Programmanr. 4 | Dames, 400m wisselslag | open leeftijdsgroep
06/11/2026 - 17:27 | Resultaten Finale

Punten: AQUA 2026

Rang			Inschr.	Tijd	Pnt
Finale A					
1.	De Bont Sam	TSZ/21105/08	4:55.18	**4:51.11**	675
	50m: 30.60 30.60 150m: 1:45.58 38.98 250m: 3:04.54 41.03 350m: 4:18.84 32.98				
	100m: 1:06.60 36.00 200m: 2:23.51 37.93 300m: 3:45.86 41.32 400m: 4:51.11 32.27				
2.	Debecker Charlotte	DMI/21010/08	5:05.59	**4:57.54**	633
	50m: 32.50 32.50 150m: 1:46.64 36.91 250m: 3:05.38 41.57 350m: 4:23.31 35.10				
	100m: 1:09.73 37.23 200m: 2:23.81 37.17 300m: 3:48.21 42.83 400m: 4:57.54 34.23				
3.	Vertessen Fran	DBT/21114/09	5:08.29	**4:59.81**	618
	50m: 31.61 31.61 150m: 1:47.85 39.85 250m: 3:08.66 41.53 350m: 4:26.36 35.42				
	100m: 1:08.00 36.39 200m: 2:27.13 39.28 300m: 3:50.94 42.28 400m: 4:59.81 33.45				
4.	Graham Jil	HOZT/21085/06	5:14.82	**5:08.24**	569
	50m: 32.67 32.67 150m: 1:49.35 38.38 250m: 3:12.94 45.58 350m: 4:33.71 35.11				
	100m: 1:10.97 38.30 200m: 2:27.36 38.01 300m: 3:58.60 45.66 400m: 5:08.24 34.53				
5.	Theuwis Rune	DMB/21174/02	5:25.28	**5:21.39**	502
	50m: 34.40 34.40 150m: 1:58.01 41.95 250m: 3:24.41 45.00 350m: 4:46.21 36.33				
	100m: 1:16.06 41.66 200m: 2:39.41 41.40 300m: 4:09.88 45.47 400m: 5:21.39 35.18				
dis	Van Looy Anke	HZA/21029/06	5:23.60		
	10.2.1 - Niet de volledige afstand gezwommen				