

Programmanr. 25
 8/02/2025 - 17:00

Dames, 1500m vrije slag

 15 jaar en ouder
 Resultaten

Flemish Record	16:32.28	BONNET, Eva	BZK	Antwerpen	26/02/2017
Belgian Record	16:22.18	PISANE, Alisse	BEL	Edinburgh (GBR)	12/03/2023

EJK 2025 14 - 17: 17:19.06; 18: 17:08.77 / WK 2025 open: 16:24.56

Punten: AQUA 2024

Rang	Geb.	Tijd	Pnt
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15 - 16 jaar

1.	VANDERLINDEN, Siri	09 BEL	LAQUA	LAQUA/21540/09	17:11.97	709
	100m: 1:05.94 1:05.94	500m: 5:43.23 1:09.59	900m: 10:20.83 1:09.41	1300m: 14:57.76 1:08.68		
	200m: 2:15.04 1:09.10	600m: 6:52.66 1:09.43	1000m: 11:30.06 1:09.23	1400m: 16:06.22 1:08.46		
	300m: 3:24.53 1:09.49	700m: 8:01.88 1:09.22	1100m: 12:39.42 1:09.36	1500m: 17:11.97 1:05.75		
	400m: 4:33.64 1:09.11	800m: 9:11.42 1:09.54	1200m: 13:49.08 1:09.66			
2.	MERTENS, Helena	09 BEL	SHARK	SHARK/21146/09	18:30.70	569
	100m: 1:07.92 1:07.92	500m: 6:05.97 1:15.02	900m: 11:04.58 1:14.65	1300m: 16:04.53 1:15.36		
	200m: 2:21.37 1:13.45	600m: 7:20.66 1:14.69	1000m: 12:19.25 1:14.67	1400m: 17:19.80 1:15.27		
	300m: 3:36.15 1:14.78	700m: 8:35.14 1:14.48	1100m: 13:34.20 1:14.95	1500m: 18:30.70 1:10.90		
	400m: 4:50.95 1:14.80	800m: 9:49.93 1:14.79	1200m: 14:49.17 1:14.97			
3.	VAN DEN BREMT, Sarah	10 BEL	AZL	AZL/21085/10	19:12.92	508
	100m: 1:10.13 1:10.13	500m: 6:19.29 1:18.09	900m: 11:30.98 1:17.99	1300m: 16:42.54 1:17.93		
	200m: 2:27.35 1:17.22	600m: 7:37.15 1:17.86	1000m: 12:48.93 1:17.95	1400m: 17:59.51 1:16.97		
	300m: 3:44.08 1:16.73	700m: 8:55.16 1:18.01	1100m: 14:07.08 1:18.15	1500m: 19:12.92 1:13.41		
	400m: 5:01.20 1:17.12	800m: 10:12.99 1:17.83	1200m: 15:24.61 1:17.53			

17 - 18 jaar

1.	NISPEN VAN, Julie	08 NED	OC-Eind	200800290	17:38.44	657
	100m: 1:07.39 1:07.39	500m: 5:53.33 1:11.82	900m: 10:36.99 1:10.75	1300m: 15:20.10 1:10.39		
	200m: 2:18.53 1:11.14	600m: 7:04.43 1:11.10	1000m: 11:47.79 1:10.80	1400m: 16:30.77 1:10.67		
	300m: 3:30.11 1:11.58	700m: 8:15.61 1:11.18	1100m: 12:58.85 1:11.06	1500m: 17:38.44 1:07.67		
	400m: 4:41.51 1:11.40	800m: 9:26.24 1:10.63	1200m: 14:09.71 1:10.86			
2.	DAVID, Ryana	08 BEL	PERRON	PERRON/007973/08	17:39.26	656
	100m: 1:07.91 1:07.91	500m: 5:52.62 1:11.36	900m: 10:36.78 1:10.45	1300m: 15:20.85 1:11.24		
	200m: 2:18.91 1:11.00	600m: 7:03.86 1:11.24	1000m: 11:47.45 1:10.67	1400m: 16:32.11 1:11.26		
	300m: 3:30.24 1:11.33	700m: 8:15.32 1:11.46	1100m: 12:58.31 1:10.86	1500m: 17:39.26 1:07.15		
	400m: 4:41.26 1:11.02	800m: 9:26.33 1:11.01	1200m: 14:09.61 1:11.30			
3.	OP DE BEECK, Elly	07 BEL	BRABO	BRABO/21209/07	19:38.17	476
	100m: 1:10.46 1:10.46	500m: 6:18.10 1:17.97	900m: 11:33.89 1:20.89	1300m: 17:03.29 1:22.20		
	200m: 2:25.72 1:15.26	600m: 7:35.48 1:17.38	1000m: 12:55.28 1:21.39	1400m: 18:22.33 1:19.04		
	300m: 3:43.04 1:17.32	700m: 8:53.90 1:18.42	1100m: 14:17.18 1:21.90	1500m: 19:38.17 1:15.84		
	400m: 5:00.13 1:17.09	800m: 10:13.00 1:19.10	1200m: 15:41.09 1:23.91			

19 jaar en ouder

1.	JOMINET, Lou	05 LUX	SHARKS	7206	17:44.29	646
	100m: 1:06.49 1:06.49	500m: 5:50.49 1:11.56	900m: 10:36.68 1:11.44	1300m: 15:24.04 1:12.12		
	200m: 2:16.84 1:10.35	600m: 7:01.88 1:11.39	1000m: 11:48.17 1:11.49	1400m: 16:35.29 1:11.25		
	300m: 3:27.62 1:10.78	700m: 8:13.66 1:11.78	1100m: 12:59.96 1:11.79	1500m: 17:44.29 1:09.00		
	400m: 4:38.93 1:11.31	800m: 9:25.24 1:11.58	1200m: 14:11.92 1:11.96			