

Programmanr. 207
 19/01/2024 - 17:38

 Heren, 400m vrije slag
 B-Finale

 15 jaar en ouder
 Resultaten

Flemish Record	3:50.66	Hendrickx Lander	BEST	Antwerpen	24/01/2015
Belgian Record	3:46.58	Henveaux Lucas	BEL	Antwerpen	22/04/2023

EJK 2024 14 - 17: 3:59.37; 18: 3:57.00 / EK 2024 - 19: 3:56.10; 20: 3:51.51; open: 3:49.22 / OS 2024 open: 3:46.78

Punten: FINA 2024

Rang	Geb.						Tijd	Pnt
1.	Lammens Seppe	07 Uzcz	UZKZ/11026/07				4:07.71	701
	50m: 27.39	150m: 1:31.54	250m: 2:33.90	350m: 3:37.14				
	100m: 59.50	200m: 2:03.11	300m: 3:05.73	400m: 4:07.71				
2.	Waerniers Bere	08 Tzt	TZT/11117/08				4:12.77	659
	50m: 29.05	150m: 1:33.27	250m: 2:37.70	350m: 3:41.94				
	100m: 1:00.87	200m: 2:05.65	300m: 3:09.96	400m: 4:12.77				
3.	Spadea Tommaso	08 LAQUA	LAQUA/11260/08				4:12.88	659
	50m: 29.22	150m: 1:33.56	250m: 2:38.55	350m: 3:42.76				
	100m: 1:01.08	200m: 2:06.04	300m: 3:10.82	400m: 4:12.88				
4.	Desmet Leendert	06 Tzt	TZT/31033/06				4:14.41	647
	50m: 28.75	150m: 1:33.24	250m: 2:38.16	350m: 3:42.92				
	100m: 1:00.96	200m: 2:05.82	300m: 3:10.61	400m: 4:14.41				
5.	Van Remoortere Jasper	09 Stw	STW/11172/09				4:15.46	639
	50m: 28.70	150m: 1:32.33	250m: 2:37.98	350m: 3:43.93				
	100m: 1:00.10	200m: 2:05.09	300m: 3:10.80	400m: 4:15.46				
6.	Verheye Miel	06 MZK	MZK/11142/06				4:16.18	633
	50m: 28.63	150m: 1:33.73	250m: 2:39.95	350m: 3:45.24				
	100m: 1:00.70	200m: 2:06.89	300m: 3:12.40	400m: 4:16.18				
7.	Raes Senne	06 BRABO	BRABO/11170/06				4:17.92	621
	50m: 28.43	150m: 1:32.80	250m: 2:39.66	350m: 3:46.54				
	100m: 1:00.02	200m: 2:06.10	300m: 3:13.35	400m: 4:17.92				
8.	Goethals Matthis	06 Sta	STA/11034/06				4:19.11	612
	50m: 28.08	150m: 1:32.34	250m: 2:37.64	350m: 3:45.15				
	100m: 59.74	200m: 2:04.72	300m: 3:10.96	400m: 4:19.11				