Programmanr. 7 | Heren, 400m vrije slag | open leeftijdsgroep
06/11/2026 - 10:46 | Resultaten Voorronde

Punten: AQUA 2026

Rang																		
								Inschr.			Tijd	Pnt						
1.	Nies Martijn						200902095		3:55.00		**3:52.14**	764		A				
	50m:	26.21	26.21	150m:	1:24.24	29.32	250m:	2:22.97	29.24	350m:	3:22.43	30.01						
	100m:	54.92	28.71	200m:	1:53.73	29.49	300m:	2:52.42	29.45	400m:	3:52.14	29.71						
2.	Laviolette Simon						SCR/148808/08		3:43.97		**3:57.93**	709		A				
	50m:	25.94	25.94	150m:	1:25.84	30.25	250m:	2:26.19	29.55	350m:	3:28.98	32.55						
	100m:	55.59	29.65	200m:	1:56.64	30.80	300m:	2:56.43	30.24	400m:	3:57.93	28.95						
3.	Waerniers Bere						TZT/11117/08		3:52.25		**3:58.12**	708		A				
	50m:	26.74	26.74	150m:	1:26.90	30.27	250m:	2:27.34	29.79	350m:	3:29.11	32.07						
	100m:	56.63	29.89	200m:	1:57.55	30.65	300m:	2:57.04	29.70	400m:	3:58.12	29.01						
4.	Buttarelli Claudio						SCR/014592/09		3:50.20		**4:00.64**	686		A				
	50m:	27.08	27.08	150m:	1:25.11	29.18	250m:	2:25.71	30.61	350m:	3:28.57	31.77						
	100m:	55.93	28.85	200m:	1:55.10	29.99	300m:	2:56.80	31.09	400m:	4:00.64	32.07						
5.	Kindt Levi						BRABO/11588/07		3:58.07		**4:03.47**	662		A				
	50m:	26.00	26.00	150m:	1:27.28	30.91	250m:	2:29.84	31.23	350m:	3:32.73	31.42						
	100m:	56.37	30.37	200m:	1:58.61	31.33	300m:	3:01.31	31.47	400m:	4:03.47	30.74						
6.	Kopriva Ilio						DBT/11016/06		4:01.18		**4:04.48**	654		A				
	50m:	27.13	27.13	150m:	1:27.51	30.62	250m:	2:29.62	31.13	350m:	3:33.70	32.19						
	100m:	56.89	29.76	200m:	1:58.49	30.98	300m:	3:01.51	31.89	400m:	4:04.48	30.78						
7.	Volckaert Matthias						ZIOS/11067/08		4:13.05		**4:13.64**	585		A				
	50m:	27.99	27.99	150m:	1:31.52	32.26	250m:	2:36.57	32.34	350m:	3:41.83	32.57						
	100m:	59.26	31.27	200m:	2:04.23	32.71	300m:	3:09.26	32.69	400m:	4:13.64	31.81						
8.	Dehaene Jule						ISWIM/11069/09		4:18.13		**4:17.14**	562		A				
	50m:	28.94	28.94	150m:	1:33.92	32.72	250m:	2:39.31	32.72	350m:	3:45.53	33.41						
	100m:	1:01.20	32.26	200m:	2:06.59	32.67	300m:	3:12.12	32.81	400m:	4:17.14	31.61						
9.	Verheyden Vinz						FIRST/11242/09		4:12.08		**4:17.68**	558		B				
	50m:	28.71	28.71	150m:	1:32.32	32.32	250m:	2:37.87	32.83	350m:	3:44.79	33.54						
	100m:	1:00.00	31.29	200m:	2:05.04	32.72	300m:	3:11.25	33.38	400m:	4:17.68	32.89						
10.	Claeskens Milan						DBT/11091/06		4:15.77		**4:18.17**	555		B				
	50m:	28.37	28.37	150m:	1:33.14	32.83	250m:	2:39.16	33.38	350m:	3:46.26	33.60						
	100m:	1:00.31	31.94	200m:	2:05.78	32.64	300m:	3:12.66	33.50	400m:	4:18.17	31.91						
11.	Kockx Henri						MEGA/11104/06		4:18.56		**4:21.60**	534		B				
	50m:	29.91	29.91	150m:	1:34.69	32.58	250m:	2:41.20	33.44	350m:	3:48.61	33.88						
	100m:	1:02.11	32.20	200m:	2:07.76	33.07	300m:	3:14.73	33.53	400m:	4:21.60	32.99						