

Flanders Swimming Cup 2025
Antwerp, 7 - 9/2/2025

Programmanr. 114
8/02/2025 - 15:51

Jongens, 400m vrije slag

15 - 16 jaar
Resultaten

Flemish Record	3:50.66	HENDRICKX, Lander	BEST	Antwerpen	24/01/2015
Belgian Record	3:44.61	HENVEAUX, Lucas	BEL	Doha (QAT)	22/04/2023

EJK 2025 14 - 17: 2:58.88 / EYOF 2025 14 - 15: 4:06.60 / WK 2025 open: 3:48.15

Punten: AQUA 2024

Rang	Geb.		TiMe		TiMe/11027/10		Tijd	Pnt
1.	PATTYN, Lowie	10 BEL	TiMe		TiMe/11027/10		4:18.03	620
	50m: 29.87	29.87	150m: 1:34.26	32.50	250m: 2:41.78	34.39	350m: 3:47.46	32.29
	100m: 1:01.76	31.89	200m: 2:07.39	33.13	300m: 3:15.17	33.39	400m: 4:18.03	30.57
2.	D'ESPALLIER, Daan	09 BEL	BRABO		BRABO/11287/09		4:20.03	606
	50m: 29.76	29.76	150m: 1:35.54	32.68	250m: 2:41.43	32.55	350m: 3:48.11	33.19
	100m: 1:02.86	33.10	200m: 2:08.88	33.34	300m: 3:14.92	33.49	400m: 4:20.03	31.92
3.	LISSENS, Tuur	10 BEL	LAQUA		LAQUA/11393/10		4:20.06	605
	50m: 29.82	29.82	150m: 1:35.48	32.50	250m: 2:42.31	33.59	350m: 3:48.74	32.87
	100m: 1:02.98	33.16	200m: 2:08.72	33.24	300m: 3:15.87	33.56	400m: 4:20.06	31.32
4.	BHIJA, Tariq	10 BEL	KWZC		KWZC/11080/10		4:22.05	592
	50m: 29.72	29.72	150m: 1:35.67	32.96	250m: 2:42.59	33.40	350m: 3:49.84	33.26
	100m: 1:02.71	32.99	200m: 2:09.19	33.52	300m: 3:16.58	33.99	400m: 4:22.05	32.21
5.	VOLDERS, Arne	10 BEL	BRABO		BRABO/11511/10		4:26.08	565
	50m: 30.01	30.01	150m: 1:36.84	34.00	250m: 2:45.21	34.37	350m: 3:53.84	33.82
	100m: 1:02.84	32.83	200m: 2:10.84	34.00	300m: 3:20.02	34.81	400m: 4:26.08	32.24
6.	KINDT, Liam	10 BEL	Tzt		TZT/11075/10		4:27.00	559
	50m: 30.33	30.33	150m: 1:37.52	33.98	250m: 2:45.85	34.14	350m: 3:54.62	34.19
	100m: 1:03.54	33.21	200m: 2:11.71	34.19	300m: 3:20.43	34.58	400m: 4:27.00	32.38
7.	VAN DAELE, Daan	09 BEL	Fast		FAST/11047/09		4:29.95	541
	50m: 29.57	29.57	150m: 1:36.92	33.69	250m: 2:45.48	34.22	350m: 3:55.66	35.13
	100m: 1:03.23	33.66	200m: 2:11.26	34.34	300m: 3:20.53	35.05	400m: 4:29.95	34.29
8.	SEYS, Wout	10 BEL	Iswim		ISWIM/11076/10		4:34.67	514
	50m: 30.27	30.27	150m: 1:39.37	34.63	250m: 2:48.96	34.33	350m: 4:00.72	35.71
	100m: 1:04.74	34.47	200m: 2:14.63	35.26	300m: 3:25.01	36.05	400m: 4:34.67	33.95