

Programmanr. 101  
 7/02/2025 - 15:51

Meisjes, 400m vrije slag

 15 - 16 jaar  
 Resultaten

Belgian Record	4:06.27	DUMONT, Valentine	BEL	Rome (ITA)	25/06/2023
Flemish Record	4:13.57	GORIS, Lotte	BRABO	Hodzemovasarhely (HUN)	7/07/2016

EJK 2025 14 - 17: 4:20.60 / EYOF 2025 14 - 15: 4:23.60 / WK 2025 open: 4:10.23

Punten: AQUA 2024

Rang	Geb.		Tijd		Pnt	
1.	DESMET, Lieze	10 BEL	Tzt	TZT/21077/10	<b>4:40.34</b> 591	
	50m: 32.80	32.80	150m: 1:43.46	35.49	250m: 2:55.60	35.91
	100m: 1:07.97	35.17	200m: 2:19.69	36.23	300m: 3:31.46	35.86
					350m: 4:06.45	34.99
					400m: 4:40.34	33.89
2.	ZANGARI, Aurora	09 BEL	Gzvn	GZVN/21195/09	<b>4:43.36</b> 573	
	50m: 31.32	31.32	150m: 1:41.80	35.77	250m: 2:55.14	36.58
	100m: 1:06.03	34.71	200m: 2:18.56	36.76	300m: 3:32.19	37.05
					350m: 4:08.29	36.10
					400m: 4:43.36	35.07
3.	GUISSET, Jelle	10 BEL	AST	AST/21057/10	<b>4:43.66</b> 571	
	50m: 31.47	31.47	150m: 1:44.22	37.12	250m: 2:57.59	37.20
	100m: 1:07.10	35.63	200m: 2:20.39	36.17	300m: 3:33.69	36.10
					350m: 4:09.58	35.89
					400m: 4:43.66	34.08
4.	CLAEYS, Ditte	10 BEL	DMI	DMI/21071/10	<b>4:47.37</b> 549	
	50m: 32.12	32.12	150m: 1:43.41	35.96	250m: 2:56.30	36.79
	100m: 1:07.45	35.33	200m: 2:19.51	36.10	300m: 3:33.21	36.91
					350m: 4:10.54	37.33
					400m: 4:47.37	36.83
5.	TEMMERMAN, Elynne	10 BEL	BRABO	BRABO/21394/10	<b>4:48.12</b> 545	
	50m: 30.89	30.89	150m: 1:42.45	36.67	250m: 2:56.66	37.28
	100m: 1:05.78	34.89	200m: 2:19.38	36.93	300m: 3:34.23	37.57
					350m: 4:12.05	37.82
					400m: 4:48.12	36.07
6.	MEYER, Thyri	09 BEL	KAZS	KAZS/21181/09	<b>4:50.94</b> 529	
	50m: 32.83	32.83	150m: 1:46.55	37.44	250m: 3:01.30	37.51
	100m: 1:09.11	36.28	200m: 2:23.79	37.24	300m: 3:38.37	37.07
					350m: 4:15.57	37.20
					400m: 4:50.94	35.37
7.	DELPORTE, Lotte	09 BEL	Stw	STW/21156/09	<b>4:51.54</b> 526	
	50m: 33.99	33.99	150m: 1:46.04	36.43	250m: 3:00.39	37.47
	100m: 1:09.61	35.62	200m: 2:22.92	36.88	300m: 3:38.02	37.63
					350m: 4:15.68	37.66
					400m: 4:51.54	35.86
8.	DE MULDER, Chloë	10 BEL	Sta	STA/21049/10	<b>4:51.67</b> 525	
	50m: 33.65	33.65	150m: 1:46.81	37.00	250m: 3:00.89	37.05
	100m: 1:09.81	36.16	200m: 2:23.84	37.03	300m: 3:38.31	37.42
					350m: 4:15.84	37.53
					400m: 4:51.67	35.83