

Programmanr. 333  
 21/01/2024 - 18:09

 Dames, 400m vrije slag  
 A-Finale

 15 jaar en ouder  
 Resultaten

Flemish Record	4:13.57	Goris Lotte	BRABO	Hodzemovasarhely (HUN)	07/07/2016
Belgian Record	4:06.27	Dumont Valentine	BEL	Rome (ITA)	25/06/2023

EJK 2024 14 - 17: 4:21.78; 18: 4:19.19 / EK 2024 - 19: 4:17.14; 20: 4:15.20; open: 4:14.23 / OS 2024 open: 4:07.90

Punten: FINA 2024

Rang	Geb.						Tijd	Pnt	
1.	Hibbott Holly	99	BPC					<b>4:16.00</b>	777
	50m: 30.05	150m: 1:35.59	250m: 2:39.51	350m: 3:44.31					
	100m: 1:02.58	200m: 2:07.44	300m: 3:12.01	400m: 4:16.00					
2.	Catterson Victoria	01	Swim Ireland					<b>4:18.00</b>	759
	50m: 29.10	150m: 1:34.02	250m: 2:40.20	350m: 3:45.84					
	100m: 1:01.29	200m: 2:07.28	300m: 3:13.27	400m: 4:18.00					
3.	Pisane Alisée	03	Enw	ENW/010649/03				<b>4:18.18</b>	757
	50m: 30.16	150m: 1:35.63	250m: 2:40.56	350m: 3:46.82					
	100m: 1:03.12	200m: 2:08.31	300m: 3:13.90	400m: 4:18.18					
4.	Henveaux Camille	06	LGN	LGN/003458/06				<b>4:18.55</b>	754
	50m: 29.98	150m: 1:36.11	250m: 2:41.67	350m: 3:47.31					
	100m: 1:03.13	200m: 2:09.09	300m: 3:14.66	400m: 4:18.55					
5.	Vanderlinden Siri	09	LAQUA	LAQUA/21540/09				<b>4:22.70</b>	719
	50m: 29.90	150m: 1:35.41	250m: 2:42.79	350m: 3:50.20					
	100m: 1:02.27	200m: 2:09.40	300m: 3:16.85	400m: 4:22.70					
6.	Ravelingien Lana	03	BRABO	BRABO/20066/03				<b>4:23.65</b>	711
	50m: 29.61	150m: 1:36.58	250m: 2:43.89	350m: 3:51.41					
	100m: 1:02.94	200m: 2:10.40	300m: 3:17.88	400m: 4:23.65					
7.	Franquinet Ambre	04	LGN	LGN/011027/04				<b>4:24.00</b>	708
	50m: 30.35	150m: 1:36.99	250m: 2:43.63	350m: 3:50.97					
	100m: 1:03.24	200m: 2:10.27	300m: 3:17.14	400m: 4:24.00					
8.	Michiels Nore	08	TSZ	TSZ/21026/08				<b>4:28.76</b>	671
	50m: 30.04	150m: 1:36.86	250m: 2:45.73	350m: 3:55.68					
	100m: 1:03.25	200m: 2:10.85	300m: 3:20.89	400m: 4:28.76					