

Programmanr. 233
 21/01/2024 - 18:09

 Dames, 400m vrije slag
 B-Finale

 15 jaar en ouder
 Resultaten

Flemish Record	4:13.57	Goris Lotte	BRABO	Hodzemovasarhely (HUN)	07/07/2016
Belgian Record	4:06.27	Dumont Valentine	BEL	Rome (ITA)	25/06/2023

EJK 2024 14 - 17: 4:21.78; 18: 4:19.19 / EK 2024 - 19: 4:17.14; 20: 4:15.20; open: 4:14.23 / OS 2024 open: 4:07.90

Punten: FINA 2024

Rang	Geb.						Tijd	Pnt
1.	Van Heugten Hanne	09 ZN	ZN/21006/09				4:28.40	674
	50m: 31.26	150m: 1:40.03	250m: 2:48.52	350m: 3:56.28				
	100m: 1:05.57	200m: 2:14.04	300m: 3:22.86	400m: 4:28.40				
2.	Vermeylen Jolien	94 KAZS	KAZS/21113/94				4:30.57	658
	50m: 31.73	150m: 1:39.71	250m: 2:48.78	350m: 3:57.73				
	100m: 1:05.53	200m: 2:13.72	300m: 3:23.24	400m: 4:30.57				
3.	Graham Jil	06 HOZT	HOZT/21023/06				4:34.80	628
	50m: 32.15	150m: 1:41.30	250m: 2:50.54	350m: 4:00.61				
	100m: 1:06.55	200m: 2:16.01	300m: 3:25.60	400m: 4:34.80				
4.	Vinck Tine	08 MEGA	MEGA/41315/08				4:35.85	621
	50m: 31.70	150m: 1:42.01	250m: 2:52.57	350m: 4:02.17				
	100m: 1:06.79	200m: 2:17.65	300m: 3:27.81	400m: 4:35.85				
5.	Vansteenkiste Lona	08 MZK	MZK/21082/08				4:40.28	592
	50m: 31.41	150m: 1:40.82	250m: 2:51.99	350m: 4:05.41				
	100m: 1:05.56	200m: 2:16.06	300m: 3:28.85	400m: 4:40.28				
6.	Debecker Charlotte	08 DMI	DMI/21010/08				4:41.23	586
	50m: 31.04	150m: 1:42.35	250m: 2:54.83	350m: 4:07.68				
	100m: 1:06.60	200m: 2:18.63	300m: 3:31.27	400m: 4:41.23				
7.	Van den Eede Lisa	06 AZL	AZL/21050/06				4:42.31	579
	50m: 31.09	150m: 1:42.13	250m: 2:55.41	350m: 4:08.25				
	100m: 1:06.29	200m: 2:18.86	300m: 3:32.01	400m: 4:42.31				
8.	Loones Thuline	00 MEGA	MEGA/21050/00				4:45.63	559
	50m: 32.24	150m: 1:43.46	250m: 2:56.52	350m: 4:10.74				
	100m: 1:07.15	200m: 2:19.64	300m: 3:33.36	400m: 4:45.63				