

Event 216 15 years and older
20/01/2024 - 17:27 Results
Women, 400m Medley
B-Finale

Flemish Record	4:51.21	Becue Brigitte	BZK	Rome (ITA)	02/06/1995
Belgian Record	4:46.15	Gervy Yseult	BEL	Helsinki (FIN)	03/07/2000

EJK 2024 14 - 17: 4:58.98; 18: 4:56.02 / EK 2024 - 19: 4:52.35; 20: 4:49.66; Open: 4:48.32 / OS 2024 Open: 4:38.53

Points: FINA 2024

Rank	YB		Time				Pts
1.	Rinchon Rachel	08 Enln	ENLN/012798/08				5:10.82 625
	50m: 31.03	150m: 1:47.63	250m: 3:12.58	350m: 4:35.18			
	100m: 1:08.07	200m: 2:27.93	300m: 3:58.97	400m: 5:10.82			
2.	Van den Eede Lisa	06 AZL	AZL/21050/06				5:13.47 610
	50m: 32.11	150m: 1:52.99	250m: 3:18.40	350m: 4:39.54			
	100m: 1:11.16	200m: 2:33.55	300m: 4:03.46	400m: 5:13.47			
3.	Graham Jil	06 HOZT	HOZT/21023/06				5:19.20 577
	50m: 33.50	150m: 1:54.02	250m: 3:21.53	350m: 4:44.95			
	100m: 1:13.69	200m: 2:33.14	300m: 4:10.17	400m: 5:19.20			
4.	Reyniers Lise	09 Stw	STW/21171/09				5:21.71 564
	50m: 34.27	150m: 2:00.36	250m: 3:26.72	350m: 4:47.17			
	100m: 1:16.11	200m: 2:43.12	300m: 4:12.39	400m: 5:21.71			
5.	Vertessen Fran	09 DBT	DBT/21114/09				5:24.70 548
	50m: 33.51	150m: 1:58.41	250m: 3:26.27	350m: 4:50.14			
	100m: 1:13.50	200m: 2:42.02	300m: 4:12.09	400m: 5:24.70			
6.	Verroken Mirte	06 DDAT	DDAT/21023/06				5:29.30 526
	50m: 34.77	150m: 1:59.51	250m: 3:26.71	350m: 4:52.02			
	100m: 1:17.19	200m: 2:40.34	300m: 4:13.43	400m: 5:29.30			
7.	Theuwis Rune	02 DMB	DMB/21174/02				5:31.44 516
	50m: 35.05	150m: 2:00.48	250m: 3:29.46	350m: 4:55.44			
	100m: 1:17.28	200m: 2:42.38	300m: 4:17.27	400m: 5:31.44			
8.	Meyer Thyvri	09 KAZS	KAZS/21181/09				5:34.73 501
	50m: 35.37	150m: 2:01.18	250m: 3:33.61	350m: 4:59.67			
	100m: 1:16.65	200m: 2:44.65	300m: 4:21.99	400m: 5:34.73			