

Programmanr. 16
20/01/2024 - 9:05

Dames, 400m wisselslag

15 jaar en ouder
Resultaten

Belgian Record	4:46.15	Gervy Yseult	BEL	Helsinki (FIN)	03/07/2000
Flemish Record	4:51.21	Becue Brigitte	BZK	Rome (ITA)	02/06/1995

EJK 2024 14 - 17: 4:58.98; 18: 4:56.02 / EK 2024 - 19: 4:52.35; 20: 4:49.66; open: 4:48.32 / OS 2024 open: 4:38.53

Punten: FINA 2024

Rang	Geb.	Tijd	Pnt		
15 - 16 jaar					
1.	Van Heugten Hanne	09 ZN	ZN/21006/09	5:06.50	652
	50m: 31.65 150m: 1:48.62 250m: 3:12.87 350m: 4:33.42				
	100m: 1:07.93 200m: 2:27.25 300m: 3:59.00 400m: 5:06.50				
2.	De Bont Sam	08 HOZT	HOZT/21016/08	5:10.33	628
	50m: 32.43 150m: 1:50.60 250m: 3:14.42 350m: 4:34.90				
	100m: 1:10.85 200m: 2:30.61 300m: 3:59.63 400m: 5:10.33				
3.	Vachaudez Ella	09 Enln	ENLN/008863/09	5:12.61	615
	50m: 33.71 150m: 1:52.82 250m: 3:16.06 350m: 4:37.32				
	100m: 1:13.57 200m: 2:31.56 300m: 4:00.61 400m: 5:12.61				
4.	Nijziel Nova	08 ZGEEL	ZGEEL/21085/08	5:14.02	606
	50m: 32.79 150m: 1:50.39 250m: 3:16.23 350m: 4:38.99				
	100m: 1:09.92 200m: 2:29.92 300m: 4:03.12 400m: 5:14.02				
5.	Rinchon Rachel	08 Enln	ENLN/012798/08	5:15.16	600
	50m: 31.48 150m: 1:50.33 250m: 3:16.96 350m: 4:40.39				
	100m: 1:09.89 200m: 2:32.26 300m: 4:03.76 400m: 5:15.16				
6.	Gielens Luus	09 PSV	200900138	5:21.91	563
	50m: 34.25 150m: 1:56.32 250m: 3:23.05 350m: 4:46.12				
	100m: 1:13.82 200m: 2:35.71 300m: 4:09.23 400m: 5:21.91				
7.	Vertessen Fran	09 DBT	DBT/21114/09	5:24.46	550
	50m: 32.97 150m: 1:56.61 250m: 3:24.18 350m: 4:49.05				
	100m: 1:11.82 200m: 2:40.48 300m: 4:10.06 400m: 5:24.46				
8.	Reyniers Lise	09 Stw	STW/21171/09	5:24.96	547
	50m: 35.19 150m: 2:01.38 250m: 3:28.16 350m: 4:50.29				
	100m: 1:16.90 200m: 2:44.21 300m: 4:13.80 400m: 5:24.96				
9.	Van Gysel Maite	08 MEGA	MEGA/21373/08	5:27.10	536
	50m: 34.50 150m: 1:58.60 250m: 3:26.53 350m: 4:50.72				
	100m: 1:15.20 200m: 2:40.17 300m: 4:13.04 400m: 5:27.10				
10.	Meyer Thyrv	09 KAZS	KAZS/21181/09	5:34.76	500
	50m: 35.37 150m: 1:59.37 250m: 3:30.86 350m: 4:59.15				
	100m: 1:15.14 200m: 2:43.14 300m: 4:21.27 400m: 5:34.76				
11.	Devolder Yelena	09 IKZ	IKZ/21086/09	5:37.43	489
	50m: 34.88 150m: 2:02.81 250m: 3:35.15 350m: 5:02.54				
	100m: 1:17.16 200m: 2:46.18 300m: 4:24.91 400m: 5:37.43				
12.	Desmet Fien	08 Tzt	TZT/21062/08	5:38.00	486
	50m: 35.87 150m: 2:04.66 250m: 3:36.18 350m: 5:01.56				
	100m: 1:19.08 200m: 2:48.70 300m: 4:23.87 400m: 5:38.00				
13.	Gillet Maëlle	09 Mosan	MOSAN/013019/09	5:39.61	479
	50m: 33.94 150m: 2:00.64 250m: 3:34.23 350m: 5:03.65				
	100m: 1:16.48 200m: 2:42.47 300m: 4:26.99 400m: 5:39.61				

Programmanr. 16, Meisjes, 400m wisselslag, 15 - 16 jaar

Rang	Geb.		Tijd				Pnt
14.	Pairoux Eloise	08 PERRON				PERRON/008998/08	5:44.22 460
	50m: 37.97	150m: 2:07.35	250m: 3:38.89	350m: 5:06.41			
	100m: 1:21.91	200m: 2:51.47	300m: 4:26.35	400m: 5:44.22			
FF	Tordeur Lucie	09 Gzvn				GZVN/21194/09	
FF	Zangari Aurora	09 Gzvn				GZVN/21195/09	

17 - 18 jaar

1.	Dumont Sarah	07 NOC				NOC/005827/07	4:58.44 707
	50m: 30.42	150m: 1:44.47	250m: 3:06.83	350m: 4:25.24			
	100m: 1:05.78	200m: 2:22.72	300m: 3:51.42	400m: 4:58.44			
2.	Graham Jil	06 HOZT				HOZT/21023/06	5:15.41 598
	50m: 32.96	150m: 1:51.71	250m: 3:18.04	350m: 4:40.88			
	100m: 1:12.07	200m: 2:30.88	300m: 4:06.03	400m: 5:15.41			
3.	Van den Eede Lisa	06 AZL				AZL/21050/06	5:16.20 594
	50m: 32.38	150m: 1:54.24	250m: 3:20.34	350m: 4:41.90			
	100m: 1:11.95	200m: 2:35.34	300m: 4:04.97	400m: 5:16.20			
4.	Vekemans Rena	07 Dzo				DZO/21050/07	5:27.89 533
	50m: 33.23	150m: 1:55.34	250m: 3:23.10	350m: 4:49.87			
	100m: 1:13.35	200m: 2:36.71	300m: 4:10.85	400m: 5:27.89			
5.	Verroken Mirte	06 DDAT				DDAT/21023/06	5:31.66 515
	50m: 35.50	150m: 2:02.34	250m: 3:30.39	350m: 4:56.00			
	100m: 1:19.82	200m: 2:44.53	300m: 4:17.65	400m: 5:31.66			
FF	Konings Ylva	07 Gzvn				GZVN/21243/07	

19 jaar en ouder

1.	Walshe Ellen	01 Swim Ireland					4:54.05 739
	50m: 31.14	150m: 1:45.63	250m: 3:05.06	350m: 4:20.75			
	100m: 1:07.24	200m: 2:23.15	300m: 3:46.24	400m: 4:54.05			
2.	Franquinet Ambre	04 LGN				LGN/011027/04	4:56.69 719
	50m: 31.22	150m: 1:46.66	250m: 3:06.06	350m: 4:23.25			
	100m: 1:08.09	200m: 2:24.13	300m: 3:48.94	400m: 4:56.69			
3.	Van Speybroeck Bo	04 ZORO				ZORO/21124/04	5:02.82 676
	50m: 31.30	150m: 1:47.63	250m: 3:09.96	350m: 4:29.66			
	100m: 1:07.77	200m: 2:25.78	300m: 3:54.60	400m: 5:02.82			
4.	Ouden van den Nikita	99 PSV				199900622	5:08.71 638
	50m: 31.56	150m: 1:49.84	250m: 3:12.98	350m: 4:33.52			
	100m: 1:08.34	200m: 2:29.48	300m: 3:57.18	400m: 5:08.71			
5.	Theuwis Rune	02 DMB				DMB/21174/02	5:32.30 512
	50m: 35.40	150m: 2:01.66	250m: 3:30.67	350m: 4:55.77			
	100m: 1:17.79	200m: 2:44.33	300m: 4:18.14	400m: 5:32.30			
FF	Jansen van Galen Kim	02 PSV				200201594	