

Programmanr. 104
 7/02/2025 - 16:00

Jongens, 400m wisselslag

 15 - 16 jaar
 Resultaten

Belgian Record	4:16.71	BAUWENS, Ward	BEL	Londen (GBR)	28/07/2012
Flemish Record	4:16.71	BAUWENS, Ward	BRABO	Londen (GBR)	28/07/2012

EJK 2025 14 - 17: 4:28.30 / EYOF 2025 14 - 15: 4:39.97 / WK 2025 open: 4:17.48

Punten: AQUA 2024

Rang	Geb.		Tijd		Pnt
1.	VAN DAELE, Daan	09 BEL	Fast	FAST/11047/09	5:00.09 527
	50m: 31.19 31.19	150m: 1:47.11 38.68	250m: 3:07.03 41.69	350m: 4:26.28 35.63	
	100m: 1:08.43 37.24	200m: 2:25.34 38.23	300m: 3:50.65 43.62	400m: 5:00.09 33.81	
2.	LISSENS, Tuur	10 BEL	LAQUA	LAQUA/11393/10	5:03.49 510
	50m: 30.59 30.59	150m: 1:46.85 40.73	250m: 3:11.58 45.26	350m: 4:31.54 33.15	
	100m: 1:06.12 35.53	200m: 2:26.32 39.47	300m: 3:58.39 46.81	400m: 5:03.49 31.95	
3.	VANDEKERCKHOVE, J.	10 BEL	Tzt	TZT/11115/10	5:05.88 498
	50m: 32.13 32.13	150m: 1:51.98 41.71	250m: 3:14.32 43.61	350m: 4:32.72 34.68	
	100m: 1:10.27 38.14	200m: 2:30.71 38.73	300m: 3:58.04 43.72	400m: 5:05.88 33.16	
4.	VAN HOOFF, Cobe	10 BEL	BEST	BEST/11118/10	5:13.35 463
	50m: 32.95 32.95	150m: 1:53.48 40.75	250m: 3:17.04 43.30	350m: 4:38.74 36.80	
	100m: 1:12.73 39.78	200m: 2:33.74 40.26	300m: 4:01.94 44.90	400m: 5:13.35 34.61	
5.	VANDEPOEL, Quinten	10 BEL	STZC	STZC/11007/10	5:13.41 463
	50m: 33.61 33.61	150m: 1:55.32 41.68	250m: 3:21.01 46.10	350m: 4:40.71 33.52	
	100m: 1:13.64 40.03	200m: 2:34.91 39.59	300m: 4:07.19 46.18	400m: 5:13.41 32.70	