS, Axelle, 15/02/2013								-
200m wisselslag	series	2.	3:24.56	211	NT		-	
PAUL, Arthur, 26/08/2011								1
100m vrije slag	series	13.	1:25.05	146	1:25.56	2/10/2022	101%	
50m rugslag	series	8.	44.32	124	NT		-	
50m vlinderslag	series	7.	51.43	75	NT		-	
SCHROEYERS, Manon, 7/03/2010								1
50m vrije slag	series	9.	32.13	363	34.48	21/05/2022	115%	
100m rugslag	series	13.	1:21.88	301	1:20.06	25/06/2023	96%	
50m schoolslag	series	7.	45.59	240	NT		-	
200m schoolslag	series	11.	3:25.42	281	NT		-	
VAN BEYLEN, Flora, 4/02/2012								2
50m vrije slag	series	8.	40.47	181	NT		-	
200m vrije slag	series	9.	3:05.91	208	3:21.14	30/04/2023	117%	
100m rugslag	series	7.	1:37.99	175	1:47.91	21/05/2022	121%	
50m schoolslag	series	3.	49.34	190	NT		-	
VAN DEN BOSCH, Frederic, 9/03/2008								4
50m vrije slag	series	2.	25.16	514	25.77	26/11/2022	105%	
200m vrije slag	series	9.	2:04.05	514	2:08.02	13/03/2022	107%	
100m rugslag	series	9.	1:06.71	380	1:08.07	26/11/2022	104%	
50m vlinderslag	series	3.	27.48	495	27.09	26/03/2023	97%	
100m vlinderslag	series	3.	1:01.99	457	1:01.43	26/03/2023	98%	
200m vlinderslag	series	5.	2:21.24	432	2:22.77	25/03/2023	102%	
VAN DEN BOSCH, Maxine, 16/06/2006								3
50m vrije slag	series	4.	28.01	548	28.63	17/05/2023	104%	
100m vrije slag	series	4.	1:00.76	565	1:01.42	26/03/2023	102%	
200m vrije slag	series	3.	2:13.00	570	2:15.97	13/03/2022	105%	
50m vlinderslag	series	2.	29.88	543	29.46	26/03/2023	97%	
100m vlinderslag	series	1.	1:07.20	520	1:07.06	26/11/2022	100%	
200m vlinderslag	series	2.	2:37.91	434	NT		-	
VAN GORP, Lowie, 2/03/2006								6
50m vrije slag	series	12.	25.79	477	27.05	25/03/2023	110%	
100m vrije slag	series	10.	56.08	511	57.68	26/11/2022	106%	
200m vrije slag	series	10.	2:14.47	403	2:14.36	11/03/2023	100%	
400m vrije slag	series	6.	4:33.73	466	4:39.16	8/10/2022	104%	
50m rugslag	series	4.	29.23	432	30.49	26/11/2022	109%	
100m rugslag	series	3.	1:03.04	450	1:06.69	26/03/2023	112%	
200m rugslag	series	2.	2:20.69	423	2:24.35	26/11/2022	105%	
VAN HISSENHOVEN, Korneel, 15/08/2006								5
100m vrije slag	series	18.	57.92	463	58.88	18/05/2023	103%	
200m vrije slag	series	7.	2:05.35	498	2:10.71	11/03/2023	109%	
400m vrije slag	series	4.	4:23.60	522	4:25.74	8/10/2022	102%	
50m schoolslag	series	8.	32.93	434	32.83	17/05/2023	99%	
100m schoolslag	series	6.	1:12.33	446	1:12.91	13/03/2022	102%	
200m schoolslag	series	5.	2:36.68	451	2:37.32	26/11/2022	101%	
VANHOOF, Marieke, 24/12/2007								4
100m vrije slag	series	8.	1:01.55	544	1:03.75	19/11/2022	107%	
200m vrije slag	series	3.	2:12.93	571	2:16.07	25/03/2023	105%	
400m vrije slag	series	2.	4:33.26	606	4:31.65	13/11/2022	99%	
50m rugslag	series	4.	32.97	449	33.53	17/05/2023	103%	
100m rugslag	series	3.	1:07.78	531	1:10.16	19/11/2022	107%	
200m rugslag	series	11.	2:35.50	447	NT		-	
50m vlinderslag	series	13.	33.46	386	32.24	26/03/2023	93%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

ShaRK								69
BELLENS, Lore, 29/06/2011								4
100m rugslag	series	4.	1:20.11	321	1:18.64	14/01/2023	96%	
200m rugslag	series	5.	2:49.72	344	NT		-	
50m schoolslag	series	3.	39.96	357	40.75	27/05/2023	104%	
50m vlinderslag	series	2.	33.90	371	35.03	18/02/2023	107%	
100m vlinderslag	series	2.	1:16.45	353	1:16.68	19/02/2023	101%	
200m wisselslag	series	1.	2:44.67	405	2:46.56	8/01/2023	102%	
BOVEN, Axelle, 3/12/2010								5
50m vrije slag	series	2.	29.78	456	30.12	30/04/2023	102%	
100m vrije slag	series	2.	1:04.25	478	1:04.69	18/02/2023	101%	
200m rugslag	series	2.	2:34.97	452	NT		-	
100m schoolslag	series	1.	1:17.91	512	1:20.55	22/07/2023	107%	
200m schoolslag	series	2.	2:52.70	473	2:54.11	23/07/2023	102%	
100m vlinderslag	series	2.	1:12.71	410	1:13.36	27/05/2023	102%	
BROWN, Quinten, 14/09/2009								1
50m vrije slag	series	18.	29.94	305	30.18	18/02/2023	102%	
100m vrije slag	series	13.	1:05.29	323	1:04.39	27/05/2023	97%	
200m vrije slag	series	15.	2:25.35	319	2:24.22	15/07/2023	98%	
50m schoolslag	series	13.	45.77	161	42.81	27/05/2023	87%	
DIERCKX, Femke, 11/04/2009								5
200m vrije slag	series	12.	2:35.82	354	2:38.63	19/03/2023	104%	
50m rugslag	series	13.	37.54	304	37.96	27/05/2023	102%	
100m rugslag	series	13.	1:21.67	303	1:22.40	19/03/2023	102%	
100m schoolslag	series	15.	1:34.32	289	1:33.21	27/05/2023	98%	
100m vlinderslag	series	6.	1:28.64	226	1:29.60	8/01/2023	102%	
200m wisselslag	series	9.	2:58.44	318	3:00.04	26/03/2023	102%	
DIRICKX, Pepijn, 26/12/2009								3
50m vrije slag	series	14.	29.57	316	30.77	18/02/2023	108%	
100m rugslag	series	17.	1:17.24	244	1:14.88	27/05/2023	94%	
200m rugslag	series	9.	2:40.74	283	2:38.74	14/01/2023	98%	
50m schoolslag	series	6.	36.92	308	38.14	27/05/2023	107%	
100m schoolslag	series	8.	1:21.30	314	1:21.22	30/04/2023	100%	
200m wisselslag	series	6.	2:36.19	345	2:38.12	29/04/2023	102%	
DURT, Reine, 12/04/2011								5
50m vrije slag	series	7.	32.16	362	33.64	19/02/2023	109%	
100m vrije slag	series	6.	1:09.82	372	1:10.23	27/05/2023	101%	
50m rugslag	series	5.	39.11	269	44.57	30/04/2022	130%	
100m schoolslag	series	2.	1:24.60	400	1:26.41	23/07/2023	104%	
200m schoolslag	series	1.	2:57.78	433	3:09.09	29/04/2023	113%	
50m vlinderslag	series	8.	37.04	285	36.68	27/05/2023	98%	
100m vlinderslag	series	5.	1:23.05	275	1:21.65	21/07/2023	97%	
FEYEN, Aeden, 9/12/2010								4
50m vrije slag	series	17.	35.13	188	38.47	8/01/2023	120%	
100m vrije slag	series	23.	1:20.66	171	1:24.94	26/03/2023	111%	
200m vrije slag	series	21.	3:06.38	151	3:13.03	29/04/2023	107%	
50m schoolslag	series	9.	48.14	139	48.41	30/04/2023	101%	
100m schoolslag	series	19.	1:47.40	136	1:47.07	26/03/2023	99%	
200m schoolslag	series	13.	3:52.02	138	3:51.34	29/04/2023	99%	
50m vlinderslag	series	10.	47.58	95	47.24	27/05/2023	99%	
HUFKENS, Iben, 18/09/2007								-
50m vrije slag	series	14.	27.40	398	27.18	18/02/2023	98%	
100m vrije slag	series	16.	59.58	426	59.14	27/05/2023	99%	
200m vrije slag	series	17.	2:13.05	416	2:11.35	19/03/2023	97%	
50m rugslag	series	6.	31.19	356	30.83	19/02/2023	98%	
100m rugslag	series	11.	1:07.43	368	1:04.76	18/02/2023	92%	
50m vlinderslag	series	12.	31.04	344	30.53	19/02/2023	97%	
HUFKENS, Ilian, 10/07/2011								4
50m vrije slag	series	2.	30.18	298	30.85	18/02/2023	104%	
100m vrije slag	series	2.	1:06.36	308	1:05.26	26/03/2023	97%	
200m vrije slag	series	2.	2:22.53	338	2:23.86	19/03/2023	102%	
400m vrije slag	series	1.	4:58.41	359	5:02.75	23/04/2023	103%	
50m rugslag	series	2.	35.64	238	36.37	19/02/2023	104%	
100m rugslag	series	2.	1:18.26	235	1:15.79	26/03/2023	94%	
50m schoolslag	series	2.	40.81	228	40.55	27/05/2023	99%	
100m schoolslag	series	3.	1:27.28	254	1:27.28	19/03/2023	100%	
200m schoolslag	series	2.	3:02.15	287	3:01.28	29/04/2023	99%	
50m vlinderslag	series	4.	34.99	240	34.91	29/04/2023	100%	
JANSSENS, Elisabeth, 24/10/2010								4
50m vrije slag	series	11.	32.50	351	34.50	21/05/2022	113%	
100m rugslag	series	12.	1:20.37	318	1:18.32	19/02/2023	95%	
200m rugslag	series	4.	2:51.29	334	2:54.07	29/04/2023	103%	
50m schoolslag	series	2.	39.56	368	41.25	27/05/2023	109%	
200m schoolslag	series	4.	3:03.55	394	3:07.99	23/07/2023	105%	
200m wisselslag	series	10.	2:58.33	319	2:52.07	30/04/2023	93%	
LAEREMANS, Pieter, 4/03/2007								2
50m vrije slag	series	10.	26.25	452	26.76	6/03/2022	104%	
100m rugslag	series	8.	1:06.39	385	1:05.39	21/05/2022	97%	
50m schoolslag	series	8.	34.89	365	34.90	19/02/2022	100%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

LAEREMANS, Sebastiaan, 28/02/2009								1
50m vrije slag	series	20.	30.11	300	30.09	18/02/2023	100%	
50m rugslag	series	7.	33.47	288	33.76	19/02/2023	102%	
100m rugslag	series	11.	1:11.66	306	1:09.54	27/05/2023	94%	
50m schoolslag	series	12.	40.32	236	40.01	27/05/2023	98%	
200m schoolslag	series	12.	3:12.04	244	NT		-	
50m vlinderslag	series	9.	34.66	247	34.42	19/02/2023	99%	
200m wisselslag	series	10.	2:44.43	296	2:41.83	27/11/2022	97%	
LAEREMANS, Simon, 28/02/2009								4
50m vrije slag	series	16.	29.75	311	30.11	18/02/2023	102%	
100m vrije slag	series	12.	1:04.95	329	1:04.45	27/05/2023	98%	
200m vrije slag	series	14.	2:24.56	324	2:18.91	19/03/2023	92%	
50m schoolslag	series	9.	38.15	279	39.50	18/02/2023	107%	
100m schoolslag	series	10.	1:26.29	262	1:24.71	19/02/2023	96%	
200m schoolslag	series	7.	3:00.88	293	3:01.30	22/07/2023	100%	
50m vlinderslag	series	6.	33.22	280	33.77	19/02/2023	103%	
100m vlinderslag	series	7.	1:19.86	214	1:16.35	27/05/2023	91%	
MARCELIS, Fien, 26/05/2010								3
50m vrije slag	series	8.	31.82	374	32.81	20/11/2022	106%	
100m vrije slag	series	9.	1:10.65	359	1:10.44	26/03/2023	99%	
200m vrije slag	series	10.	2:34.98	360	2:36.68	15/07/2023	102%	
50m rugslag	series	8.	39.41	263	39.28	27/05/2023	99%	
50m schoolslag	series	5.	44.65	256	44.40	30/04/2023	99%	
100m schoolslag	series	13.	1:35.89	275	1:33.29	27/05/2023	95%	
200m schoolslag	series	12.	3:25.89	279	3:24.62	29/04/2023	99%	
200m wisselslag	series	11.	3:01.07	304	3:05.61	16/07/2023	105%	
MERTENS, Femke, 6/01/2011								7
50m vrije slag	series	1.	30.75	414	32.69	16/10/2022	113%	
100m vrije slag	series	2.	1:06.44	432	1:08.05	27/05/2023	105%	
200m vrije slag	series	3.	2:27.50	418	2:27.89	29/04/2023	101%	
400m vrije slag	series	1.	5:11.27	410	5:13.41	22/07/2023	101%	
100m rugslag	series	3.	1:18.45	342	1:19.56	27/05/2023	103%	
200m rugslag	series	2.	2:43.87	382	2:47.45	29/04/2023	104%	
100m vlinderslag	series	3.	1:18.32	328	1:19.62	27/05/2023	103%	
MERTENS, Helena, 20/07/2009								9
50m vrije slag	series	2.	29.16	486	30.90	21/05/2022	112%	
100m vrije slag	series	3.	1:02.91	509	1:03.63	27/05/2023	102%	
200m vrije slag	series	1.	2:12.46	577	2:17.34	19/03/2023	108%	
400m vrije slag	series	2.	4:42.71	547	4:51.58	22/07/2023	106%	
50m rugslag	series	3.	34.21	402	37.59	15/10/2022	121%	
100m rugslag	series	4.	1:13.09	423	1:15.71	27/05/2023	107%	
50m schoolslag	series	4.	38.79	391	42.80	20/02/2022	122%	
100m schoolslag	series	4.	1:23.48	416	1:24.80	27/05/2023	103%	
200m vlinderslag	series	1.	2:42.60	398	2:48.19	26/03/2023	107%	
NELIS, Michiel, 20/03/2006								3
50m vrije slag	series	19.	26.18	456	26.74	18/02/2023	104%	
50m schoolslag	series	7.	32.30	460	32.58	18/02/2023	102%	
200m schoolslag	series	6.	2:39.05	431	2:47.46	15/10/2022	111%	
VERBEEK, Sem, 29/06/2004								1
100m vrije slag	series	6.	55.27	533	53.48	27/05/2023	94%	
50m rugslag	series	3.	28.46	468	27.01	27/05/2023	90%	
100m rugslag	series	4.	1:01.05	496	1:00.43	6/03/2022	98%	
50m schoolslag	series	8.	32.40	456	31.27	27/05/2023	93%	
50m vlinderslag	series	6.	26.58	547	26.78	29/04/2023	102%	
100m vlinderslag	series	4.	59.75	511	57.43	27/05/2023	92%	
WOUTERS, Lieze, 5/04/2007								1
200m rugslag	series	9.	2:32.68	472	2:31.82	26/03/2023	99%	
50m vlinderslag	series	10.	32.50	422	32.16	13/03/2022	98%	
200m wisselslag	series	7.	2:35.48	481	2:36.58	24/04/2022	101%	
WYNANTS, Ron, 11/10/2006								3
50m vrije slag	series	2.	24.69	544	24.72	18/02/2023	100%	
100m vrije slag	series	2.	54.22	565	54.31	27/05/2023	100%	
200m vrije slag	series	3.	2:02.84	529	2:06.17	31/07/2022	105%	
50m schoolslag	series	12.	34.06	393	33.89	18/02/2023	99%	
100m schoolslag	series	10.	1:15.86	386	1:14.33	27/05/2023	96%	
200m schoolslag	series	8.	2:48.96	359	NT		-	

unattached

-

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Westerlo Swimming Team								63
BREBELS, Niels, 4/07/2011								2
100m vrije slag	series	12.	1:20.02	175	1:21.35	30/04/2023	103%	
100m rugslag	series	10.	1:29.53	157	1:33.05	4/06/2023	108%	
50m vlinderslag	series	6.	41.53	143	NT		-	
CEUPPENS, Mats, 12/05/2010								4
50m vrije slag	series	16.	34.81	194	36.00	30/04/2023	107%	
100m vrije slag	series	21.	1:16.73	199	1:18.76	16/07/2023	105%	
100m schoolslag	series	15.	1:37.46	182	1:37.94	30/04/2023	101%	
200m schoolslag	series	10.	3:24.28	203	3:29.91	15/07/2023	106%	
GHIJSEN, Mateo, 17/11/2006								-
50m schoolslag	series	13.	34.22	387	33.25	21/05/2022	94%	
200m vlinderslag	series	4.	2:48.72	253	NT		-	
GYULNAZARYAN, Max, 22/01/2011								6
50m vrije slag	series	5.	31.83	254	32.46	18/02/2023	104%	
100m vrije slag	series	6.	1:09.59	267	1:10.06	18/05/2023	101%	
200m vrije slag	series	5.	2:29.39	294	NT		-	
400m vrije slag	series	4.	5:18.20	296	5:26.85	14/07/2023	106%	
100m rugslag	series	8.	1:21.45	208	1:19.84	4/06/2023	96%	
50m vlinderslag	series	2.	34.36	253	35.61	25/06/2023	107%	
100m vlinderslag	series	1.	1:18.66	224	1:22.18	30/04/2023	109%	
200m wisselslag	series	3.	2:51.60	260	2:54.31	4/06/2023	103%	
JANSSENS, Talle, 12/02/2010								2
200m vrije slag	series	8.	2:32.23	278	NT		-	
50m schoolslag	series	6.	43.39	190	45.82	18/02/2023	112%	
200m schoolslag	series	7.	3:19.30	219	NT		-	
400m wisselslag	series	2.	6:00.02	277	6:29.61	24/06/2023	117%	
LAUREYS, Milan, 3/11/2010								6
50m vrije slag	series	12.	32.64	235	34.08	25/06/2023	109%	
100m vrije slag	series	15.	1:12.25	239	1:13.74	16/07/2023	104%	
200m vrije slag	series	16.	2:41.60	232	NT		-	
50m rugslag	series	10.	41.36	152	42.67	19/02/2023	106%	
50m schoolslag	series	7.	44.95	171	45.50	18/02/2023	102%	
100m schoolslag	series	14.	1:36.77	186	1:37.43	15/07/2023	101%	
200m schoolslag	series	12.	3:35.17	174	3:32.15	15/07/2023	97%	
50m vlinderslag	series	8.	43.51	124	45.14	5/03/2023	108%	
LAUREYS, Xante, 3/11/2010								8
50m vrije slag	series	7.	31.76	376	34.47	5/03/2023	118%	
100m vrije slag	series	13.	1:13.03	325	1:18.07	24/06/2023	114%	
200m vrije slag	series	14.	2:39.57	330	NT		-	
50m rugslag	series	7.	38.08	291	41.23	18/02/2023	117%	
100m rugslag	series	16.	1:24.80	271	1:29.72	14/01/2023	112%	
50m schoolslag	series	6.	44.94	251	49.02	19/02/2023	119%	
200m schoolslag	series	14.	3:31.05	259	3:41.41	15/07/2023	110%	
50m vlinderslag	series	5.	37.71	270	42.22	30/04/2023	125%	
200m wisselslag	series	13.	3:07.14	276	3:20.52	16/07/2023	115%	
LEMMENS, Febe, 31/12/2011								6
50m vrije slag	series	2.	31.14	399	32.24	30/04/2023	107%	
400m vrije slag	series	3.	5:22.90	367	NT		-	
50m rugslag	series	2.	37.95	294	41.14	18/02/2023	118%	
100m rugslag	series	7.	1:21.76	302	1:27.77	14/01/2023	115%	
50m schoolslag	series	2.	39.24	377	42.98	19/02/2023	120%	
100m schoolslag	series	3.	1:29.60	337	1:27.89	4/06/2023	96%	
50m vlinderslag	series	5.	35.58	321	36.42	10/04/2023	105%	
200m wisselslag	series	5.	2:55.95	332	3:03.87	18/05/2023	109%	
MEULEMANS, Lars, 22/01/2011								2
50m vrije slag	series	10.	35.28	186	37.36	10/04/2023	112%	
100m vrije slag	series	11.	1:18.66	185	1:19.90	16/07/2023	103%	
100m schoolslag	series	7.	1:43.35	153	1:42.92	4/06/2023	99%	
200m schoolslag	series	5.	3:40.67	161	NT		-	
SLUYTS, Jenne, 26/08/2009								5
50m vrije slag	series	15.	29.69	313	30.95	25/06/2023	109%	
100m vrije slag	series	15.	1:06.09	312	1:06.62	30/04/2023	102%	
200m vrije slag	series	10.	2:20.92	350	2:37.98	27/11/2022	126%	
400m vrije slag	series	9.	4:58.89	358	4:58.72	30/04/2023	100%	
100m rugslag	series	16.	1:16.89	248	1:17.79	16/07/2023	102%	
50m vlinderslag	series	7.	33.46	274	35.95	25/06/2023	115%	
SLUYTS, Tibe, 1/08/2011								5
50m vrije slag	series	4.	30.90	277	31.25	25/06/2023	102%	
100m vrije slag	series	5.	1:08.50	280	1:07.90	30/04/2023	98%	
200m vrije slag	series	6.	2:31.13	284	2:42.63	27/11/2022	116%	
400m vrije slag	series	3.	5:16.17	302	5:19.11	4/06/2023	102%	
50m rugslag	series	3.	35.86	234	37.22	25/06/2023	108%	
100m rugslag	series	6.	1:20.37	217	1:19.08	21/07/2023	97%	
50m schoolslag	series	3.	43.52	188	48.28	6/11/2022	123%	
50m vlinderslag	series	5.	36.15	217	36.07	25/06/2023	100%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VAN AERSCHOT, Nel, 2/02/2011							6
200m vrije slag	series	8.	2:32.99	374	2:46.91	27/11/2022	119%
200m rugslag	series	3.	2:45.25	372	NT		-
100m schoolslag	series	4.	1:31.41	317	1:33.41	24/06/2023	104%
200m schoolslag	series	3.	3:10.39	353	3:19.45		110%
100m vlinderslag	series	6.	1:23.81	268	1:25.58	21/07/2023	104%
200m wisselslag	series	2.	2:49.30	372	2:53.71	21/07/2023	105%
400m wisselslag	series	2.	6:18.73	319	6:31.40	5/03/2023	107%
VAN DEN EYNDE, Wout, 12/11/2005							-
50m vlinderslag	series	16.	32.06	312	31.37	5/03/2023	96%
VAN GEEL, Cis, 30/06/2011							5
50m vrije slag	series	8.	32.74	233	33.85	25/06/2023	107%
50m schoolslag	series	4.	45.38	166	47.62	18/02/2023	110%
50m vlinderslag	series	3.	34.86	242	37.13	25/06/2023	113%
100m vlinderslag	series	2.	1:22.94	191	1:24.74	30/04/2023	104%
200m wisselslag	series	7.	3:04.08	211	3:16.49	27/11/2022	114%
VAN GEEL, Mats, 10/10/2006							2
50m vrije slag	series	4.	24.96	526	24.89	18/02/2023	99%
100m rugslag	series	1.	1:01.23	491	1:04.10	14/01/2023	110%
50m schoolslag	series	10.	33.50	413	36.72	15/10/2022	120%
VAN WAELDEREN, Hanne, 16/01/2009							1
200m vrije slag	series	10.	2:33.04	374	2:32.55	15/07/2023	99%
400m vrije slag	series	7.	5:16.85	389	5:18.12	14/07/2023	101%
100m schoolslag	series	11.	1:29.62	336	1:26.31	30/04/2023	93%
200m schoolslag	series	7.	3:05.58	381	3:01.46	4/06/2023	96%
100m vlinderslag	series	4.	1:22.90	277	1:22.53	14/07/2023	99%
200m vlinderslag	series	3.	3:20.46	212	NT		-
200m wisselslag	series	7.	2:51.17	360	2:49.32	30/04/2023	98%
VAN WAELDEREN, Nele, 7/03/2007							-
100m vrije slag	series	20.	1:07.62	410	1:07.50	15/10/2022	100%
100m schoolslag	series	14.	1:29.66	336	1:28.21	15/07/2023	97%
50m vlinderslag	series	16.	34.73	345	34.10	6/11/2022	96%
VAN WAELDEREN, Sarah, 4/05/2011							-
100m vrije slag	series	11.	1:17.66	270	1:15.80	30/04/2023	95%
100m schoolslag	series	10.	1:40.41	239	1:37.84	14/01/2023	95%
VAN WAELDEREN, Thomas, 29/06/2005							3
50m vrije slag	series	7.	25.28	507	25.99	18/02/2023	106%
100m vrije slag	series	4.	55.06	540	55.35	19/02/2023	101%
50m schoolslag	series	14.	34.33	383	35.75	16/07/2023	108%
50m vlinderslag	series	4.	27.50	494	27.01	29/07/2023	96%
100m vlinderslag	series	2.	1:00.22	499	1:00.11	4/06/2023	100%
200m vlinderslag	series	1.	2:19.10	453	2:18.76	30/04/2023	100%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

								164
Zwemclub Geel								2
AGTEN VALERIO, Álvaro, 20/01/2012								
50m vrije slag	series	4.	34.30	203	35.98	17/05/2023	110%	
100m vrije slag	series	4.	1:19.37	180	1:16.03	18/07/2023	92%	
200m vrije slag	series	4.	2:49.33	202	3:02.12	14/05/2023	116%	
400m vrije slag	series	5.	6:12.13	185	NT		-	
100m rugslag	series	4.	1:29.54	157	1:24.23	18/07/2023	88%	
200m rugslag	series	5.	3:07.37	179	NT		-	
200m schoolslag	series	2.	3:39.68	163	NT		-	
BEGUE, Milann, 20/01/2011								6
50m vrije slag	series	3.	30.33	293	33.08	18/02/2023	119%	
100m vrije slag	series	4.	1:07.73	290	1:10.29	18/07/2023	108%	
200m vrije slag	series	7.	2:32.67	275	2:41.41	14/05/2023	112%	
400m vrije slag	series	5.	5:30.96	263	5:42.48	14/07/2023	107%	
100m rugslag	series	7.	1:21.29	210	1:26.99	26/03/2023	115%	
200m rugslag	series	4.	2:56.70	213	3:18.77	6/05/2023	127%	
BEGUE, Miya, 8/08/2006								4
50m vrije slag	series	8.	30.11	441	30.55	19/02/2023	103%	
200m vrije slag	series	9.	2:32.55	378	2:34.57	6/05/2023	103%	
400m vrije slag	series	8.	5:33.11	334	5:35.94	24/06/2023	102%	
50m rugslag	series	7.	35.90	347	37.48	20/11/2022	109%	
100m schoolslag	series	9.	1:25.10	393	1:24.47	18/02/2023	99%	
200m wisselslag	series	8.	2:48.35	379	2:41.38	18/07/2023	92%	
BEGUE, Mélissa, 25/03/2008								3
200m vrije slag	series	23.	2:36.24	351	2:37.47	6/05/2023	102%	
400m vrije slag	series	11.	5:34.16	331	5:41.51	11/03/2023	104%	
50m rugslag	series	15.	37.51	305	37.47	18/02/2023	100%	
100m schoolslag	series	9.	1:26.31	377	1:25.72	18/07/2023	99%	
200m schoolslag	series	6.	3:09.76	356	3:11.57	14/05/2023	102%	
200m wisselslag	series	13.	2:54.61	339	2:51.16	18/07/2023	96%	
BOECKX, Paulien, 23/08/2010								5
50m vrije slag	series	17.	35.08	279	37.70	19/02/2023	115%	
100m vrije slag	series	17.	1:20.80	240	1:20.11	18/02/2023	98%	
200m vrije slag	series	18.	2:52.02	263	2:51.06	30/04/2023	99%	
400m vrije slag	series	8.	5:54.92	276	6:22.78	8/10/2022	116%	
50m rugslag	series	13.	43.20	199	44.08	18/02/2023	104%	
100m rugslag	series	21.	1:33.24	204	1:34.34	19/02/2023	102%	
200m schoolslag	series	16.	3:33.02	252	NT		-	
200m wisselslag	series	15.	3:12.53	253	3:17.85	16/07/2023	106%	
BOOGERS, Noor, 28/05/2012								-
200m vrije slag	series	10.	3:10.01	195	NT		-	
50m schoolslag	series	5.	54.83	138	NT		-	
BORGHS, Lore, 10/02/2010								6
50m vrije slag	series	4.	29.96	448	30.51	19/02/2023	104%	
100m vrije slag	series	5.	1:05.97	441	1:06.46	14/05/2023	101%	
200m vrije slag	series	6.	2:26.14	430	2:28.19	6/05/2023	103%	
400m vrije slag	series	4.	5:13.01	403	5:19.81	8/10/2022	104%	
50m rugslag	series	5.	36.68	326	36.89	18/02/2023	101%	
100m rugslag	series	9.	1:19.39	330	1:17.79	25/07/2023	96%	
200m schoolslag	series	8.	3:14.33	332	3:21.24	12/03/2023	107%	
50m vlinderslag	series	1.	33.64	380	33.26	25/07/2023	98%	
BRAEKEN, Charlotte, 18/01/2012								-
50m vrije slag	series	6.	36.10	256	NT		-	
100m vrije slag	series	6.	1:23.61	217	NT		-	
200m vrije slag	series	5.	2:57.32	240	NT		-	
400m vrije slag	series	4.	6:16.77	231	NT		-	
50m rugslag	series	1.	41.70	222	NT		-	
100m rugslag	series	3.	1:28.37	239	NT		-	
DILLEN, Finn, 31/01/2012								7
50m vrije slag	series	1.	31.67	257	34.22	18/02/2023	117%	
100m vrije slag	series	1.	1:08.59	279	1:10.11	14/05/2023	104%	
200m vrije slag	series	1.	2:29.68	292	2:32.91	14/05/2023	104%	
400m vrije slag	series	2.	5:11.34	316	5:12.39	21/07/2023	101%	
100m rugslag	series	2.	1:20.85	213	1:22.90	21/07/2023	105%	
200m rugslag	series	2.	2:55.66	217	NT		-	
100m schoolslag	series	1.	1:32.37	214	1:33.02	23/07/2023	101%	
200m schoolslag	series	1.	3:18.63	221	3:23.87	14/05/2023	105%	
DILLEN, Norah, 23/06/2008								5
50m vrije slag	series	11.	29.31	478	29.40	19/02/2023	101%	
100m vrije slag	series	12.	1:03.58	493	1:03.60	18/02/2023	100%	
200m vrije slag	series	13.	2:17.29	518	2:17.08	14/05/2023	100%	
100m rugslag	series	13.	1:12.52	433	1:11.80	14/05/2023	98%	
200m rugslag	series	10.	2:33.75	462	2:39.01	6/05/2023	107%	
100m schoolslag	series	1.	1:15.49	563	1:16.61	18/02/2023	103%	
200m schoolslag	series	2.	2:44.54	547	2:43.83	13/11/2022	99%	
100m vlinderslag	series	5.	1:11.43	433	1:13.57	30/12/2022	106%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

DRIES, Klaas, 20/06/2007							6
200m vrije slag	series	8.	2:03.91	515	2:04.49	14/05/2023	101%
400m vrije slag	series	4.	4:22.99	525	4:27.90	1/08/2022	104%
50m rugslag	series	4.	30.26	390	29.98	20/11/2022	98%
100m rugslag	series	6.	1:05.24	406	1:03.94	18/02/2023	96%
100m schoolslag	series	5.	1:14.62	406	1:15.08	27/11/2022	101%
200m schoolslag	series	7.	2:40.17	422	2:52.54	7/05/2023	116%
200m wisselslag	series	2.	2:19.34	487	2:23.87	8/05/2022	107%
400m wisselslag	series	4.	5:00.73	476	5:10.69	7/05/2023	107%
DRIES, Sien, 20/06/2007							5
200m vrije slag	series	9.	2:15.40	540	2:13.29	31/07/2023	97%
50m rugslag	series	3.	32.31	477	33.06	18/02/2023	105%
100m rugslag	series	8.	1:10.73	467	1:08.66	31/07/2023	94%
50m vlinderslag	series	4.	31.10	481	31.63	18/02/2023	103%
100m vlinderslag	series	4.	1:10.99	441	1:10.43	14/05/2023	98%
200m vlinderslag	series	2.	2:38.82	427	2:41.65	14/05/2023	104%
200m wisselslag	series	4.	2:33.65	498	2:35.82	30/12/2022	103%
400m wisselslag	series	3.	5:24.80	506	5:37.64	12/03/2023	108%
HAESSENDONCKX, Jarne, 14/07/2008							6
50m vrije slag	series	13.	27.34	400	27.88	18/02/2023	104%
100m vrije slag	series	14.	58.79	443	58.42	31/07/2023	99%
200m vrije slag	series	14.	2:11.62	430	2:13.98	20/11/2022	104%
50m rugslag	series	5.	30.69	373	32.83	19/02/2023	114%
100m rugslag	series	7.	1:06.05	391	1:05.53	31/07/2023	98%
200m rugslag	series	5.	2:21.84	413	2:25.75	28/07/2023	106%
200m schoolslag	series	9.	2:58.44	305	3:07.35	12/03/2023	110%
50m vlinderslag	series	11.	30.92	348	32.53	19/02/2023	111%
LAGEY, Liselotte, 14/05/2006							5
50m vrije slag	series	2.	27.11	605	27.28	12/11/2022	101%
100m vrije slag	series	3.	59.07	615	59.52	18/02/2023	102%
50m rugslag	series	3.	31.88	496	32.75	18/02/2023	106%
100m rugslag	series	2.	1:09.13	500	1:11.18	19/02/2023	106%
50m schoolslag	series	1.	33.26	620	32.81	19/02/2023	97%
100m schoolslag	series	3.	1:14.23	592	1:12.87	18/02/2023	96%
200m schoolslag	series	2.	2:50.06	495	2:40.48	14/05/2023	89%
50m vlinderslag	series	6.	31.30	472	31.38	18/02/2023	101%
MAES, Julie, 24/12/2010							8
50m vrije slag	series	14.	33.15	330	33.42	19/02/2023	102%
200m vrije slag	series	11.	2:36.42	350	2:42.01	6/05/2023	107%
400m vrije slag	series	5.	5:20.47	375	5:37.14	8/10/2022	111%
100m rugslag	series	11.	1:20.05	322	1:20.14	14/05/2023	100%
200m rugslag	series	3.	2:45.36	372	2:45.76	22/07/2023	100%
200m schoolslag	series	6.	3:12.67	340	3:24.06	14/05/2023	112%
50m vlinderslag	series	4.	37.56	273	38.83	18/02/2023	107%
200m wisselslag	series	6.	2:49.54	371	2:57.82	14/05/2023	110%
MICHOEL, Quinten, 6/05/2009							8
50m vrije slag	series	2.	26.57	436	27.25	25/07/2023	105%
100m vrije slag	series	3.	57.82	466	59.53	14/05/2023	106%
200m vrije slag	series	2.	2:05.85	492	2:09.86	14/05/2023	106%
50m rugslag	series	2.	31.47	346	31.70	19/02/2023	101%
100m rugslag	series	5.	1:08.20	355	1:08.47	14/05/2023	101%
50m vlinderslag	series	1.	28.66	437	28.99	19/02/2023	102%
100m vlinderslag	series	1.	1:04.15	413	1:04.80	25/07/2023	102%
200m vlinderslag	series	1.	2:30.08	360	2:37.90	20/11/2022	111%
NEYRINCK, Ruben, 7/01/2013							1
400m vrije slag	series	2.	6:08.92	190	7:01.83	8/10/2022	131%
200m wisselslag	series	2.	3:18.07	169	NT		-
NIJZIEL, Frédérique, 17/10/2011							6
100m vrije slag	series	1.	1:02.33	523	1:04.84	18/02/2023	108%
200m vrije slag	series	1.	2:18.49	505	2:22.47	2/07/2023	106%
200m rugslag	series	1.	2:32.11	478	2:39.49	1/07/2023	110%
50m schoolslag	series	4.	41.05	330	41.81	19/02/2023	104%
50m vlinderslag	series	1.	29.99	537	29.75	25/07/2023	98%
100m vlinderslag	series	1.	1:07.02	524	1:07.17	2/07/2023	100%
400m wisselslag	series	1.	5:34.81	462	5:51.67	17/06/2023	110%
NIJZIEL, Maxine, 20/05/2006							-
50m vrije slag	series	10.	30.38	429	29.39	20/02/2022	94%
100m vrije slag	series	9.	1:05.72	447	1:02.96	19/02/2022	92%
400m vrije slag	series	7.	5:09.20	418	NT		-
100m schoolslag	series	5.	1:21.62	445	1:18.75	19/02/2022	93%
50m vlinderslag	series	5.	30.89	491	29.96	18/02/2023	94%
100m vlinderslag	series	2.	1:10.03	459	1:06.94	1/08/2022	91%
200m vlinderslag	series	4.	2:40.13	416	2:31.46	13/11/2022	89%
NIJZIEL, Nova, 7/06/2008							7
100m vrije slag	series	5.	1:00.98	559	1:01.03	1/07/2023	100%
200m vrije slag	series	2.	2:12.36	578	2:15.62	6/05/2023	105%
400m vrije slag	series	3.	4:33.85	602	4:35.97	10/12/2022	102%
100m rugslag	series	2.	1:05.35	592	1:05.57	27/11/2022	101%
200m rugslag	series	2.	2:22.25	584	2:18.70	10/12/2022	95%
50m vlinderslag	series	1.	29.00	594	29.48	1/07/2023	103%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

200m vlinderslag	series	1.	2:21.76	600	2:24.25	11/12/2022	104%	
200m wisselslag	series	1.	2:23.48	612	2:23.98	11/12/2022	101%	
OOMS, Jonah, 3/06/2004								
50m vrije slag	series	9.	25.38	501	25.41	18/02/2023	100%	2
100m vrije slag	series	9.	56.59	497	55.38	31/07/2023	96%	
200m vrije slag	series	3.	2:04.55	507	2:07.83	15/10/2022	105%	
50m schoolslag	series	4.	30.29	558	29.43	18/02/2023	94%	
100m schoolslag	series	2.	1:07.52	548	1:04.84	19/02/2023	92%	
200m schoolslag	series	2.	2:28.31	531	2:23.79	31/07/2023	94%	
OOMS, Sari, 26/04/2007								
50m vrije slag	series	5.	28.58	516	29.01	19/02/2023	103%	5
100m vrije slag	series	4.	1:00.74	566	1:00.80	31/07/2023	100%	
200m vrije slag	series	10.	2:15.64	537	2:20.05	6/05/2023	107%	
400m vrije slag	series	6.	4:50.50	504	4:56.07	9/10/2022	104%	
50m rugslag	series	6.	33.60	424	32.99	18/02/2023	96%	
100m rugslag	series	10.	1:11.60	450	1:08.35	31/07/2023	91%	
200m rugslag	series	8.	2:31.23	486	2:26.77	31/07/2023	94%	
100m schoolslag	series	6.	1:23.03	423	1:23.84	18/02/2023	102%	
ROOSENBOECK, Hayley, 16/08/2010								
50m vrije slag	series	10.	32.35	356	33.18	19/02/2023	105%	7
200m vrije slag	series	13.	2:39.16	332	2:44.57	30/04/2023	107%	
400m vrije slag	series	7.	5:40.12	314	5:49.37	24/06/2023	106%	
200m schoolslag	series	13.	3:29.70	264	3:45.45	7/05/2023	116%	
50m vlinderslag	series	3.	35.01	337	37.60	30/04/2023	115%	
100m vlinderslag	series	4.	1:24.06	265	1:25.92	18/05/2023	104%	
200m wisselslag	series	8.	2:55.43	335	2:59.95	18/07/2023	105%	
SELS, Seth, 19/06/2006								
50m vrije slag	series	25.	31.27	267	31.53	18/02/2023	102%	5
100m vrije slag	series	22.	1:16.37	202	1:08.64	19/02/2023	81%	
200m vrije slag	series	12.	2:30.57	287	2:34.53	13/03/2022	105%	
400m vrije slag	series	7.	5:26.24	275	5:32.83	24/06/2023	104%	
100m rugslag	series	12.	1:17.68	240	1:16.26	18/02/2023	96%	
50m vlinderslag	series	18.	32.69	294	33.42	19/02/2023	105%	
100m vlinderslag	series	8.	1:16.90	239	1:19.72	8/01/2023	107%	
THIJS, Thomas, 17/06/1997								
50m vrije slag	series	1.	22.76	694	22.68	19/02/2022	99%	1
100m vrije slag	series	1.	50.27	709	49.29	12/11/2022	96%	
50m vlinderslag	series	1.	25.60	613	25.65	12/11/2022	100%	
VALKENBORGHS, Yanne, 14/06/2010								
50m vrije slag	series	18.	36.01	258	38.58	19/02/2023	115%	5
100m vrije slag	series	18.	1:22.45	226	1:21.59	16/07/2023	98%	
200m vrije slag	series	19.	2:57.92	238	2:50.23	18/07/2023	92%	
400m vrije slag	series	13.	6:22.77	220	6:43.47	11/03/2023	111%	
50m rugslag	series	12.	43.05	201	45.47	18/02/2023	112%	
100m rugslag	series	22.	1:34.05	198	1:37.06	19/02/2023	107%	
200m schoolslag	series	17.	3:44.70	214	4:03.69	23/10/2022	118%	
200m wisselslag	series	19.	3:25.80	207	NT		-	
VAN BALLAER, Viktor, 5/05/2008								
50m vrije slag	series	5.	25.73	481	26.94	27/11/2022	110%	8
100m vrije slag	series	5.	55.67	522	56.15	31/07/2023	102%	
200m vrije slag	series	4.	2:00.04	567	2:05.14	14/05/2023	109%	
100m rugslag	series	10.	1:07.25	371	1:07.67	20/11/2022	101%	
200m rugslag	series	6.	2:26.30	376	NT		-	
50m schoolslag	series	2.	32.13	468	32.62	18/02/2023	103%	
100m schoolslag	series	1.	1:09.25	508	1:10.60	19/02/2023	104%	
200m schoolslag	series	1.	2:27.86	536	2:32.23	31/07/2023	106%	
100m vlinderslag	series	8.	1:05.62	386	1:09.98	18/02/2023	114%	
VAN CAMPFORT, Dries, 17/02/2007								
50m vrije slag	series	21.	28.50	353	30.35	18/02/2023	113%	7
100m vrije slag	series	21.	1:02.68	366	1:03.51	18/07/2023	103%	
200m vrije slag	series	23.	2:19.69	359	2:23.64	26/03/2023	106%	
400m vrije slag	series	9.	4:58.59	359	5:25.62	24/06/2023	119%	
100m rugslag	series	15.	1:12.54	295	1:15.75	18/02/2023	109%	
200m rugslag	series	9.	2:36.13	309	NT		-	
200m schoolslag	series	10.	3:00.43	295	3:18.02	30/12/2022	120%	
200m wisselslag	series	4.	2:38.26	332	2:40.47	18/07/2023	103%	
VAN TILBURG, Frauke, 10/02/2013								
400m vrije slag	series	1.	6:09.71	244	6:24.91	23/10/2022	108%	2
200m wisselslag	series	1.	3:19.50	227	3:27.98	18/05/2023	109%	
VAN TILBURG, Matthias, 6/10/2009								
50m vrije slag	series	3.	26.78	426	26.81	25/07/2023	100%	7
100m vrije slag	series	2.	57.57	472	58.28	14/05/2023	102%	
200m vrije slag	series	6.	2:10.12	445	2:13.65	14/05/2023	105%	
50m rugslag	series	3.	31.52	345	30.72	19/02/2023	95%	
100m rugslag	series	1.	1:04.37	423	1:05.71	18/02/2023	104%	
200m rugslag	series	1.	2:19.39	435	2:26.72	20/11/2022	111%	
200m schoolslag	series	8.	3:02.03	287	3:26.88	1/05/2022	129%	
50m vlinderslag	series	5.	31.99	314	32.66	19/02/2023	104%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VANLOMMEL, Luisa Valentina, 22/07/2011							7
50m vrije slag	series	9.	33.69	315	39.75	19/02/2023	139%
100m vrije slag	series	13.	1:18.46	262	1:19.45	16/07/2023	103%
200m vrije slag	series	16.	2:54.83	251	3:08.75	30/04/2023	117%
400m vrije slag	series	9.	6:05.14	254	6:55.81	8/10/2022	130%
50m rugslag	series	6.	39.76	256	42.35	11/03/2023	113%
100m rugslag	series	16.	1:27.44	247	1:30.37	16/07/2023	107%
200m schoolslag	series	10.	3:34.79	245	NT		-
200m wisselslag	series	13.	3:07.98	272	3:11.12	15/07/2023	103%
VANTHOURNOUT, Xander, 24/02/2006							3
50m vrije slag	series	11.	25.75	479	25.72	18/02/2023	100%
100m vrije slag	series	12.	56.83	491	55.80	31/07/2023	96%
200m vrije slag	series	6.	2:05.14	500	2:03.96	14/05/2023	98%
200m rugslag	series	4.	2:24.88	387	2:34.83	30/04/2022	114%
100m schoolslag	series	9.	1:13.90	418	1:14.15	31/07/2023	101%
200m schoolslag	series	7.	2:40.85	416	2:56.67	7/05/2023	121%
100m vlinderslag	series	6.	1:06.89	364	1:05.62	18/02/2023	96%
VERDONCK, Brecht, 29/07/2007							6
50m vrije slag	series	6.	25.82	475	26.54	18/02/2023	106%
100m vrije slag	series	9.	57.08	484	57.22	27/11/2022	100%
200m vrije slag	series	10.	2:04.13	513	2:02.91	14/05/2023	98%
400m vrije slag	series	5.	4:24.54	516	4:24.12	1/08/2022	100%
50m schoolslag	series	2.	32.13	468	34.54	18/02/2023	116%
200m schoolslag	series	4.	2:37.94	440	2:56.27	20/03/2022	125%
100m vlinderslag	series	6.	1:04.34	409	1:04.91	14/05/2023	102%
200m wisselslag	series	3.	2:21.80	462	2:22.63	1/08/2022	101%
WOUTERS, Dora, 22/02/2012							-
50m vrije slag	series	10.	42.38	158	NT		-
100m vrije slag	series	11.	1:35.59	145	NT		-
200m vrije slag	series	14.	3:38.10	129	NT		-
400m vrije slag	series	6.	7:36.77	129	NT		-
100m rugslag	series	12.	1:53.53	113	NT		-
200m schoolslag	series	7.	4:29.89	123	NT		-
WOUTERS, Mit, 11/03/2010							4
50m vrije slag	series	22.	37.88	221	38.64	19/02/2023	104%
200m vrije slag	series	21.	3:06.93	205	3:02.47	30/04/2023	95%
400m vrije slag	series	15.	6:28.94	210	7:00.86	11/03/2023	117%
50m rugslag	series	11.	42.42	210	44.90	18/02/2023	112%
200m schoolslag	series	20.	4:03.09	169	NT		-
50m vlinderslag	series	6.	42.13	193	NT		-
200m wisselslag	series	20.	3:28.68	199	3:48.17	18/05/2023	120%
ZRIRAK, Wael, 24/11/2010							5
50m vrije slag	series	14.	33.35	220	35.74	18/02/2023	115%
100m vrije slag	series	17.	1:13.34	228	1:17.14	26/03/2023	111%
200m vrije slag	series	17.	2:43.44	224	2:49.04	14/05/2023	107%
400m vrije slag	series	7.	5:36.97	249	6:03.55	18/12/2022	116%
100m rugslag	series	12.	1:25.54	180	1:30.12	18/02/2023	111%
50m vlinderslag	series	6.	37.98	187	NT		-

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Zwemclub Nijlen								70
AUGUSTIJNS, Sam, 14/11/2007								6
50m vrije slag	series	8.	26.07	462	27.51	18/02/2023	111%	
100m vrije slag	series	7.	56.65	495	57.37	27/05/2023	103%	
100m rugslag	series	5.	1:04.10	428	1:07.54	30/07/2023	111%	
50m schoolslag	series	4.	32.55	450	33.11	18/02/2023	103%	
100m schoolslag	series	2.	1:09.43	504	1:10.30	27/05/2023	103%	
200m schoolslag	series	3.	2:33.33	481	2:35.59	29/04/2023	103%	
BASSTANIE, Liene, 28/03/2012								3
50m vrije slag	series	3.	34.40	296	35.78	4/06/2023	108%	
50m rugslag	series	4.	45.07	175	43.29	29/04/2023	92%	
100m schoolslag	series	2.	1:38.36	254	1:40.19	27/05/2023	104%	
200m schoolslag	series	3.	3:31.21	258	3:42.49	29/04/2023	111%	
BIERINCKX, Lienne, 17/04/2009								4
100m vrije slag	series	6.	1:05.09	460	1:05.78	18/02/2023	102%	
200m vrije slag	series	6.	2:22.83	460	2:19.97	19/03/2023	96%	
50m rugslag	series	11.	35.51	359	34.94	29/04/2023	97%	
100m rugslag	series	5.	1:14.16	405	1:15.25	4/06/2023	103%	
200m schoolslag	series	5.	2:58.21	430	2:58.50	23/04/2022	100%	
50m vlinderslag	series	5.	33.91	371	34.16	27/05/2023	101%	
BIERINCKX, Mie, 10/07/2012								3
50m vrije slag	series	1.	32.22	360	32.90	19/02/2023	104%	
200m vrije slag	series	1.	2:32.67	377	2:33.89	29/04/2023	102%	
400m vrije slag	series	1.	5:20.25	376	5:18.47	22/07/2023	99%	
50m schoolslag	series	1.	41.08	329	40.19	23/07/2023	96%	
100m schoolslag	series	1.	1:27.16	366	1:26.64	23/07/2023	99%	
200m schoolslag	series	1.	3:12.41	342	3:10.38	29/04/2023	98%	
200m wisselslag	series	1.	2:57.19	325	2:58.88	21/07/2023	102%	
CLAES, Jade, 24/10/2012								-
50m vrije slag	series	7.	39.43	196	NT		-	
100m rugslag	series	9.	1:44.19	146	NT		-	
DELIEN, Floor, 4/08/2008								2
50m vrije slag	series	12.	29.47	471	29.57	27/11/2022	101%	
100m rugslag	series	15.	1:14.07	406	1:13.92	13/03/2022	100%	
50m schoolslag	series	5.	37.48	433	39.31	21/05/2022	110%	
100m schoolslag	series	8.	1:24.03	408	1:23.98	27/05/2023	100%	
200m wisselslag	series	10.	2:41.62	428	2:40.47	30/04/2023	99%	
GEELEN, Guusje, 15/05/2012								-
200m vrije slag	series	11.	3:15.25	180	NT		-	
50m schoolslag	series	4.	51.21	170	NT		-	
JANSSENS, Blue, 8/08/2007								3
100m vrije slag	series	14.	1:04.95	463	1:05.23	16/07/2023	101%	
200m vrije slag	series	14.	2:20.33	485	2:22.66	19/03/2023	103%	
50m schoolslag	series	7.	38.46	401	38.41	19/02/2023	100%	
50m vlinderslag	series	9.	32.41	425	32.42	18/02/2023	100%	
JONCKHEERE, Joppe, 9/12/2008								2
50m vrije slag	series	18.	28.16	366	28.63	30/04/2023	103%	
100m vrije slag	series	19.	1:01.47	388	1:00.47	27/05/2023	97%	
200m vrije slag	series	19.	2:16.30	387	2:13.12	30/07/2023	95%	
100m rugslag	series	19.	1:19.29	226	1:16.68	19/11/2022	94%	
50m vlinderslag	series	16.	31.99	314	32.05	27/05/2023	100%	
100m vlinderslag	series	11.	1:13.75	271	1:11.99	14/07/2023	95%	
LAMBRECHTS, Ian, 5/08/2008								5
50m vrije slag	series	20.	28.30	361	29.27	27/05/2023	107%	
100m vrije slag	series	22.	1:02.86	362	1:04.96	26/03/2023	107%	
100m rugslag	series	17.	1:13.48	284	1:13.43	27/05/2023	100%	
200m rugslag	series	8.	2:34.17	321	2:34.40	29/04/2023	100%	
50m schoolslag	series	9.	35.55	345	34.88	18/02/2023	96%	
100m schoolslag	series	6.	1:15.44	393	1:16.29	30/04/2023	102%	
200m schoolslag	series	5.	2:39.27	429	2:40.76	29/04/2023	102%	
100m vlinderslag	series	10.	1:12.96	280	NT		-	
MEERTS, Xsandy, 23/10/2007								1
50m vrije slag	series	8.	29.06	491	28.73	19/02/2023	98%	
100m vrije slag	series	10.	1:02.04	531	1:02.38	30/12/2022	101%	
200m vrije slag	series	11.	2:16.50	527	2:15.84	13/03/2022	99%	
50m rugslag	series	11.	35.73	352	35.22	15/05/2022	97%	
100m rugslag	series	17.	1:16.90	363	1:16.07	19/02/2023	98%	
50m vlinderslag	series	12.	33.30	392	31.94	19/03/2023	92%	
100m vlinderslag	series	9.	1:18.93	321	NT		-	
SELS, Sofie, 16/06/2010								5
100m vrije slag	series	4.	1:05.46	452	1:07.93	27/05/2023	108%	
200m vrije slag	series	4.	2:24.25	447	2:30.88	19/03/2023	109%	
50m rugslag	series	3.	35.19	369	37.04	23/04/2022	111%	
100m rugslag	series	4.	1:15.37	386	1:16.17	19/02/2023	102%	
50m vlinderslag	series	2.	34.05	367	36.50	19/03/2023	115%	
SNEYERS, Kobe, 6/03/2006								1
50m vrije slag	series	1.	24.35	567	24.12	27/11/2022	98%	
100m vrije slag	series	3.	54.70	550	52.99	30/04/2023	94%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

50m rugslag	series	1.	28.25	479	28.33	20/11/2022	101%	
100m rugslag	series	9.	1:06.71	380	1:01.80	19/11/2022	86%	
50m schoolslag	series	5.	32.10	469	31.83	18/02/2023	98%	
100m schoolslag	series	5.	1:10.92	473	1:09.08	19/03/2023	95%	
SNEYERS, Liam, 24/01/2008								
50m vrije slag	series	3.	25.25	508	25.83	18/02/2023	105%	3
100m vrije slag	series	4.	55.64	523	55.11	27/05/2023	98%	
200m vrije slag	series	7.	2:02.37	535	2:01.43	19/03/2023	98%	
50m rugslag	series	2.	28.55	464	28.71	19/02/2023	101%	
100m rugslag	series	1.	1:00.75	503	1:00.47	27/05/2023	99%	
200m rugslag	series	1.	2:10.35	532	2:09.57	29/04/2023	99%	
100m schoolslag	series	8.	1:16.24	381	1:18.97	19/02/2023	107%	
STAES, Thomas, 1/02/2000								
50m vrije slag	series	6.	24.33	568	NT		-	
100m vrije slag	series	4.	53.28	596	NT		-	
50m vlinderslag	series	3.	25.95	588	NT		-	
100m vlinderslag	series	5.	59.81	509	NT		-	
THIJSBAERT, Nio, 23/01/2013								
400m vrije slag	series	3.	6:14.81	181	7:09.13	8/10/2022	131%	1
VAN BUGGENHOUT, Ishana, 17/11/2010								
400m vrije slag	series	11.	6:14.17	236	NT		-	
50m rugslag	series	14.	43.76	192	43.46	18/02/2023	99%	
100m schoolslag	series	14.	1:36.02	273	1:35.76	18/02/2023	99%	
200m wisselslag	series	16.	3:18.00	233	NT		-	
VAN DOOREN, Ante, 30/10/2006								
50m vrije slag	series	3.	27.50	579	27.42	30/04/2023	99%	1
100m vrije slag	series	1.	58.88	621	58.46	27/05/2023	99%	
200m vrije slag	series	1.	2:07.25	651	2:05.78	19/03/2023	98%	
100m rugslag	series	1.	1:06.86	553	1:10.72	8/01/2023	112%	
100m schoolslag	series	2.	1:12.79	628	1:10.95	27/05/2023	95%	
200m schoolslag	series	1.	2:36.86	631	2:33.07	29/04/2023	95%	
VAN DOOREN, Warre, 16/11/2011								
50m vrije slag	series	9.	32.95	229	34.25	4/06/2023	108%	3
100m vrije slag	series	9.	1:12.32	238	1:14.91	16/07/2023	107%	
100m rugslag	series	4.	1:18.68	231	1:28.01	27/05/2023	125%	
200m rugslag	series	2.	2:52.58	229	NT		-	
VAN EGDOM, Sieb, 16/05/2010								
50m vrije slag	series	9.	31.39	264	NT		-	
50m schoolslag	series	1.	38.78	266	NT		-	
VAN HEUGTEN, Hanne, 29/09/2009								
100m vrije slag	series	1.	58.90	620	59.97	30/12/2022	104%	5
50m rugslag	series	2.	33.60	424	NT		-	
100m rugslag	series	3.	1:12.10	441	1:11.81	19/11/2022	99%	
50m schoolslag	series	1.	36.45	471	38.33	20/11/2022	111%	
100m schoolslag	series	2.	1:18.63	498	1:21.73	19/03/2023	108%	
200m schoolslag	series	2.	2:46.51	527	3:00.02		117%	
100m vlinderslag	series	1.	1:07.79	506	1:06.94	20/11/2022	98%	
400m wisselslag	series	1.	4:59.78	644	5:04.63	13/11/2022	103%	
VAN HEUGTEN, Marie, 15/01/2011								
50m vrije slag	series	5.	31.64	380	32.31	19/02/2023	104%	6
50m rugslag	series	7.	40.10	249	40.65	27/05/2023	103%	
100m rugslag	series	12.	1:25.04	268	1:29.48	28/01/2023	111%	
50m schoolslag	series	5.	41.77	313	42.59	27/05/2023	104%	
200m schoolslag	series	4.	3:15.93	323	3:21.78	7/05/2023	106%	
50m vlinderslag	series	7.	36.44	299	36.30	27/05/2023	99%	
200m wisselslag	series	4.	2:54.74	339	3:03.22	30/12/2022	110%	
VANHAESEBROECK, Marie-Eline, 5/10/2009								
100m vrije slag	series	10.	1:07.28	416	1:08.08	30/04/2023	102%	2
100m schoolslag	series	10.	1:27.56	361	1:32.52	13/03/2022	112%	
100m vlinderslag	series	5.	1:25.79	250	NT		-	
VERDONCK, Fleur, 28/01/2006								
100m schoolslag	series	1.	1:09.88	710	1:09.24	19/02/2022	98%	
50m vlinderslag	series	1.	28.36	635	27.28	18/02/2023	93%	
VERDONCK, Stan, 9/06/2013								
400m vrije slag	series	7.	6:45.11	143	NT		-	
VERMEYLEN, Emiel, 2/04/2008								
50m vrije slag	series	7.	25.93	469	26.49	18/02/2023	104%	3
100m vrije slag	series	8.	57.04	485	56.21	27/05/2023	97%	
200m vrije slag	series	13.	2:07.29	475	2:06.43	19/03/2023	99%	
50m rugslag	series	9.	31.74	338	31.37	27/05/2023	98%	
50m vlinderslag	series	6.	28.30	453	28.63	4/06/2023	102%	
100m vlinderslag	series	4.	1:02.78	440	1:02.73	27/05/2023	100%	
200m vlinderslag	series	3.	2:18.66	457	2:21.80	29/04/2023	105%	
VERVAECKE, Brian, 18/09/2010								
50m vrije slag	series	3.	29.45	320	30.93	27/05/2023	110%	4
100m vrije slag	series	5.	1:06.19	310	1:07.77	16/07/2023	105%	
50m schoolslag	series	4.	41.27	220	42.98	27/05/2023	108%	
50m vlinderslag	series	3.	33.97	262	34.54	4/06/2023	103%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VINGERHOETS, Madelief, 25/03/2009								-
50m vrije slag	series	4.	29.33	477	28.84	27/11/2022	97%	
100m vrije slag	series	4.	1:03.74	489	1:02.83	27/11/2022	97%	
200m vrije slag	series	4.	2:20.58	483	2:19.14	29/04/2023	98%	
50m rugslag	series	5.	34.34	397	33.87	27/05/2023	97%	
50m schoolslag	series	3.	37.27	441	36.75	21/05/2022	97%	
100m schoolslag	series	3.	1:20.42	466	1:19.04	18/02/2023	97%	
200m schoolslag	series	3.	2:55.14	453	2:52.21	20/11/2022	97%	
VRANKEN, Dagmar, 21/08/2008								4
50m vrije slag	series	3.	28.42	525	28.15	27/05/2023	98%	
100m vrije slag	series	1.	1:00.02	586	1:02.11	18/02/2023	107%	
200m vrije slag	series	8.	2:15.12	544	2:14.02	30/07/2023	98%	
50m rugslag	series	2.	31.62	509	32.53	29/07/2023	106%	
100m rugslag	series	9.	1:11.39	454	1:08.40	27/05/2023	92%	
200m rugslag	series	5.	2:29.54	503	2:30.86	28/07/2023	102%	
200m wisselslag	series	3.	2:32.12	514	2:34.10	29/07/2023	103%	
WYNANTS, Ward, 4/12/2010								3
100m vrije slag	series	12.	1:11.99	241	1:12.41	19/02/2023	101%	
50m vlinderslag	series	5.	36.02	220	37.35	19/03/2023	108%	
100m vlinderslag	series	3.	1:23.28	188	1:29.49	18/02/2023	115%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Zwemclub Schoten									28
DE BECKER, Loren, 25/04/2007									2
100m vrije slag	series	15.	1:04.97	462	1:05.33	21/05/2023	101%		
50m rugslag	series	10.	35.12	371	34.59	20/11/2022	97%		
100m schoolslag	series	10.	1:26.61	373	1:28.11	20/11/2022	103%		
DE RIDDER, Sterre, 11/02/2008									2
100m vrije slag	series	18.	1:06.01	441	1:05.94	21/05/2022	100%		
50m rugslag	series	13.	37.20	312	38.56	8/01/2023	107%		
50m vlinderslag	series	15.	34.58	350	34.85	19/11/2022	102%		
DE VOS, Senne, 12/03/2013									1
400m vrije slag	series	8.	7:15.34	115	7:26.25	18/12/2022	105%		
HUYBRIGHS, Tibo, 11/10/2011									1
50m vrije slag	series	11.	36.27	171	38.03	20/11/2022	110%		
200m vrije slag	series	9.	3:09.54	144	2:59.24	21/05/2023	89%		
50m schoolslag	series	5.	54.28	97	52.47	24/04/2022	93%		
LANDA, Luna, 12/03/2010									3
100m vrije slag	series	11.	1:10.93	355	1:15.73	27/05/2023	114%		
50m rugslag	series	9.	40.71	238	41.74	27/05/2023	105%		
100m schoolslag	series	10.	1:31.14	320	1:32.73	19/03/2023	104%		
LAUREYSSENS, Lukas, 5/05/2008									2
200m vrije slag	series	5.	2:01.23	550	2:00.91	19/03/2023	99%		
200m vlinderslag	series	4.	2:19.35	450	2:29.59	30/12/2022	115%		
400m wisselslag	series	1.	4:53.71	510	4:57.52	8/10/2022	103%		
LAVDANITI, Zhulian Xhoi, 17/03/2003									3
50m vrije slag	series	3.	23.76	610	24.46	17/04/2022	106%		
100m rugslag	series	1.	57.60	590	56.52	21/05/2022	96%		
50m schoolslag	series	3.	30.19	564	30.64	8/01/2023	103%		
200m schoolslag	series	1.	2:24.38	576	2:36.03	15/10/2022	117%		
MATHIEU, Jack, 14/12/2007									-
200m vrije slag	series	16.	2:12.05	426	2:06.20	19/03/2023	91%		
200m vlinderslag	series	6.	2:25.57	395	2:23.91	21/05/2023	98%		
400m wisselslag	series	5.	5:15.95	410	5:14.64	18/12/2022	99%		
MORRENS, Jack, 3/01/2009									3
50m vrije slag	series	11.	28.64	348	30.70	20/11/2022	115%		
200m vrije slag	series	9.	2:16.81	383	2:18.24	4/06/2023	102%		
50m schoolslag	series	8.	37.27	300	39.15	27/05/2023	110%		
THEUNISSEN, Jolien, 24/01/2013									1
400m vrije slag	series	3.	7:09.54	156	7:55.98	18/12/2022	123%		
VAN DEN BERGH, Anna, 8/09/2010									1
100m schoolslag	series	6.	1:24.78	397	1:28.06	30/12/2022	108%		
100m vlinderslag	series	5.	1:33.73	191	NT		-		
VAN HOOF, Sara, 23/02/2008									1
100m vrije slag	series	21.	1:07.78	407	1:05.95	18/12/2022	95%		
200m rugslag	series	16.	2:46.65	363	2:46.36	30/12/2022	100%		
100m schoolslag	series	17.	1:33.20	299	1:36.79	21/05/2022	108%		
VAN OSTA, Nomi, 7/11/2005									3
50m rugslag	series	5.	33.17	441	34.25	21/05/2022	107%		
50m vlinderslag	series	3.	30.07	532	31.04	19/11/2022	107%		
200m wisselslag	series	3.	2:30.62	529	2:33.41	17/04/2022	104%		
VERNIERS, Nime, 18/08/2011									3
100m vrije slag	series	8.	1:12.00	339	1:13.18	27/05/2023	103%		
50m rugslag	series	4.	38.95	272	47.11	21/05/2022	146%		
100m schoolslag	series	7.	1:36.05	273	1:49.82	29/05/2022	131%		
VERRET, Julie, 19/04/2012									2
100m vrije slag	series	3.	1:18.70	260	1:22.78	4/06/2023	111%		
50m rugslag	series	2.	42.09	215	NT		-		
100m schoolslag	series	4.	1:44.75	210	1:45.45	21/05/2023	101%		

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

Zwemvereniging Lier								69
DALEMANS, Nel, 5/08/2012								2
100m vrije slag	series	9.	1:29.52	176	1:46.95	5/06/2022	143%	
100m schoolslag	series	5.	1:49.94	182	2:01.13	5/06/2022	121%	
200m wisselslag	series	6.	3:37.64	175	NT		-	
DE BOND, Kim, 25/01/2008								4
50m vrije slag	series	20.	33.15	330	33.23	19/02/2023	100%	
100m vrije slag	series	27.	1:12.58	331	1:12.03	18/02/2023	98%	
200m vrije slag	series	26.	2:40.71	323	2:42.46	19/03/2023	102%	
50m rugslag	series	19.	40.70	238	41.19	18/02/2023	102%	
100m rugslag	series	23.	1:28.85	235	1:27.17	14/05/2023	96%	
100m schoolslag	series	16.	1:31.99	311	1:31.87	14/05/2023	100%	
200m schoolslag	series	11.	3:22.69	292	NT		-	
200m wisselslag	series	15.	3:00.48	307	3:02.86	14/01/2023	103%	
DE BOO, Helge, 17/01/2008								5
50m vrije slag	series	19.	32.44	353	33.86	27/05/2023	109%	
100m vrije slag	series	25.	1:09.74	374	1:11.71		106%	
200m vrije slag	series	22.	2:32.35	379	2:39.99	19/03/2023	110%	
50m rugslag	series	18.	39.52	260	40.23	27/05/2023	104%	
100m rugslag	series	22.	1:23.68	282	1:25.07	18/12/2022	103%	
100m schoolslag	series	19.	1:45.62	205	1:45.01	15/07/2023	99%	
200m schoolslag	series	13.	3:40.88	226	NT		-	
DE WEERDT, Bent, 24/02/2013								-
400m vrije slag	series	4.	6:16.18	179	NT		-	
200m wisselslag	series	4.	3:28.01	146	NT		-	
HUBERLAND, Lore, 11/11/2008								3
50m vrije slag	series	15.	30.38	429	30.84	19/02/2023	103%	
100m vrije slag	series	23.	1:08.46	395	1:06.75	18/02/2023	95%	
200m vrije slag	series	21.	2:29.67	400	2:29.73	19/03/2023	100%	
50m rugslag	series	16.	38.09	291	36.25	18/02/2023	91%	
100m rugslag	series	21.	1:21.88	301	1:20.21	14/05/2023	96%	
100m schoolslag	series	13.	1:29.58	337	1:30.46	20/11/2022	102%	
200m schoolslag	series	9.	3:19.92	304	NT		-	
JACOB, Mei-Jun, 15/01/2005								2
50m vrije slag	series	6.	29.29	479	29.04	9/01/2022	98%	
100m vrije slag	series	7.	1:03.21	502	1:02.95	14/05/2023	99%	
100m schoolslag	series	8.	1:25.07	393	1:26.07	19/03/2023	102%	
200m schoolslag	series	5.	3:08.44	364	NT		-	
200m wisselslag	series	6.	2:40.75	435	2:44.92	8/04/2022	105%	
JACOB, Qingkun, 5/11/2010								7
50m vrije slag	series	10.	31.42	264	32.33	16/04/2023	106%	
100m vrije slag	series	11.	1:11.96	241	1:12.08	16/07/2023	100%	
200m vrije slag	series	12.	2:36.84	254	2:37.96	15/07/2023	101%	
50m rugslag	series	3.	36.83	216	37.97	19/02/2023	106%	
100m rugslag	series	8.	1:20.98	212	1:22.74	14/05/2023	104%	
100m schoolslag	series	2.	1:22.56	300	1:26.56	19/02/2023	110%	
200m schoolslag	series	2.	2:57.25	311	3:05.87	22/07/2023	110%	
JACOBS, Lotte, 11/08/2009								1
50m vrije slag	series	8.	31.53	384	30.97	19/02/2023	96%	
100m vrije slag	series	11.	1:09.39	379	1:07.68	18/02/2023	95%	
100m schoolslag	series	12.	1:30.31	329	1:31.82	18/02/2023	103%	
200m wisselslag	series	8.	2:53.13	348	2:50.89	16/07/2023	97%	
JANSSENS, Tijs, 15/01/2010								3
50m vrije slag	series	4.	29.72	312	30.66	18/02/2023	106%	
100m vrije slag	series	6.	1:06.98	300	1:04.48	27/05/2023	93%	
200m vrije slag	series	4.	2:20.23	355	2:25.40	15/07/2023	108%	
50m rugslag	series	2.	35.92	233	35.82	27/05/2023	99%	
100m rugslag	series	4.	1:14.09	277	1:13.56	14/05/2023	99%	
100m schoolslag	series	18.	1:38.76	175	1:31.63	27/05/2023	86%	
200m schoolslag	series	11.	3:27.62	193	3:27.96	14/01/2023	100%	
KEKEÇ, Samir, 5/02/2009								3
50m vrije slag	series	22.	30.94	276	30.60	27/05/2023	98%	
100m vrije slag	series	19.	1:07.86	288	1:07.17	16/07/2023	98%	
200m vrije slag	series	16.	2:26.61	311	2:27.29	15/07/2023	101%	
50m rugslag	series	10.	38.12	195	38.55	27/05/2023	102%	
100m rugslag	series	20.	1:20.00	220	1:21.29	14/05/2023	103%	
100m schoolslag	series	11.	1:28.96	239	1:27.54	27/05/2023	97%	
200m schoolslag	series	11.	3:11.59	246	NT		-	
200m wisselslag	series	12.	2:48.42	275	2:47.94	14/01/2023	99%	
LEMBRECHTS, Sophie, 14/02/2010								5
50m vrije slag	series	6.	30.96	406	31.19	19/02/2023	101%	
100m vrije slag	series	10.	1:10.85	356	1:09.92	18/02/2023	97%	
200m vrije slag	series	9.	2:32.14	381	2:33.53	19/03/2023	102%	
50m rugslag	series	2.	34.78	382	35.26	18/02/2023	103%	
100m rugslag	series	8.	1:18.48	342	1:18.10	19/02/2023	99%	
100m schoolslag	series	7.	1:27.62	360	1:26.16	19/03/2023	97%	
200m schoolslag	series	5.	3:12.32	342	3:14.68	14/01/2023	102%	
200m wisselslag	series	9.	2:56.01	331	2:58.43	16/07/2023	103%	

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

MERTENS, Gerben, 5/05/2011							6
50m vrije slag	series	7.	32.41	240	34.09	20/11/2022	111%
100m vrije slag	series	7.	1:11.00	251	1:12.11	14/05/2023	103%
200m vrije slag	series	8.	2:33.11	273	2:41.31	19/03/2023	111%
50m rugslag	series	7.	40.45	163	39.32	19/02/2023	94%
100m rugslag	series	9.	1:25.80	178	1:23.59	14/05/2023	95%
100m schoolslag	series	2.	1:24.01	284	1:29.26	23/07/2023	113%
200m schoolslag	series	4.	3:08.75	257	3:13.78	14/01/2023	105%
200m wisselslag	series	4.	2:51.79	259	2:55.10	14/05/2023	104%
SCHELLEMANS, Charlotte, 14/03/2010							2
50m vrije slag	series	5.	30.54	423	30.70	27/05/2023	101%
100m vrije slag	series	7.	1:08.40	396	1:06.26	18/02/2023	94%
200m vrije slag	series	5.	2:25.83	432	2:22.97	14/05/2023	96%
50m rugslag	series	4.	35.89	348	37.46	20/11/2022	109%
100m rugslag	series	6.	1:17.67	352	1:15.51	14/05/2023	95%
100m schoolslag	series	12.	1:32.00	311	1:29.16	20/11/2022	94%
200m schoolslag	series	7.	3:12.84	339	3:09.33	14/01/2023	96%
200m wisselslag	series	7.	2:49.92	368	2:45.45	14/05/2023	95%
SLAETS, Caz, 8/03/2009							-
50m vrije slag	series	23.	34.54	198	NT	-	-
100m vrije slag	series	22.	1:20.57	172	NT	-	-
200m vrije slag	series	19.	2:57.04	176	NT	-	-
50m rugslag	series	11.	43.69	129	NT	-	-
100m rugslag	series	21.	1:37.12	123	NT	-	-
100m schoolslag	series	12.	1:34.33	201	NT	-	-
200m schoolslag	series	14.	3:27.29	194	NT	-	-
200m wisselslag	series	14.	3:23.67	155	NT	-	-
STEFANOVA, Gabriela, 16/07/2009							2
50m vrije slag	series	12.	35.58	267	35.56	27/05/2023	100%
100m vrije slag	series	19.	1:21.82	231	1:17.98	16/07/2023	91%
200m vrije slag	series	18.	2:51.35	266	2:50.31	19/03/2023	99%
50m rugslag	series	16.	42.11	215	40.56	27/05/2023	93%
100m rugslag	series	19.	1:31.24	217	1:28.99	14/05/2023	95%
100m schoolslag	series	19.	1:48.48	189	1:44.51	14/05/2023	93%
200m schoolslag	series	10.	3:46.48	209	3:47.44	14/01/2023	101%
200m wisselslag	series	13.	3:19.28	228	3:35.40	15/10/2022	117%
STEFANOVA, Silvia, 14/08/2007							1
50m vrije slag	series	23.	35.28	274	35.53	20/11/2022	101%
100m vrije slag	series	30.	1:19.97	248	1:19.39	18/02/2023	99%
200m vrije slag	series	27.	2:53.87	255	2:51.47	19/03/2023	97%
50m rugslag	series	22.	43.21	199	41.59	18/02/2023	93%
100m rugslag	series	26.	1:33.25	203	1:29.98	18/12/2022	93%
100m schoolslag	series	18.	1:41.16	234	1:36.20	27/05/2023	90%
200m schoolslag	series	12.	3:36.22	241	3:34.66	14/05/2023	99%
200m wisselslag	series	16.	3:25.17	209	3:16.18	14/01/2023	91%
VAN REETH, Lieze, 10/02/2011							1
50m vrije slag	series	11.	33.93	308	33.84	16/04/2023	99%
100m vrije slag	series	9.	1:14.72	304	1:12.77	16/07/2023	95%
200m vrije slag	series	11.	2:40.80	322	2:40.74	19/03/2023	100%
50m rugslag	series	8.	40.83	236	40.68	18/02/2023	99%
100m rugslag	series	17.	1:27.57	246	1:23.57	14/05/2023	91%
100m schoolslag	series	9.	1:40.04	242	1:37.05	15/07/2023	94%
200m schoolslag	series	8.	3:26.96	274	3:31.21	14/01/2023	104%
200m wisselslag	series	10.	3:04.27	289	2:58.20	14/05/2023	94%
VERDOOD, Pip, 3/05/2011							7
50m vrije slag	series	4.	31.58	382	31.69	20/11/2022	101%
100m vrije slag	series	5.	1:09.10	384	1:09.00	23/07/2023	100%
200m vrije slag	series	7.	2:32.97	374	2:39.86	15/04/2023	109%
50m rugslag	series	1.	37.92	295	39.22	20/11/2022	107%
100m rugslag	series	8.	1:22.45	295	1:23.91	14/05/2023	104%
100m schoolslag	series	8.	1:38.23	255	1:39.42	21/05/2022	102%
200m schoolslag	series	9.	3:34.37	247	3:37.01	14/01/2023	102%
200m wisselslag	series	8.	2:59.30	313	3:02.11	15/07/2023	103%
VERHOEVEN, Liese, 6/12/2009							-
100m vrije slag	series	20.	1:28.76	181	NT	-	-
50m rugslag	series	17.	45.52	170	NT	-	-
100m schoolslag	series	18.	1:40.99	235	NT	-	-
200m wisselslag	series	14.	3:39.69	170	NT	-	-
VERMAELEN, Miya, 22/03/2012							3
50m vrije slag	series	4.	35.51	269	35.31	27/05/2023	99%
100m vrije slag	series	4.	1:21.14	237	1:16.90	16/07/2023	90%
200m vrije slag	series	4.	2:50.10	272	2:54.50	15/04/2023	105%
50m rugslag	series	3.	43.82	191	44.75	18/02/2023	104%
100m rugslag	series	4.	1:30.05	226	1:32.08	16/07/2023	105%
100m schoolslag	series	3.	1:38.54	253	1:36.39	19/11/2022	96%
200m schoolslag	series	2.	3:26.97	274	3:26.53	14/01/2023	100%
200m wisselslag	series	3.	3:11.88	256	3:07.17	21/07/2023	95%

Provinciaal kampioenschap Antwerpen
Mol, 14 - 15/10/2023

VOLDERS, Arne, 27/11/2010								8
50m vrije slag	series	1.	27.94	375	28.99	27/05/2023	108%	
100m vrije slag	series	1.	1:01.58	386	1:02.17	22/07/2023	102%	
200m vrije slag	series	2.	2:14.52	403	2:16.89	21/07/2023	104%	
50m rugslag	series	1.	33.21	295	35.99	15/04/2023	117%	
100m rugslag	series	2.	1:11.50	308	1:12.79	27/05/2023	104%	
100m schoolslag	series	1.	1:21.79	308	1:23.94	14/05/2023	105%	
200m schoolslag	series	1.	2:53.50	332	3:02.62	22/07/2023	111%	
200m wisselslag	series	1.	2:33.02	367	2:36.00	22/07/2023	104%	
WIJSGEER, Viktor, 8/05/2010								4
50m vrije slag	series	15.	33.74	213	34.02	18/02/2023	102%	
100m vrije slag	series	18.	1:13.47	227	1:14.53	19/02/2023	103%	
200m vrije slag	series	13.	2:40.54	237	2:40.09	19/03/2023	99%	
50m rugslag	series	8.	40.71	160	40.39	19/02/2023	98%	
100m schoolslag	series	8.	1:31.48	220	1:36.88	27/05/2023	112%	
200m schoolslag	series	5.	3:15.50	232	3:25.54	15/07/2023	111%	
200m wisselslag	series	9.	3:03.98	211	NT		-	