Programmanr. 4 | Dames, 400m wisselslag | open leeftijdsgroep
06/11/2026 - 10:20 | Resultaten Voorronde

Punten: AQUA 2026

Rang		Inschr.	Tijd	Pnt	
1.	Dumont Sarah	4:38.70	**4:39.45**	764	A
	50m: 29.30 29.30 150m: 1:38.19 35.66 250m: 2:54.68 41.31 350m: 4:08.27 31.88				
	100m: 1:02.53 33.23 200m: 2:13.37 35.18 300m: 3:36.39 41.71 400m: 4:39.45 31.18				
2.	De Bont Sam TSZ/21105/08	5:00.49	**4:55.18**	648	A
	50m: 31.05 31.05 150m: 1:46.21 39.24 250m: 3:06.19 41.55 350m: 4:22.10 34.19				
	100m: 1:06.97 35.92 200m: 2:24.64 38.43 300m: 3:47.91 41.72 400m: 4:55.18 33.08				
3.	Debecker Charlotte DMI/21010/08	4:55.76	**5:05.59**	584	A
	50m: 31.97 31.97 150m: 1:48.13 38.75 250m: 3:08.86 42.29 350m: 4:30.25 38.28				
	100m: 1:09.38 37.41 200m: 2:26.57 38.44 300m: 3:51.97 43.11 400m: 5:05.59 35.34				
4.	Vertessen Fran DBT/21114/09	5:01.45	**5:08.29**	569	A
	50m: 31.28 31.28 150m: 1:48.16 40.39 250m: 3:10.87 42.71 350m: 4:32.50 37.49				
	100m: 1:07.77 36.49 200m: 2:28.16 40.00 300m: 3:55.01 44.14 400m: 5:08.29 35.79				
5.	Graham Jil HOZT/21085/06	5:19.01	**5:14.82**	534	A
	50m: 31.74 31.74 150m: 1:48.27 38.99 250m: 3:14.57 47.94 350m: 4:38.54 36.69				
	100m: 1:09.28 37.54 200m: 2:26.63 38.36 300m: 4:01.85 47.28 400m: 5:14.82 36.28				
6.	Van Looy Anke HZA/21029/06	5:22.42	**5:23.60**	492	A
	50m: 33.50 33.50 150m: 1:54.73 40.49 250m: 3:20.32 46.69 350m: 4:46.73 39.03				
	100m: 1:14.24 40.74 200m: 2:33.63 38.90 300m: 4:07.70 47.38 400m: 5:23.60 36.87				
7.	Weytjens Amber DMB/21071/08	5:23.28	**5:24.34**	488	A
	50m: 35.28 35.28 150m: 1:57.25 40.43 250m: 3:24.21 47.99 350m: 4:49.12 36.78				
	100m: 1:16.82 41.54 200m: 2:36.22 38.97 300m: 4:12.34 48.13 400m: 5:24.34 35.22				
8.	Theuwis Rune DMB/21174/02	5:15.17	**5:25.28**	484	A
	50m: 33.14 33.14 150m: 1:54.23 41.14 250m: 3:20.78 46.58 350m: 4:47.11 38.49				
	100m: 1:13.09 39.95 200m: 2:34.20 39.97 300m: 4:08.62 47.84 400m: 5:25.28 38.17				
9.	Meyer Thyrvi KAZS/21181/09	5:17.13	**5:26.64**	478	B
	50m: 35.85 35.85 150m: 1:57.64 41.29 250m: 3:24.98 46.52 350m: 4:50.26 37.60				
	100m: 1:16.35 40.50 200m: 2:38.46 40.82 300m: 4:12.66 47.68 400m: 5:26.64 36.38				