

Programmanr. 307  
19/01/2024 - 17:38

Heren, 400m vrije slag  
A-Finale

15 jaar en ouder  
Resultaten

Flemish Record	3:50.66	Hendrickx Lander	BEST	Antwerpen	24/01/2015
Belgian Record	3:46.58	Henveaux Lucas	BEL	Antwerpen	22/04/2023

EJK 2024 14 - 17: 3:59.37; 18: 3:57.00 / EK 2024 - 19: 3:56.10; 20: 3:51.51; open: 3:49.22 / OS 2024 open: 3:46.78

Punten: FINA 2024

Rang			Geb.					Tijd	Pnt
1.	Bird Kieran		99	BPC				<b>3:54.39</b>	827
	50m: 26.35	150m: 1:24.79	250m: 2:25.58	350m: 3:26.65					
	100m: 55.26	200m: 1:55.23	300m: 2:56.52	400m: 3:54.39					
2.	Bagshaw Jeremy		00	National Centre (Limerick)				<b>3:54.79</b>	823
	50m: 27.01	150m: 1:25.50	250m: 2:25.78	350m: 3:26.30					
	100m: 56.13	200m: 1:55.54	300m: 2:56.43	400m: 3:54.79					
3.	Bäschnitt Jarno		05	SGR				<b>3:59.46</b>	776
	50m: 27.20	150m: 1:26.85	250m: 2:28.43	350m: 3:29.59	347752				
	100m: 56.70	200m: 1:57.56	300m: 2:58.98	400m: 3:59.46					
4.	Martens Noah		00	BRABO				<b>4:00.53</b>	765
	50m: 26.48	150m: 1:25.43	250m: 2:26.91	350m: 3:29.94	BRABO/11222/00				
	100m: 55.55	200m: 1:56.20	300m: 2:58.55	400m: 4:00.53					
5.	Courtois Maxime		06	LGN				<b>4:02.00</b>	752
	50m: 27.71	150m: 1:28.51	250m: 2:30.37	350m: 3:32.35	LGN/004360/06				
	100m: 57.64	200m: 1:59.46	300m: 3:01.15	400m: 4:02.00					
6.	Loots Bram		07	KZC				<b>4:02.42</b>	748
	50m: 27.48	150m: 1:28.46	250m: 2:30.68	350m: 3:32.75	200700197				
	100m: 57.34	200m: 1:59.15	300m: 3:02.08	400m: 4:02.42					
7.	Claerhout Bas		08	Tzt				<b>4:06.91</b>	708
	50m: 27.61	150m: 1:28.23	250m: 2:30.61	350m: 3:34.51	TZT/11127/08				
	100m: 57.36	200m: 1:59.25	300m: 3:02.16	400m: 4:06.91					
8.	Gomes Tiago Fonseca		07	PSV				<b>4:11.88</b>	666
	50m: 26.81	150m: 1:27.47	250m: 2:32.59	350m: 3:39.29	200703587				
	100m: 56.55	200m: 2:00.01	300m: 3:06.21	400m: 4:11.88					