

Programmanr. 217
20/01/2024 - 17:43

Heren, 400m wisselslag
B-Finale

15 jaar en ouder
Resultaten

Flemish Record	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28/07/2012
Belgian Record	4:16.71	Bauwens Ward	BEL	Londen (GBR)	28/07/2012

EJK 2024 14 - 17: 4:30.51; 18: 4:27.83 / EK 2024 - 19: 4:29.19; 20: 4:22.86; open: 4:19.70 / OS 2024 open: 4:12.50

Punten: FINA 2024

Rang	Geb.						Tijd	Pnt	
1.	Classen Ilario	07	AZV	AZV/11045/07				4:50.21	583
	50m: 27.94	150m: 1:39.05	250m: 2:59.39	350m: 4:16.62					
	100m: 1:00.96	200m: 2:15.84	300m: 3:43.54	400m: 4:50.21					
2.	Ost Ryan	06	HOZT	HOZT/11012/06				4:56.37	547
	50m: 31.00	150m: 1:45.62	250m: 3:04.93	350m: 4:22.69					
	100m: 1:07.78	200m: 2:22.81	300m: 3:47.96	400m: 4:56.37					
3.	Metzemakers Noa	06	BRABO	BRABO/11483/06				5:00.23	526
	50m: 31.35	150m: 1:51.87	250m: 3:13.06	350m: 4:28.17					
	100m: 1:10.38	200m: 2:31.51	300m: 3:53.70	400m: 5:00.23					
4.	Verroken Gerben	08	DDAT	DDAT/11072/08				5:01.34	521
	50m: 31.29	150m: 1:49.36	250m: 3:10.69	350m: 4:29.73					
	100m: 1:10.12	200m: 2:28.30	300m: 3:55.20	400m: 5:01.34					
5.	De Backer Bjorn	07	ZIOS	ZIOS/11045/07				5:02.21	516
	50m: 29.95	150m: 1:46.55	250m: 3:08.85	350m: 4:29.49					
	100m: 1:06.78	200m: 2:25.80	300m: 3:53.22	400m: 5:02.21					
6.	Roobaert Jurre	06	KVZP	KVZP/11024/06				5:04.50	505
	50m: 31.14	150m: 1:47.02	250m: 3:10.13	350m: 4:31.44					
	100m: 1:07.58	200m: 2:25.12	300m: 3:54.80	400m: 5:04.50					
7.	Salomez Haakon	06	Zb	ZB/11033/06				5:10.08	478
	50m: 35.61	150m: 1:59.65	250m: 3:19.74	350m: 4:37.20					
	100m: 1:18.77	200m: 2:39.00	300m: 4:01.72	400m: 5:10.08					
8.	Dries Klaas	07	ZGEEL	ZGEEL/11071/07				5:13.56	462
	50m: 33.76	150m: 1:54.92	250m: 3:19.06	350m: 4:40.05					
	100m: 1:14.42	200m: 2:32.49	300m: 4:04.27	400m: 5:13.56					