

Programmanr. 14
 8/02/2025 - 9:00

Heren, 400m vrije slag

 open leeftijdsgroep
 Resultaten

Flemish Record	3:50.66	HENDRICKX, Lander	BEST	Antwerpen	24/01/2015
Belgian Record	3:44.61	HENVEAUX, Lucas	BEL	Doha (QAT)	22/04/2023

EJK 2025 14 - 17: 2:58.88; 18: 3:56.51 / EYOF 2025 14 - 15: 4:06.60 / WK 2025 : 3:48.15

Punten: AQUA 2024

Rang	Geb.		Stw		Tijd		Pnt	
15 - 16 jaar								
1.	VAN REMOORTERE, Jas09r	BEL	STW	STW/11172/09	4:12.38	663		
	50m: 28.22	28.22	150m: 1:30.42	31.52	250m: 2:34.91	32.23	350m: 3:40.56	32.76
	100m: 58.90	30.68	200m: 2:02.68	32.26	300m: 3:07.80	32.89	400m: 4:12.38	31.82
2.	BHIJA, Tariq	10 BEL	KWZC	KWZC/11080/10	4:21.99	592		
	50m: 28.96	28.96	150m: 1:34.81	33.76	250m: 2:42.22	33.73	350m: 3:49.96	33.88
	100m: 1:01.05	32.09	200m: 2:08.49	33.68	300m: 3:16.08	33.86	400m: 4:21.99	32.03
3.	LISSENS, Tuur	10 BEL	LAQUA	LAQUA/11393/10	4:22.55	588		
	50m: 29.63	29.63	150m: 1:35.24	33.49	250m: 2:42.45	33.72	350m: 3:50.88	34.44
	100m: 1:01.75	32.12	200m: 2:08.73	33.49	300m: 3:16.44	33.99	400m: 4:22.55	31.67
4.	D'ESPALLIER, Daan	09 BEL	BRABO	BRABO/11287/09	4:22.70	587		
	50m: 29.54	29.54	150m: 1:34.22	32.49	250m: 2:39.90	32.73	350m: 3:48.98	34.49
	100m: 1:01.73	32.19	200m: 2:07.17	32.95	300m: 3:14.49	34.59	400m: 4:22.70	33.72
5.	PATTYN, Lowie	10 BEL	TiMe	TiMe/11027/10	4:23.11	585		
	50m: 30.01	30.01	150m: 1:36.98	33.69	250m: 2:44.64	34.06	350m: 3:51.92	33.51
	100m: 1:03.29	33.28	200m: 2:10.58	33.60	300m: 3:18.41	33.77	400m: 4:23.11	31.19
6.	SEYS, Wout	10 BEL	Iswim	ISWIM/11076/10	4:24.65	574		
	50m: 29.64	29.64	150m: 1:37.81	34.61	250m: 2:46.94	34.39	350m: 3:54.22	32.78
	100m: 1:03.20	33.56	200m: 2:12.55	34.74	300m: 3:21.44	34.50	400m: 4:24.65	30.43
7.	VOLDERS, Arne	10 BEL	BRABO	BRABO/11511/10	4:25.76	567		
	50m: 30.06	30.06	150m: 1:36.83	33.97	250m: 2:44.78	33.80	350m: 3:53.17	33.60
	100m: 1:02.86	32.80	200m: 2:10.98	34.15	300m: 3:19.57	34.79	400m: 4:25.76	32.59
8.	VAN DAELE, Daan	09 BEL	Fast	FAST/11047/09	4:28.13	552		
	50m: 29.58	29.58	150m: 1:35.41	33.66	250m: 2:44.46	34.81	350m: 3:54.95	35.39
	100m: 1:01.75	32.17	200m: 2:09.65	34.24	300m: 3:19.56	35.10	400m: 4:28.13	33.18
9.	KINDT, Liam	10 BEL	Tzt	TZT/11075/10	4:28.20	552		
	50m: 30.07	30.07	150m: 1:36.33	33.77	250m: 2:45.58	34.68	350m: 3:55.54	34.71
	100m: 1:02.56	32.49	200m: 2:10.90	34.57	300m: 3:20.83	35.25	400m: 4:28.20	32.66
10.	VANDEPOEL, Quinten	10 BEL	STZC	STZC/11007/10	4:29.81	542		
	50m: 31.02	31.02	150m: 1:38.17	33.97	250m: 2:46.95	34.48	350m: 3:56.33	34.60
	100m: 1:04.20	33.18	200m: 2:12.47	34.30	300m: 3:21.73	34.78	400m: 4:29.81	33.48
11.	VANDEKERCKHOVE, J.	10 BEL	Tzt	TZT/11115/10	4:30.10	540		
	50m: 30.58	30.58	150m: 1:38.75	34.05	250m: 2:48.01	34.79	350m: 3:58.21	35.14
	100m: 1:04.70	34.12	200m: 2:13.22	34.47	300m: 3:23.07	35.06	400m: 4:30.10	31.89
12.	MICHIELS, Sibe	10 BEL	TSZ	TSZ/11052/10	4:30.33	539		
	50m: 29.89	29.89	150m: 1:38.12	34.20	250m: 2:48.28	35.21	350m: 3:59.06	35.38
	100m: 1:03.92	34.03	200m: 2:13.07	34.95	300m: 3:23.68	35.40	400m: 4:30.33	31.27
13.	GOETHALS, Vince	09 BEL	Stw	STW/11168/09	4:30.68	537		
	50m: 29.38	29.38	150m: 1:37.21	34.31	250m: 2:46.92	34.77	350m: 3:57.12	34.87
	100m: 1:02.90	33.52	200m: 2:12.15	34.94	300m: 3:22.25	35.33	400m: 4:30.68	33.56
14.	BERLAMONT, Daan	10 BEL	LAQUA	LAQUA/11535/10	4:30.89	536		
	50m: 30.96	30.96	150m: 1:40.26	34.69	250m: 2:50.90	35.18	350m: 3:59.76	34.16
	100m: 1:05.57	34.61	200m: 2:15.72	35.46	300m: 3:25.60	34.70	400m: 4:30.89	31.13
15.	VAN DEURSEN, Siebe	09 BEL	MEGA	MEGA/11333/09	4:32.41	527		
	50m: 30.56	30.56	150m: 1:41.35	35.69	250m: 2:52.06	34.81	350m: 4:00.71	33.82
	100m: 1:05.66	35.10	200m: 2:17.25	35.90	300m: 3:26.89	34.83	400m: 4:32.41	31.70

Programmanr. 14, Jongens, 400m vrije slag, 15 - 16 jaar

Rang	Geb.				Tijd				Pnt			
16.	VANDENBERGHE, Simon	09	BEL	Iswim	ISWIM/11070/09				4:33.08	523		
	50m:	29.22	29.22	150m:	1:37.12	34.42	250m:	2:48.11	35.67	350m:	3:58.87	35.25
	100m:	1:02.70	33.48	200m:	2:12.44	35.32	300m:	3:23.62	35.51	400m:	4:33.08	34.21
17.	TUBBE, Xander	09	BEL	STZ	STZ/11003/09				4:35.08	512		
	50m:	29.86	29.86	150m:	1:38.49	34.89	250m:	2:49.26	35.70	350m:	4:00.23	35.36
	100m:	1:03.60	33.74	200m:	2:13.56	35.07	300m:	3:24.87	35.61	400m:	4:35.08	34.85
18.	ROOSEN, Lukas	10	BEL	Pzc	PZC/11077/10				4:36.26	505		
	50m:	31.96	31.96	150m:	1:42.39	35.17	250m:	2:53.53	35.26	350m:	4:03.55	35.04
	100m:	1:07.22	35.26	200m:	2:18.27	35.88	300m:	3:28.51	34.98	400m:	4:36.26	32.71
19.	CORNELIS, Pieter Jan	10	BEL	BRABO	BRABO/11506/10				4:37.23	500		
	50m:	31.46	31.46	150m:	1:40.40	34.78	250m:	2:51.12	35.17	350m:	4:03.64	36.39
	100m:	1:05.62	34.16	200m:	2:15.95	35.55	300m:	3:27.25	36.13	400m:	4:37.23	33.59
20.	VERHEYDEN, Vinz	09	BEL	FIRST	FIRST/11242/09				4:37.46	498		
	50m:	30.49	30.49	150m:	1:38.93	34.83	250m:	2:50.54	36.13	350m:	4:02.81	35.47
	100m:	1:04.10	33.61	200m:	2:14.41	35.48	300m:	3:27.34	36.80	400m:	4:37.46	34.65
21.	CHERRETTÉ, Balder	10	BEL	AST	AST/11056/10				4:37.58	498		
	50m:	30.70	30.70	150m:	1:41.59	36.55	250m:	2:54.25	36.04	350m:	4:04.52	34.84
	100m:	1:05.04	34.34	200m:	2:18.21	36.62	300m:	3:29.68	35.43	400m:	4:37.58	33.06
22.	JANSSENS, Tijs	10	BEL	ZVL	ZVL/11095/10				4:37.81	497		
	50m:	29.78	29.78	150m:	1:38.69	35.19	250m:	2:49.91	35.66	350m:	4:02.71	36.17
	100m:	1:03.50	33.72	200m:	2:14.25	35.56	300m:	3:26.54	36.63	400m:	4:37.81	35.10
23.	VAN HOOFF, Cobe	10	BEL	BEST	BEST/11118/10				4:38.81	491		
	50m:	31.02	31.02	150m:	1:41.10	35.33	250m:	2:52.69	36.12	350m:	4:04.40	35.92
	100m:	1:05.77	34.75	200m:	2:16.57	35.47	300m:	3:28.48	35.79	400m:	4:38.81	34.41
24.	DEHAENE, Jule	09	BEL	Iswim	ISWIM/11069/09				4:38.95	491		
	50m:	29.36	29.36	150m:	1:40.08	35.85	250m:	2:52.01	36.17	350m:	4:03.64	35.52
	100m:	1:04.23	34.87	200m:	2:15.84	35.76	300m:	3:28.12	36.11	400m:	4:38.95	35.31
25.	LOEYS, Ewout	10	BEL	MEGA	MEGA/11352/10				4:39.62	487		
	50m:	32.14	32.14	150m:	1:42.50	35.30	250m:	2:53.71	35.70	350m:	4:04.88	35.81
	100m:	1:07.20	35.06	200m:	2:18.01	35.51	300m:	3:29.07	35.36	400m:	4:39.62	34.74
26.	BOGAERTS, Thijs	09	BEL	MEGA	MEGA/11337/09				4:39.89	486		
	50m:	31.17	31.17	150m:	1:41.75	35.61	250m:	2:53.46	35.90	350m:	4:06.28	36.36
	100m:	1:06.14	34.97	200m:	2:17.56	35.81	300m:	3:29.92	36.46	400m:	4:39.89	33.61
27.	BETTENS, Lucas	10	BEL	Zola	ZOLA/11113/10				4:40.19	484		
	50m:	31.35	31.35	150m:	1:40.64	35.36	250m:	2:53.72	36.53	350m:	4:06.10	36.10
	100m:	1:05.28	33.93	200m:	2:17.19	36.55	300m:	3:30.00	36.28	400m:	4:40.19	34.09
28.	BAERT, Warre	09	BEL	TiMe	TiMe/31031/09				4:40.21	484		
	50m:	30.45	30.45	150m:	1:39.55	35.07	250m:	2:51.67	36.02	350m:	4:04.25	36.14
	100m:	1:04.48	34.03	200m:	2:15.65	36.10	300m:	3:28.11	36.44	400m:	4:40.21	35.96
29.	DECALUWÉ, Georges	09	BEL	ZCT	ZCT/11097/09				4:40.33	483		
	50m:	30.65	30.65	150m:	1:40.25	35.66	250m:	2:52.86	36.78	350m:	4:05.76	36.59
	100m:	1:04.59	33.94	200m:	2:16.08	35.83	300m:	3:29.17	36.31	400m:	4:40.33	34.57
30.	VROMAN, Wout	10	BEL	Sta	STA/11055/10				4:40.88	480		
	50m:	31.35	31.35	150m:	1:40.85	35.61	250m:	2:52.77	35.92	350m:	4:06.12	36.41
	100m:	1:05.24	33.89	200m:	2:16.85	36.00	300m:	3:29.71	36.94	400m:	4:40.88	34.76
31.	VAN BELLE, Simon	09	BEL	MEGA	MEGA/11259/09				4:40.99	480		
	50m:	31.70	31.70	150m:	1:42.21	35.71	250m:	2:53.96	36.10	350m:	4:06.23	36.47
	100m:	1:06.50	34.80	200m:	2:17.86	35.65	300m:	3:29.76	35.80	400m:	4:40.99	34.76
32.	THEUNISSEN, Toon	09	BEL	DBT	DBT/11120/09				4:41.67	476		
	50m:	29.38	29.38	150m:	1:38.91	35.59	250m:	2:52.00	36.40	350m:	4:05.84	36.36
	100m:	1:03.32	33.94	200m:	2:15.60	36.69	300m:	3:29.48	37.48	400m:	4:41.67	35.83

Programmanr. 14, Jongens, 400m vrije slag, 15 - 16 jaar

Rang	Geb.				Tijd	Pnt
33.	AMELOOT, Louiz	10	BEL	MEGA	MEGA/11328/10	4:41.68 476
	50m: 31.45	31.45	150m: 1:40.63	35.23	250m: 2:53.83	36.75
	100m: 1:05.40	33.95	200m: 2:17.08	36.45	300m: 3:30.72	36.89
					350m: 4:07.35	36.63
					400m: 4:41.68	34.33
34.	NOLLET, Seppe	09	BEL	BRABO	BRABO/11248/09	4:41.90 475
	50m: 30.67	30.67	150m: 1:39.53	35.24	250m: 2:52.22	36.48
	100m: 1:04.29	33.62	200m: 2:15.74	36.21	300m: 3:28.83	36.61
					350m: 4:06.16	37.33
					400m: 4:41.90	35.74
35.	ROOVERS, Lucas	09	BEL	KAZS	KAZS/11085/09	4:41.98 475
	50m: 30.83	30.83	150m: 1:41.58	35.75	250m: 2:54.44	36.47
	100m: 1:05.83	35.00	200m: 2:17.97	36.39	300m: 3:31.12	36.68
					350m: 4:07.89	36.77
					400m: 4:41.98	34.09
36.	VAN CAMPFORT, Nicolaï	10	BEL	BRABO	BRABO/11427/10	4:41.99 475
	50m: 30.25	30.25	150m: 1:41.49	36.21	250m: 2:54.88	36.83
	100m: 1:05.28	35.03	200m: 2:18.05	36.56	300m: 3:31.19	36.31
					350m: 4:08.58	37.39
					400m: 4:41.99	33.41
37.	ZOUHRI, Amir	10	BEL	LAQUA	LAQUA/11477/10	4:43.29 468
	50m: 32.16	32.16	150m: 1:44.82	36.71	250m: 2:57.76	36.77
	100m: 1:08.11	35.95	200m: 2:20.99	36.17	300m: 3:34.14	36.38
					350m: 4:10.15	36.01
					400m: 4:43.29	33.14
38.	ESHUIS, Thom	09	BEL	BRABO	BRABO/11294/09	4:44.14 464
	50m: 30.32	30.32	150m: 1:41.37	36.46	250m: 2:55.31	36.56
	100m: 1:04.91	34.59	200m: 2:18.75	37.38	300m: 3:32.61	37.30
					350m: 4:09.03	36.42
					400m: 4:44.14	35.11
39.	GEENS, Dré	09	BEL	ZCT	ZCT/11117/09	4:45.35 458
	50m: 31.03	31.03	150m: 1:42.39	35.94	250m: 2:56.18	36.96
	100m: 1:06.45	35.42	200m: 2:19.22	36.83	300m: 3:33.25	37.07
					350m: 4:10.27	37.02
					400m: 4:45.35	35.08
40.	EVENS, Mats	10	BEL	DMB	DMB/11106/10	4:46.91 451
	50m: 30.99	30.99	150m: 1:41.14	35.74	250m: 2:55.62	37.24
	100m: 1:05.40	34.41	200m: 2:18.38	37.24	300m: 3:33.47	37.85
					350m: 4:10.80	37.33
					400m: 4:46.91	36.11

17 - 18 jaar

1.	CLAERHOUT, Bas	08	BEL	Tzt	TZT/11127/08	4:04.46 729
	50m: 27.29	27.29	150m: 1:27.65	30.36	250m: 2:29.72	31.17
	100m: 57.29	30.00	200m: 1:58.55	30.90	300m: 3:01.69	31.97
					350m: 3:33.55	31.86
					400m: 4:04.46	30.91
2.	SPADEA, Tommaso	08	BEL	LAQUA	LAQUA/11260/08	4:06.52 711
	50m: 27.83	27.83	150m: 1:29.24	30.75	250m: 2:31.38	31.08
	100m: 58.49	30.66	200m: 2:00.30	31.06	300m: 3:02.97	31.59
					350m: 3:34.87	31.90
					400m: 4:06.52	31.65
3.	LOOTS, Bram	07	NED	KZC	200700197	4:06.94 707
	50m: 27.71	27.71	150m: 1:30.73	32.11	250m: 2:34.53	31.72
	100m: 58.62	30.91	200m: 2:02.81	32.08	300m: 3:06.23	31.70
					350m: 3:37.09	30.86
					400m: 4:06.94	29.85
4.	KINDT, Levi	07	BEL	Tzt	TZT/11048/07	4:09.35 687
	50m: 27.80	27.80	150m: 1:30.32	31.71	250m: 2:34.25	32.43
	100m: 58.61	30.81	200m: 2:01.82	31.50	300m: 3:06.82	32.57
					350m: 3:38.86	32.04
					400m: 4:09.35	30.49
5.	LAMMENS, Seppe	07	BEL	BRABO	BRABO/11514/07	4:09.74 684
	50m: 27.82	27.82	150m: 1:30.48	31.70	250m: 2:34.18	31.77
	100m: 58.78	30.96	200m: 2:02.41	31.93	300m: 3:06.23	32.05
					350m: 3:38.47	32.24
					400m: 4:09.74	31.27
6.	VAN EGDOM, Wout	08	BEL	ZN	ZN/11076/08	4:14.05 650
	50m: 28.39	28.39	150m: 1:32.02	32.46	250m: 2:37.30	32.72
	100m: 59.56	31.17	200m: 2:04.58	32.56	300m: 3:09.81	32.51
					350m: 3:42.76	32.95
					400m: 4:14.05	31.29
7.	CLAASSEN, Ilario	07	BEL	AZV	AZV/11045/07	4:16.59 630
	50m: 28.28	28.28	150m: 1:32.33	32.49	250m: 2:37.73	32.18
	100m: 59.84	31.56	200m: 2:05.55	33.22	300m: 3:10.74	33.01
					350m: 3:43.90	33.16
					400m: 4:16.59	32.69
8.	DE SWERDT, Mathias	08	BEL	Trust	TRUST/11081/08	4:22.35 590
	50m: 29.23	29.23	150m: 1:35.26	33.44	250m: 2:42.92	33.07
	100m: 1:01.82	32.59	200m: 2:09.85	34.59	300m: 3:16.93	34.01
					350m: 3:50.42	33.49
					400m: 4:22.35	31.93

Programmanr. 14, Jongens, 400m vrije slag, 17 - 18 jaar

Rang	Geb.				Tijd				Pnt	
9.	PIRLET, Wout	08	BEL	Tzt	TZT/11082/08				4:26.10	565
	50m: 29.65	29.65	150m: 1:37.35	34.30	250m: 2:46.00	34.37	350m: 3:53.74	33.58		
	100m: 1:03.05	33.40	200m: 2:11.63	34.28	300m: 3:20.16	34.16	400m: 4:26.10	32.36		
10.	VOLCKAERT, Matthias	08	BEL	ZIOS	ZIOS/11067/08				4:28.15	552
	50m: 28.95	28.95	150m: 1:35.72	34.30	250m: 2:44.92	34.48	350m: 3:54.78	35.06		
	100m: 1:01.42	32.47	200m: 2:10.44	34.72	300m: 3:19.72	34.80	400m: 4:28.15	33.37		
11.	VERROKEN, Gerben	08	BEL	ZIOS	ZIOS/11130/08				4:30.76	536
	50m: 30.32	30.32	150m: 1:38.64	34.74	250m: 2:48.50	34.64	350m: 3:57.58	34.85		
	100m: 1:03.90	33.58	200m: 2:13.86	35.22	300m: 3:22.73	34.23	400m: 4:30.76	33.18		
12.	VAN DER BORGHT, Flori	08	BEL	ZCT	ZCT/11072/08				4:33.02	523
	50m: 31.32	31.32	150m: 1:40.13	34.90	250m: 2:50.46	35.07	350m: 4:00.23	34.07		
	100m: 1:05.23	33.91	200m: 2:15.39	35.26	300m: 3:26.16	35.70	400m: 4:33.02	32.79		
13.	PERSOONS, Emiel	08	BEL	ZIOS	ZIOS/11078/08				4:36.23	505
	50m: 30.76	30.76	150m: 1:40.43	35.23	250m: 2:51.45	35.50	350m: 4:02.60	35.33		
	100m: 1:05.20	34.44	200m: 2:15.95	35.52	300m: 3:27.27	35.82	400m: 4:36.23	33.63		
14.	BOLLU, Luca	08	BEL	KVZP	KVZP/11050/08				4:36.85	502
	50m: 31.32	31.32	150m: 1:40.66	35.15	250m: 2:51.27	35.26	350m: 4:02.66	35.64		
	100m: 1:05.51	34.19	200m: 2:16.01	35.35	300m: 3:27.02	35.75	400m: 4:36.85	34.19		
15.	RAVELINGIEN, Tibe	08	BEL	BRABO	BRABO/11274/08				4:37.79	497
	50m: 28.82	28.82	150m: 1:36.50	35.08	250m: 2:50.29	36.98	350m: 4:03.04	35.90		
	100m: 1:01.42	32.60	200m: 2:13.31	36.81	300m: 3:27.14	36.85	400m: 4:37.79	34.75		
16.	DE BACKER, Bjorn	07	BEL	ZIOS	ZIOS/11045/07				4:39.32	489
	50m: 31.07	31.07	150m: 1:39.89	35.04	250m: 2:52.30	36.78	350m: 4:05.19	36.25		
	100m: 1:04.85	33.78	200m: 2:15.52	35.63	300m: 3:28.94	36.64	400m: 4:39.32	34.13		
17.	VAN DE GENDER, Wout	08	BEL	Stw	STW/11178/08				4:39.52	488
	50m: 30.42	30.42	150m: 1:39.96	35.61	250m: 2:51.89	35.96	350m: 4:04.97	36.65		
	100m: 1:04.35	33.93	200m: 2:15.93	35.97	300m: 3:28.32	36.43	400m: 4:39.52	34.55		
18.	MATHIEU, Jack	07	BEL	ZS	ZS/11069/07				4:40.09	485
	50m: 29.71	29.71	150m: 1:38.31	34.87	250m: 2:50.54	36.13	350m: 4:04.66	37.52		
	100m: 1:03.44	33.73	200m: 2:14.41	36.10	300m: 3:27.14	36.60	400m: 4:40.09	35.43		
19.	VETS, Siebe	08	BEL	KAZS	KAZS/11065/08				4:40.69	481
	50m: 31.60	31.60	150m: 1:41.38	35.44	250m: 2:53.45	36.32	350m: 4:05.83	36.27		
	100m: 1:05.94	34.34	200m: 2:17.13	35.75	300m: 3:29.56	36.11	400m: 4:40.69	34.86		
20.	CAUDRON, Xibe	08	BEL	ZNA	ZNA/11331/08				4:42.25	474
	50m: 30.82	30.82	150m: 1:40.17	35.46	250m: 2:52.99	36.66	350m: 4:06.43	36.62		
	100m: 1:04.71	33.89	200m: 2:16.33	36.16	300m: 3:29.81	36.82	400m: 4:42.25	35.82		
21.	VANDORPE, Dante	08	BEL	Fast	FAST/11040/08				4:42.79	471
	50m: 30.03	30.03	150m: 1:38.09	34.49	250m: 2:50.81	36.55	350m: 4:05.64	37.52		
	100m: 1:03.60	33.57	200m: 2:14.26	36.17	300m: 3:28.12	37.31	400m: 4:42.79	37.15		

19 jaar en ouder

1.	RYNN, Cormac	05	IRL	NC Limerick					4:00.13	769
	50m: 27.26	27.26	150m: 1:27.11	30.07	250m: 2:28.30	30.42	350m: 3:30.14	30.86		
	100m: 57.04	29.78	200m: 1:57.88	30.77	300m: 2:59.28	30.98	400m: 4:00.13	29.99		
2.	MARSMAN, Koen	05	NED	Team NL	200502763				4:05.87	717
	50m: 27.25	27.25	150m: 1:27.90	30.64	250m: 2:30.54	31.42	350m: 3:34.88	32.43		
	100m: 57.26	30.01	200m: 1:59.12	31.22	300m: 3:02.45	31.91	400m: 4:05.87	30.99		
3.	VANHECKE, Raphaël	06	BEL	LGN	LGN/013252/06				4:05.91	716
	50m: 27.22	27.22	150m: 1:28.63	31.02	250m: 2:32.34	31.86	350m: 3:35.42	30.96		
	100m: 57.61	30.39	200m: 2:00.48	31.85	300m: 3:04.46	32.12	400m: 4:05.91	30.49		

Programmanr. 14, Heren, 400m vrije slag, 19 jaar en ouder

Rang	Geb.				Tijd				Pnt	
4.	SAIVE, Antoine	04	BEL	LGN	LGN/012277/04				4:08.64	693
	50m: 27.63	27.63	150m: 1:29.34	31.04	250m: 2:32.56	31.58	350m: 3:37.11	32.32		
	100m: 58.30	30.67	200m: 2:00.98	31.64	300m: 3:04.79	32.23	400m: 4:08.64	31.53		
5.	MARTENS, Noah	00	BEL	BRABO	BRABO/11222/00				4:09.50	686
	50m: 28.01	28.01	150m: 1:30.44	31.39	250m: 2:33.97	31.87	350m: 3:38.37	31.97		
	100m: 59.05	31.04	200m: 2:02.10	31.66	300m: 3:06.40	32.43	400m: 4:09.50	31.13		
6.	DESMET, Leendert	06	BEL	Tzt	Tzt/31033/06				4:16.37	632
	50m: 29.00	29.00	150m: 1:33.45	32.35	250m: 2:38.95	32.70	350m: 3:44.60	32.83		
	100m: 1:01.10	32.10	200m: 2:06.25	32.80	300m: 3:11.77	32.82	400m: 4:16.37	31.77		
7.	VAN ROOIJ, Lucas	06	NED	Psv	200603943				4:17.80	622
	50m: 28.46	28.46	150m: 1:31.49	32.18	250m: 2:36.93	32.86	350m: 3:44.19	34.04		
	100m: 59.31	30.85	200m: 2:04.07	32.58	300m: 3:10.15	33.22	400m: 4:17.80	33.61		
8.	VANGAMPELAERE, Mila	05	BEL	MEGA	MEGA/11083/05				4:18.71	615
	50m: 29.47	29.47	150m: 1:34.48	32.68	250m: 2:40.34	33.35	350m: 3:47.28	33.58		
	100m: 1:01.80	32.33	200m: 2:06.99	32.51	300m: 3:13.70	33.36	400m: 4:18.71	31.43		
9.	RAES, Senne	06	BEL	BRABO	BRABO/11170/06				4:18.72	615
	50m: 29.06	29.06	150m: 1:34.67	33.44	250m: 2:42.37	33.69	350m: 3:47.46	32.37		
	100m: 1:01.23	32.17	200m: 2:08.68	34.01	300m: 3:15.09	32.72	400m: 4:18.72	31.26		
10.	METZEMAKERS, Noa	06	BEL	BRABO	BRABO/11483/06				4:19.20	612
	50m: 27.61	27.61	150m: 1:32.36	33.28	250m: 2:40.39	34.14	350m: 3:48.24	33.68		
	100m: 59.08	31.47	200m: 2:06.25	33.89	300m: 3:14.56	34.17	400m: 4:19.20	30.96		
11.	VAN DEN HOORN, Jelle	04	BEL	Hzs	Hzs/11342/04				4:21.16	598
	50m: 28.61	28.61	150m: 1:33.19	32.74	250m: 2:40.64	33.86	350m: 3:48.79	33.61		
	100m: 1:00.45	31.84	200m: 2:06.78	33.59	300m: 3:15.18	34.54	400m: 4:21.16	32.37		
12.	REMEIKA, Aikas	05	LTU	LTUA					4:22.25	590
	50m: 29.13	29.13	150m: 1:34.77	33.47	250m: 2:41.62	33.29	350m: 3:49.31	34.21		
	100m: 1:01.30	32.17	200m: 2:08.33	33.56	300m: 3:15.10	33.48	400m: 4:22.25	32.94		
13.	VAN HUMBEECK, Sean	05	BEL	BZK	BZK/11310/05				4:23.23	584
	50m: 29.37	29.37	150m: 1:35.29	33.37	250m: 2:42.85	33.71	350m: 3:49.76	33.38		
	100m: 1:01.92	32.55	200m: 2:09.14	33.85	300m: 3:16.38	33.53	400m: 4:23.23	33.47		
14.	VAN DE SOMPEL, Jarne	04	BEL	Sta	Sta/11010/04				4:23.58	582
	50m: 29.93	29.93	150m: 1:34.84	33.15	250m: 2:42.10	33.86	350m: 3:50.33	34.18		
	100m: 1:01.69	31.76	200m: 2:08.24	33.40	300m: 3:16.15	34.05	400m: 4:23.58	33.25		
15.	BRACKE, Erno	05	BEL	BRABO	BRABO/11311/05				4:24.73	574
	50m: 29.01	29.01	150m: 1:35.66	33.80	250m: 2:43.59	33.74	350m: 3:51.94	34.19		
	100m: 1:01.86	32.85	200m: 2:09.85	34.19	300m: 3:17.75	34.16	400m: 4:24.73	32.79		
16.	DE VISSER, Sam	03	BEL	ZGEEL	ZGEEL/31162/03				4:26.39	563
	50m: 29.97	29.97	150m: 1:36.43	33.74	250m: 2:44.44	34.17	350m: 3:52.92	34.16		
	100m: 1:02.69	32.72	200m: 2:10.27	33.84	300m: 3:18.76	34.32	400m: 4:26.39	33.47		
17.	SCHRAM, Thor	05	BEL	MEGA	MEGA/11071/05				4:29.17	546
	50m: 29.00	29.00	150m: 1:34.56	32.83	250m: 2:43.88	34.73	350m: 3:55.02	35.73		
	100m: 1:01.73	32.73	200m: 2:09.15	34.59	300m: 3:19.29	35.41	400m: 4:29.17	34.15		
18.	VAN GENECHTEN, Sand	03	BEL	LAQUA	LAQUA/11460/03				4:29.78	542
	50m: 30.18	30.18	150m: 1:37.71	33.77	250m: 2:46.26	34.48	350m: 3:55.96	34.56		
	100m: 1:03.94	33.76	200m: 2:11.78	34.07	300m: 3:21.40	35.14	400m: 4:29.78	33.82		
19.	DEBOOSER, Thibaut	04	BEL	Kzk	Kzk/11034/04				4:30.59	537
	50m: 29.11	29.11	150m: 1:35.35	33.61	250m: 2:44.47	34.65	350m: 3:55.77	35.90		
	100m: 1:01.74	32.63	200m: 2:09.82	34.47	300m: 3:19.87	35.40	400m: 4:30.59	34.82		
20.	GOETHALS, Matthis	06	BEL	Sta	Sta/11034/06				4:32.31	527
	50m: 29.47	29.47	150m: 1:35.06	32.83	250m: 2:44.23	34.72	350m: 3:56.36	36.17		
	100m: 1:02.23	32.76	200m: 2:09.51	34.45	300m: 3:20.19	35.96	400m: 4:32.31	35.95		

Programmanr. 14, Heren, 400m vrije slag, 19 jaar en ouder

Rang	Geb.				Tijd				Pnt	
21.	DE CUYPER, Lens	03	BEL	HZA	HZA/11017/03				4:32.44	527
	50m: 30.52	30.52	150m: 1:40.37	35.31	250m: 2:50.50	34.84	350m: 4:00.14	34.59		
	100m: 1:05.06	34.54	200m: 2:15.66	35.29	300m: 3:25.55	35.05	400m: 4:32.44	32.30		

open leeftijdsgroep

1.	RYNN, Cormac	05	IRL	NC Limerick					4:00.13	769
	50m: 27.26	27.26	150m: 1:27.11	30.07	250m: 2:28.30	30.42	350m: 3:30.14	30.86		
	100m: 57.04	29.78	200m: 1:57.88	30.77	300m: 2:59.28	30.98	400m: 4:00.13	29.99		
2.	CLAERHOUT, Bas	08	BEL	Tzt	TZT/11127/08				4:04.46	729
	50m: 27.29	27.29	150m: 1:27.65	30.36	250m: 2:29.72	31.17	350m: 3:33.55	31.86		
	100m: 57.29	30.00	200m: 1:58.55	30.90	300m: 3:01.69	31.97	400m: 4:04.46	30.91		
3.	MARSMAN, Koen	05	NED	Team NL	200502763				4:05.87	717
	50m: 27.25	27.25	150m: 1:27.90	30.64	250m: 2:30.54	31.42	350m: 3:34.88	32.43		
	100m: 57.26	30.01	200m: 1:59.12	31.22	300m: 3:02.45	31.91	400m: 4:05.87	30.99		
4.	VANHECKE, Raphaël	06	BEL	LGN	LGN/013252/06				4:05.91	716
	50m: 27.22	27.22	150m: 1:28.63	31.02	250m: 2:32.34	31.86	350m: 3:35.42	30.96		
	100m: 57.61	30.39	200m: 2:00.48	31.85	300m: 3:04.46	32.12	400m: 4:05.91	30.49		
5.	SPADEA, Tommaso	08	BEL	LAQUA	LAQUA/11260/08				4:06.52	711
	50m: 27.83	27.83	150m: 1:29.24	30.75	250m: 2:31.38	31.08	350m: 3:34.87	31.90		
	100m: 58.49	30.66	200m: 2:00.30	31.06	300m: 3:02.97	31.59	400m: 4:06.52	31.65		
6.	LOOTS, Bram	07	NED	KZC	200700197				4:06.94	707
	50m: 27.71	27.71	150m: 1:30.73	32.11	250m: 2:34.53	31.72	350m: 3:37.09	30.86		
	100m: 58.62	30.91	200m: 2:02.81	32.08	300m: 3:06.23	31.70	400m: 4:06.94	29.85		
7.	SAIVE, Antoine	04	BEL	LGN	LGN/012277/04				4:08.64	693
	50m: 27.63	27.63	150m: 1:29.34	31.04	250m: 2:32.56	31.58	350m: 3:37.11	32.32		
	100m: 58.30	30.67	200m: 2:00.98	31.64	300m: 3:04.79	32.23	400m: 4:08.64	31.53		
8.	KINDT, Levi	07	BEL	Tzt	TZT/11048/07				4:09.35	687
	50m: 27.80	27.80	150m: 1:30.32	31.71	250m: 2:34.25	32.43	350m: 3:38.86	32.04		
	100m: 58.61	30.81	200m: 2:01.82	31.50	300m: 3:06.82	32.57	400m: 4:09.35	30.49		
9.	MARTENS, Noah	00	BEL	BRABO	BRABO/11222/00				4:09.50	686
	50m: 28.01	28.01	150m: 1:30.44	31.39	250m: 2:33.97	31.87	350m: 3:38.37	31.97		
	100m: 59.05	31.04	200m: 2:02.10	31.66	300m: 3:06.40	32.43	400m: 4:09.50	31.13		
10.	LAMMENS, Seppe	07	BEL	BRABO	BRABO/11514/07				4:09.74	684
	50m: 27.82	27.82	150m: 1:30.48	31.70	250m: 2:34.18	31.77	350m: 3:38.47	32.24		
	100m: 58.78	30.96	200m: 2:02.41	31.93	300m: 3:06.23	32.05	400m: 4:09.74	31.27		
11.	VAN REMOORTERE, Jas09r	BEL		Stw	STW/11172/09				4:12.38	663
	50m: 28.22	28.22	150m: 1:30.42	31.52	250m: 2:34.91	32.23	350m: 3:40.56	32.76		
	100m: 58.90	30.68	200m: 2:02.68	32.26	300m: 3:07.80	32.89	400m: 4:12.38	31.82		
12.	VAN EGDOM, Wout	08	BEL	ZN	ZN/11076/08				4:14.05	650
	50m: 28.39	28.39	150m: 1:32.02	32.46	250m: 2:37.30	32.72	350m: 3:42.76	32.95		
	100m: 59.56	31.17	200m: 2:04.58	32.56	300m: 3:09.81	32.51	400m: 4:14.05	31.29		
13.	DESMET, Leendert	06	BEL	Tzt	TZT/31033/06				4:16.37	632
	50m: 29.00	29.00	150m: 1:33.45	32.35	250m: 2:38.95	32.70	350m: 3:44.60	32.83		
	100m: 1:01.10	32.10	200m: 2:06.25	32.80	300m: 3:11.77	32.82	400m: 4:16.37	31.77		
14.	CLAASSEN, Ilario	07	BEL	AZV	AZV/11045/07				4:16.59	630
	50m: 28.28	28.28	150m: 1:32.33	32.49	250m: 2:37.73	32.18	350m: 3:43.90	33.16		
	100m: 59.84	31.56	200m: 2:05.55	33.22	300m: 3:10.74	33.01	400m: 4:16.59	32.69		
15.	VAN ROOIJ, Lucas	06	NED	Psv	200603943				4:17.80	622
	50m: 28.46	28.46	150m: 1:31.49	32.18	250m: 2:36.93	32.86	350m: 3:44.19	34.04		
	100m: 59.31	30.85	200m: 2:04.07	32.58	300m: 3:10.15	33.22	400m: 4:17.80	33.61		

Programmanr. 14, Heren, 400m vrije slag, open leeftijdsgroep

Rang	Geb.				Tijd	Pnt
16.	VANGAMPELAERE, Mila	05	BEL	MEGA	MEGA/11083/05	4:18.71 615
	50m: 29.47	29.47	150m: 1:34.48	32.68	250m: 2:40.34	33.35 350m: 3:47.28 33.58
	100m: 1:01.80	32.33	200m: 2:06.99	32.51	300m: 3:13.70	33.36 400m: 4:18.71 31.43
17.	RAES, Senne	06	BEL	BRABO	BRABO/11170/06	4:18.72 615
	50m: 29.06	29.06	150m: 1:34.67	33.44	250m: 2:42.37	33.69 350m: 3:47.46 32.37
	100m: 1:01.23	32.17	200m: 2:08.68	34.01	300m: 3:15.09	32.72 400m: 4:18.72 31.26
18.	METZEMAKERS, Noa	06	BEL	BRABO	BRABO/11483/06	4:19.20 612
	50m: 27.61	27.61	150m: 1:32.36	33.28	250m: 2:40.39	34.14 350m: 3:48.24 33.68
	100m: 59.08	31.47	200m: 2:06.25	33.89	300m: 3:14.56	34.17 400m: 4:19.20 30.96
19.	VAN DEN HOORN, Jelle	04	BEL	Hzs	HZS/11342/04	4:21.16 598
	50m: 28.61	28.61	150m: 1:33.19	32.74	250m: 2:40.64	33.86 350m: 3:48.79 33.61
	100m: 1:00.45	31.84	200m: 2:06.78	33.59	300m: 3:15.18	34.54 400m: 4:21.16 32.37
20.	BHIJA, Tariq	10	BEL	KWZC	KWZC/11080/10	4:21.99 592
	50m: 28.96	28.96	150m: 1:34.81	33.76	250m: 2:42.22	33.73 350m: 3:49.96 33.88
	100m: 1:01.05	32.09	200m: 2:08.49	33.68	300m: 3:16.08	33.86 400m: 4:21.99 32.03
21.	REMEIKA, Aikas	05	LTU	LTUA		4:22.25 590
	50m: 29.13	29.13	150m: 1:34.77	33.47	250m: 2:41.62	33.29 350m: 3:49.31 34.21
	100m: 1:01.30	32.17	200m: 2:08.33	33.56	300m: 3:15.10	33.48 400m: 4:22.25 32.94
22.	DE SWERDT, Mathias	08	BEL	Trust	TRUST/11081/08	4:22.35 590
	50m: 29.23	29.23	150m: 1:35.26	33.44	250m: 2:42.92	33.07 350m: 3:50.42 33.49
	100m: 1:01.82	32.59	200m: 2:09.85	34.59	300m: 3:16.93	34.01 400m: 4:22.35 31.93
23.	LISSENS, Tuur	10	BEL	LAQUA	LAQUA/11393/10	4:22.55 588
	50m: 29.63	29.63	150m: 1:35.24	33.49	250m: 2:42.45	33.72 350m: 3:50.88 34.44
	100m: 1:01.75	32.12	200m: 2:08.73	33.49	300m: 3:16.44	33.99 400m: 4:22.55 31.67
24.	D'ESPALLIER, Daan	09	BEL	BRABO	BRABO/11287/09	4:22.70 587
	50m: 29.54	29.54	150m: 1:34.22	32.49	250m: 2:39.90	32.73 350m: 3:48.98 34.49
	100m: 1:01.73	32.19	200m: 2:07.17	32.95	300m: 3:14.49	34.59 400m: 4:22.70 33.72
25.	PATTYN, Lowie	10	BEL	TiMe	TiMe/11027/10	4:23.11 585
	50m: 30.01	30.01	150m: 1:36.98	33.69	250m: 2:44.64	34.06 350m: 3:51.92 33.51
	100m: 1:03.29	33.28	200m: 2:10.58	33.60	300m: 3:18.41	33.77 400m: 4:23.11 31.19
26.	VAN HUMBEECK, Sean	05	BEL	BZK	BZK/11310/05	4:23.23 584
	50m: 29.37	29.37	150m: 1:35.29	33.37	250m: 2:42.85	33.71 350m: 3:49.76 33.38
	100m: 1:01.92	32.55	200m: 2:09.14	33.85	300m: 3:16.38	33.53 400m: 4:23.23 33.47
27.	VAN DE SOMPEL, Jarne	04	BEL	Sta	STA/11010/04	4:23.58 582
	50m: 29.93	29.93	150m: 1:34.84	33.15	250m: 2:42.10	33.86 350m: 3:50.33 34.18
	100m: 1:01.69	31.76	200m: 2:08.24	33.40	300m: 3:16.15	34.05 400m: 4:23.58 33.25
28.	SEYS, Wout	10	BEL	Iswim	ISWIM/11076/10	4:24.65 574
	50m: 29.64	29.64	150m: 1:37.81	34.61	250m: 2:46.94	34.39 350m: 3:54.22 32.78
	100m: 1:03.20	33.56	200m: 2:12.55	34.74	300m: 3:21.44	34.50 400m: 4:24.65 30.43
29.	BRACKE, Erno	05	BEL	BRABO	BRABO/11311/05	4:24.73 574
	50m: 29.01	29.01	150m: 1:35.66	33.80	250m: 2:43.59	33.74 350m: 3:51.94 34.19
	100m: 1:01.86	32.85	200m: 2:09.85	34.19	300m: 3:17.75	34.16 400m: 4:24.73 32.79
30.	VOLDERS, Arne	10	BEL	BRABO	BRABO/11511/10	4:25.76 567
	50m: 30.06	30.06	150m: 1:36.83	33.97	250m: 2:44.78	33.80 350m: 3:53.17 33.60
	100m: 1:02.86	32.80	200m: 2:10.98	34.15	300m: 3:19.57	34.79 400m: 4:25.76 32.59
31.	PIRLET, Wout	08	BEL	Tzt	TZT/11082/08	4:26.10 565
	50m: 29.65	29.65	150m: 1:37.35	34.30	250m: 2:46.00	34.37 350m: 3:53.74 33.58
	100m: 1:03.05	33.40	200m: 2:11.63	34.28	300m: 3:20.16	34.16 400m: 4:26.10 32.36
32.	DE VISSER, Sam	03	BEL	ZGEEL	ZGEEL/31162/03	4:26.39 563
	50m: 29.97	29.97	150m: 1:36.43	33.74	250m: 2:44.44	34.17 350m: 3:52.92 34.16
	100m: 1:02.69	32.72	200m: 2:10.27	33.84	300m: 3:18.76	34.32 400m: 4:26.39 33.47

Programmanr. 14, Heren, 400m vrije slag, open leeftijdsgroep

Rang	Geb.				Tijd				Pnt	
33.	VAN DAELE, Daan	09	BEL	Fast	FAST/11047/09				4:28.13	552
	50m: 29.58	29.58	150m: 1:35.41	33.66	250m: 2:44.46	34.81	350m: 3:54.95	35.39		
	100m: 1:01.75	32.17	200m: 2:09.65	34.24	300m: 3:19.56	35.10	400m: 4:28.13	33.18		
34.	VOLCKAERT, Matthias	08	BEL	ZIOS	ZIOS/11067/08				4:28.15	552
	50m: 28.95	28.95	150m: 1:35.72	34.30	250m: 2:44.92	34.48	350m: 3:54.78	35.06		
	100m: 1:01.42	32.47	200m: 2:10.44	34.72	300m: 3:19.72	34.80	400m: 4:28.15	33.37		
35.	KINDT, Liam	10	BEL	Tzt	TZT/11075/10				4:28.20	552
	50m: 30.07	30.07	150m: 1:36.33	33.77	250m: 2:45.58	34.68	350m: 3:55.54	34.71		
	100m: 1:02.56	32.49	200m: 2:10.90	34.57	300m: 3:20.83	35.25	400m: 4:28.20	32.66		
36.	SCHRAM, Thor	05	BEL	MEGA	MEGA/11071/05				4:29.17	546
	50m: 29.00	29.00	150m: 1:34.56	32.83	250m: 2:43.88	34.73	350m: 3:55.02	35.73		
	100m: 1:01.73	32.73	200m: 2:09.15	34.59	300m: 3:19.29	35.41	400m: 4:29.17	34.15		
37.	VAN GENECHTEN, Sand	03	BEL	LAQUA	LAQUA/11460/03				4:29.78	542
	50m: 30.18	30.18	150m: 1:37.71	33.77	250m: 2:46.26	34.48	350m: 3:55.96	34.56		
	100m: 1:03.94	33.76	200m: 2:11.78	34.07	300m: 3:21.40	35.14	400m: 4:29.78	33.82		
38.	VANDEPOEL, Quinten	10	BEL	STZC	STZC/11007/10				4:29.81	542
	50m: 31.02	31.02	150m: 1:38.17	33.97	250m: 2:46.95	34.48	350m: 3:56.33	34.60		
	100m: 1:04.20	33.18	200m: 2:12.47	34.30	300m: 3:21.73	34.78	400m: 4:29.81	33.48		
39.	VANDEKERCKHOVE, J.	10	BEL	Tzt	TZT/11115/10				4:30.10	540
	50m: 30.58	30.58	150m: 1:38.75	34.05	250m: 2:48.01	34.79	350m: 3:58.21	35.14		
	100m: 1:04.70	34.12	200m: 2:13.22	34.47	300m: 3:23.07	35.06	400m: 4:30.10	31.89		
40.	MICHIELS, Sibe	10	BEL	TSZ	TSZ/11052/10				4:30.33	539
	50m: 29.89	29.89	150m: 1:38.12	34.20	250m: 2:48.28	35.21	350m: 3:59.06	35.38		
	100m: 1:03.92	34.03	200m: 2:13.07	34.95	300m: 3:23.68	35.40	400m: 4:30.33	31.27		
41.	DEBOOSER, Thibaut	04	BEL	Kzk	KZK/11034/04				4:30.59	537
	50m: 29.11	29.11	150m: 1:35.35	33.61	250m: 2:44.47	34.65	350m: 3:55.77	35.90		
	100m: 1:01.74	32.63	200m: 2:09.82	34.47	300m: 3:19.87	35.40	400m: 4:30.59	34.82		
42.	GOETHALS, Vince	09	BEL	Stw	STW/11168/09				4:30.68	537
	50m: 29.38	29.38	150m: 1:37.21	34.31	250m: 2:46.92	34.77	350m: 3:57.12	34.87		
	100m: 1:02.90	33.52	200m: 2:12.15	34.94	300m: 3:22.25	35.33	400m: 4:30.68	33.56		
43.	VERROKEN, Gerben	08	BEL	ZIOS	ZIOS/11130/08				4:30.76	536
	50m: 30.32	30.32	150m: 1:38.64	34.74	250m: 2:48.50	34.64	350m: 3:57.58	34.85		
	100m: 1:03.90	33.58	200m: 2:13.86	35.22	300m: 3:22.73	34.23	400m: 4:30.76	33.18		
44.	BERLAMONT, Daan	10	BEL	LAQUA	LAQUA/11535/10				4:30.89	536
	50m: 30.96	30.96	150m: 1:40.26	34.69	250m: 2:50.90	35.18	350m: 3:59.76	34.16		
	100m: 1:05.57	34.61	200m: 2:15.72	35.46	300m: 3:25.60	34.70	400m: 4:30.89	31.13		
45.	GOETHALS, Matthis	06	BEL	Sta	STA/11034/06				4:32.31	527
	50m: 29.47	29.47	150m: 1:35.06	32.83	250m: 2:44.23	34.72	350m: 3:56.36	36.17		
	100m: 1:02.23	32.76	200m: 2:09.51	34.45	300m: 3:20.19	35.96	400m: 4:32.31	35.95		
46.	VAN DEURSEN, Siebe	09	BEL	MEGA	MEGA/11333/09				4:32.41	527
	50m: 30.56	30.56	150m: 1:41.35	35.69	250m: 2:52.06	34.81	350m: 4:00.71	33.82		
	100m: 1:05.66	35.10	200m: 2:17.25	35.90	300m: 3:26.89	34.83	400m: 4:32.41	31.70		
47.	DE CUYPER, Lens	03	BEL	HZA	HZA/11017/03				4:32.44	527
	50m: 30.52	30.52	150m: 1:40.37	35.31	250m: 2:50.50	34.84	350m: 4:00.14	34.59		
	100m: 1:05.06	34.54	200m: 2:15.66	35.29	300m: 3:25.55	35.05	400m: 4:32.44	32.30		
48.	VAN DER BORGHT, Flori	08	BEL	ZCT	ZCT/11072/08				4:33.02	523
	50m: 31.32	31.32	150m: 1:40.13	34.90	250m: 2:50.46	35.07	350m: 4:00.23	34.07		
	100m: 1:05.23	33.91	200m: 2:15.39	35.26	300m: 3:26.16	35.70	400m: 4:33.02	32.79		
49.	VANDEMBERGHE, Simo	09	BEL	Iswim	ISWIM/11070/09				4:33.08	523
	50m: 29.22	29.22	150m: 1:37.12	34.42	250m: 2:48.11	35.67	350m: 3:58.87	35.25		
	100m: 1:02.70	33.48	200m: 2:12.44	35.32	300m: 3:23.62	35.51	400m: 4:33.08	34.21		

Programmanr. 14, Heren, 400m vrije slag, open leeftijdsgroep

Rang	Geb.				Tijd				Pnt	
50.	TUBBE, Xander	09	BEL	STZ	STZ/11003/09				4:35.08	512
	50m: 29.86	29.86	150m: 1:38.49	34.89	250m: 2:49.26	35.70	350m: 4:00.23	35.36		
	100m: 1:03.60	33.74	200m: 2:13.56	35.07	300m: 3:24.87	35.61	400m: 4:35.08	34.85		
51.	PERSOONS, Emiel	08	BEL	ZIOS	ZIOS/11078/08				4:36.23	505
	50m: 30.76	30.76	150m: 1:40.43	35.23	250m: 2:51.45	35.50	350m: 4:02.60	35.33		
	100m: 1:05.20	34.44	200m: 2:15.95	35.52	300m: 3:27.27	35.82	400m: 4:36.23	33.63		
52.	ROOSEN, Lukas	10	BEL	Pzc	PZC/11077/10				4:36.26	505
	50m: 31.96	31.96	150m: 1:42.39	35.17	250m: 2:53.53	35.26	350m: 4:03.55	35.04		
	100m: 1:07.22	35.26	200m: 2:18.27	35.88	300m: 3:28.51	34.98	400m: 4:36.26	32.71		
53.	BOLLU, Luca	08	BEL	KVZP	KVZP/11050/08				4:36.85	502
	50m: 31.32	31.32	150m: 1:40.66	35.15	250m: 2:51.27	35.26	350m: 4:02.66	35.64		
	100m: 1:05.51	34.19	200m: 2:16.01	35.35	300m: 3:27.02	35.75	400m: 4:36.85	34.19		
54.	CORNELIS, Pieter Jan	10	BEL	BRABO	BRABO/11506/10				4:37.23	500
	50m: 31.46	31.46	150m: 1:40.40	34.78	250m: 2:51.12	35.17	350m: 4:03.64	36.39		
	100m: 1:05.62	34.16	200m: 2:15.95	35.55	300m: 3:27.25	36.13	400m: 4:37.23	33.59		
55.	VERHEYDEN, Vinz	09	BEL	FIRST	FIRST/11242/09				4:37.46	498
	50m: 30.49	30.49	150m: 1:38.93	34.83	250m: 2:50.54	36.13	350m: 4:02.81	35.47		
	100m: 1:04.10	33.61	200m: 2:14.41	35.48	300m: 3:27.34	36.80	400m: 4:37.46	34.65		
56.	CHERRETTÉ, Balder	10	BEL	AST	AST/11056/10				4:37.58	498
	50m: 30.70	30.70	150m: 1:41.59	36.55	250m: 2:54.25	36.04	350m: 4:04.52	34.84		
	100m: 1:05.04	34.34	200m: 2:18.21	36.62	300m: 3:29.68	35.43	400m: 4:37.58	33.06		
57.	RAVELINGIEN, Tibe	08	BEL	BRABO	BRABO/11274/08				4:37.79	497
	50m: 28.82	28.82	150m: 1:36.50	35.08	250m: 2:50.29	36.98	350m: 4:03.04	35.90		
	100m: 1:01.42	32.60	200m: 2:13.31	36.81	300m: 3:27.14	36.85	400m: 4:37.79	34.75		
58.	JANSSENS, Tijjs	10	BEL	ZVL	ZVL/11095/10				4:37.81	497
	50m: 29.78	29.78	150m: 1:38.69	35.19	250m: 2:49.91	35.66	350m: 4:02.71	36.17		
	100m: 1:03.50	33.72	200m: 2:14.25	35.56	300m: 3:26.54	36.63	400m: 4:37.81	35.10		
59.	VAN HOOF, Cobe	10	BEL	BEST	BEST/11118/10				4:38.81	491
	50m: 31.02	31.02	150m: 1:41.10	35.33	250m: 2:52.69	36.12	350m: 4:04.40	35.92		
	100m: 1:05.77	34.75	200m: 2:16.57	35.47	300m: 3:28.48	35.79	400m: 4:38.81	34.41		
60.	DEHAENE, Jule	09	BEL	lswim	ISWIM/11069/09				4:38.95	491
	50m: 29.36	29.36	150m: 1:40.08	35.85	250m: 2:52.01	36.17	350m: 4:03.64	35.52		
	100m: 1:04.23	34.87	200m: 2:15.84	35.76	300m: 3:28.12	36.11	400m: 4:38.95	35.31		
61.	DE BACKER, Bjorn	07	BEL	ZIOS	ZIOS/11045/07				4:39.32	489
	50m: 31.07	31.07	150m: 1:39.89	35.04	250m: 2:52.30	36.78	350m: 4:05.19	36.25		
	100m: 1:04.85	33.78	200m: 2:15.52	35.63	300m: 3:28.94	36.64	400m: 4:39.32	34.13		
62.	VAN DE GENDER, Wout	08	BEL	Stw	STW/11178/08				4:39.52	488
	50m: 30.42	30.42	150m: 1:39.96	35.61	250m: 2:51.89	35.96	350m: 4:04.97	36.65		
	100m: 1:04.35	33.93	200m: 2:15.93	35.97	300m: 3:28.32	36.43	400m: 4:39.52	34.55		
63.	LOEYS, Ewout	10	BEL	MEGA	MEGA/11352/10				4:39.62	487
	50m: 32.14	32.14	150m: 1:42.50	35.30	250m: 2:53.71	35.70	350m: 4:04.88	35.81		
	100m: 1:07.20	35.06	200m: 2:18.01	35.51	300m: 3:29.07	35.36	400m: 4:39.62	34.74		
64.	BOGAERTS, Thijs	09	BEL	MEGA	MEGA/11337/09				4:39.89	486
	50m: 31.17	31.17	150m: 1:41.75	35.61	250m: 2:53.46	35.90	350m: 4:06.28	36.36		
	100m: 1:06.14	34.97	200m: 2:17.56	35.81	300m: 3:29.92	36.46	400m: 4:39.89	33.61		
65.	MATHIEU, Jack	07	BEL	ZS	ZS/11069/07				4:40.09	485
	50m: 29.71	29.71	150m: 1:38.31	34.87	250m: 2:50.54	36.13	350m: 4:04.66	37.52		
	100m: 1:03.44	33.73	200m: 2:14.41	36.10	300m: 3:27.14	36.60	400m: 4:40.09	35.43		
66.	BETTENS, Lucas	10	BEL	Zola	ZOLA/11113/10				4:40.19	484
	50m: 31.35	31.35	150m: 1:40.64	35.36	250m: 2:53.72	36.53	350m: 4:06.10	36.10		
	100m: 1:05.28	33.93	200m: 2:17.19	36.55	300m: 3:30.00	36.28	400m: 4:40.19	34.09		

Programmanr. 14, Heren, 400m vrije slag, open leeftijdsgroep

Rang	Geb.				Tijd				Pnt
67.	BAERT, Warre	09	BEL	TiMe		TiMe/31031/09	4:40.21	484	
	50m: 30.45	30.45	150m: 1:39.55	35.07	250m: 2:51.67	36.02	350m: 4:04.25	36.14	
	100m: 1:04.48	34.03	200m: 2:15.65	36.10	300m: 3:28.11	36.44	400m: 4:40.21	35.96	
68.	DECALUWÉ, Georges	09	BEL	ZCT		ZCT/11097/09	4:40.33	483	
	50m: 30.65	30.65	150m: 1:40.25	35.66	250m: 2:52.86	36.78	350m: 4:05.76	36.59	
	100m: 1:04.59	33.94	200m: 2:16.08	35.83	300m: 3:29.17	36.31	400m: 4:40.33	34.57	
69.	VETS, Siebe	08	BEL	KAZS		KAZS/11065/08	4:40.69	481	
	50m: 31.60	31.60	150m: 1:41.38	35.44	250m: 2:53.45	36.32	350m: 4:05.83	36.27	
	100m: 1:05.94	34.34	200m: 2:17.13	35.75	300m: 3:29.56	36.11	400m: 4:40.69	34.86	
70.	VROMAN, Wout	10	BEL	Sta		STA/11055/10	4:40.88	480	
	50m: 31.35	31.35	150m: 1:40.85	35.61	250m: 2:52.77	35.92	350m: 4:06.12	36.41	
	100m: 1:05.24	33.89	200m: 2:16.85	36.00	300m: 3:29.71	36.94	400m: 4:40.88	34.76	
71.	VAN BELLE, Simon	09	BEL	MEGA		MEGA/11259/09	4:40.99	480	
	50m: 31.70	31.70	150m: 1:42.21	35.71	250m: 2:53.96	36.10	350m: 4:06.23	36.47	
	100m: 1:06.50	34.80	200m: 2:17.86	35.65	300m: 3:29.76	35.80	400m: 4:40.99	34.76	
72.	THEUNISSEN, Toon	09	BEL	DBT		DBT/11120/09	4:41.67	476	
	50m: 29.38	29.38	150m: 1:38.91	35.59	250m: 2:52.00	36.40	350m: 4:05.84	36.36	
	100m: 1:03.32	33.94	200m: 2:15.60	36.69	300m: 3:29.48	37.48	400m: 4:41.67	35.83	
73.	AMELOOT, Louiz	10	BEL	MEGA		MEGA/11328/10	4:41.68	476	
	50m: 31.45	31.45	150m: 1:40.63	35.23	250m: 2:53.83	36.75	350m: 4:07.35	36.63	
	100m: 1:05.40	33.95	200m: 2:17.08	36.45	300m: 3:30.72	36.89	400m: 4:41.68	34.33	
74.	NOLLET, Seppe	09	BEL	BRABO		BRABO/11248/09	4:41.90	475	
	50m: 30.67	30.67	150m: 1:39.53	35.24	250m: 2:52.22	36.48	350m: 4:06.16	37.33	
	100m: 1:04.29	33.62	200m: 2:15.74	36.21	300m: 3:28.83	36.61	400m: 4:41.90	35.74	
75.	ROOVERS, Lucas	09	BEL	KAZS		KAZS/11085/09	4:41.98	475	
	50m: 30.83	30.83	150m: 1:41.58	35.75	250m: 2:54.44	36.47	350m: 4:07.89	36.77	
	100m: 1:05.83	35.00	200m: 2:17.97	36.39	300m: 3:31.12	36.68	400m: 4:41.98	34.09	
76.	VAN CAMPFORT, Nicola	10	BEL	BRABO		BRABO/11427/10	4:41.99	475	
	50m: 30.25	30.25	150m: 1:41.49	36.21	250m: 2:54.88	36.83	350m: 4:08.58	37.39	
	100m: 1:05.28	35.03	200m: 2:18.05	36.56	300m: 3:31.19	36.31	400m: 4:41.99	33.41	
77.	CAUDRON, Xibe	08	BEL	ZNA		ZNA/11331/08	4:42.25	474	
	50m: 30.82	30.82	150m: 1:40.17	35.46	250m: 2:52.99	36.66	350m: 4:06.43	36.62	
	100m: 1:04.71	33.89	200m: 2:16.33	36.16	300m: 3:29.81	36.82	400m: 4:42.25	35.82	
78.	VANDORPE, Dante	08	BEL	Fast		FAST/11040/08	4:42.79	471	
	50m: 30.03	30.03	150m: 1:38.09	34.49	250m: 2:50.81	36.55	350m: 4:05.64	37.52	
	100m: 1:03.60	33.57	200m: 2:14.26	36.17	300m: 3:28.12	37.31	400m: 4:42.79	37.15	
79.	ZOUHRI, Amir	10	BEL	LAQUA		LAQUA/11477/10	4:43.29	468	
	50m: 32.16	32.16	150m: 1:44.82	36.71	250m: 2:57.76	36.77	350m: 4:10.15	36.01	
	100m: 1:08.11	35.95	200m: 2:20.99	36.17	300m: 3:34.14	36.38	400m: 4:43.29	33.14	
80.	ESHUIS, Thom	09	BEL	BRABO		BRABO/11294/09	4:44.14	464	
	50m: 30.32	30.32	150m: 1:41.37	36.46	250m: 2:55.31	36.56	350m: 4:09.03	36.42	
	100m: 1:04.91	34.59	200m: 2:18.75	37.38	300m: 3:32.61	37.30	400m: 4:44.14	35.11	
81.	GEENS, Dré	09	BEL	ZCT		ZCT/11117/09	4:45.35	458	
	50m: 31.03	31.03	150m: 1:42.39	35.94	250m: 2:56.18	36.96	350m: 4:10.27	37.02	
	100m: 1:06.45	35.42	200m: 2:19.22	36.83	300m: 3:33.25	37.07	400m: 4:45.35	35.08	
82.	EVENS, Mats	10	BEL	DMB		DMB/11106/10	4:46.91	451	
	50m: 30.99	30.99	150m: 1:41.14	35.74	250m: 2:55.62	37.24	350m: 4:10.80	37.33	
	100m: 1:05.40	34.41	200m: 2:18.38	37.24	300m: 3:33.47	37.85	400m: 4:46.91	36.11	