

VZC 2025: Session: 6: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 12:45 untill 13:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van Biervliet Kristof

Coaches: Herreman Kurt

Coaches: Hoet Mieke HEADCOACH

Coaches: Coudron Annelies

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15+

Heat:6, starttime: 14:17

Heat: 6/8 Lane : 2 Athlete: VAN BIERVLIET CAMIEL

Q-time: 02:50:43

PB (50m pool): 3:06.87 Kortrijk 26 Dec 2024

PB (25m pool): 2:50.43 SB: 03:06.87 Kortrijk 26/12/2024

	50 M	100 M	150 M	200 M	
PB	40.80	1:29.68	2:18.53	3:06.87	
	40.80	48.88	48.85	48.34	
	

Coach feedback:

Event number: 51: 200M BREASTSTROKE MEN 15+

Heat:7, starttime: 14:20

Heat: 7/8 Lane : 3 Athlete: CLAERHOUT WOLF

Q-time: 02:44:99

PB (50m pool): 2:49.86 Antwerpen 27 Jul 2024

PB (25m pool): 2:44.99 SB: 02:50.62 Kortrijk 26/12/2024

	50 M	100 M	150 M	200 M	
PB	38.77	1:22.40	2:06.22	2:49.86	
	38.77	43.63	43.82	43.64	
	

Coach feedback:

Event number: 51: 200M BREASTSTROKE MEN 15+

Heat:7, starttime: 14:20

Heat: 7/8 Lane : 7 Athlete: BAEYENS SIEMEN

Q-time: 02:45:87

PB (50m pool): 2:53.00 Antwerp 18 Apr 2025

PB (25m pool): 2:45.87 SB: 02:53.00 Antwerpen 20/04/2025

	50 M	100 M	150 M	200 M	
PB	37.41	1:21.86	2:07.25	2:53.00	
	37.41	44.45	45.39	45.75	
	

Coach feedback:

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Event number: 52: 100M FREESTYLE WOMEN 15+				Heat:15, starttime: 14:49	
Heat: 15/19 Lane : 6 Athlete: VERHAEGHE MARTHE				Q-time: 01:06:88	
PB (50m pool): 1:08.95 Kortrijk 28 Apr 2024				PB (25m pool): 1:06.88 SB: 01:10.17 Kortrijk 16/02/2025	
	5 0 M	1 0 0 M			
PB	33.58	1:08.95			
	33.58	35.37			
			

Coach feedback:

Event number: 53: 100M BACKSTROKE WOMEN 11-12				Heat:8, starttime: 15:12	
Heat: 8/13 Lane : 5 Athlete: TACK CATALEYA				Q-time: 01:35:55	
PB (50m pool): 1:37.19 Kortrijk 4 May 2025				PB (25m pool): 1:35.55 SB: 01:37.19 Kortrijk 04/05/2025	
	5 0 M	1 0 0 M			
PB	48.42	1:37.19			
	48.42	48.77			
			

Coach feedback:

Event number: 54: 200M FREESTYLE MEN 13-14				Heat:3, starttime: 15:31	
Heat: 3/15 Lane : 1 Athlete: LANDUYT MARCEL				Q-time: 02:55:21	
PB (50m pool): 2:55.21 Kortrijk 3 May 2025				PB (25m pool): No time SB: 02:55.21 Kortrijk 04/05/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	40.16	1:26.51	2:14.65	2:55.21	
	40.16	46.35	48.14	40.56	
	

Coach feedback:

Event number: 54: 200M FREESTYLE MEN 13-14				Heat:12, starttime: 15:59	
Heat: 12/15 Lane : 8 Athlete: DEMASURE YORDI				Q-time: 02:29:16	
PB (50m pool): 2:32.12 Kortrijk 3 May 2025				PB (25m pool): 2:29.16 SB: 02:32.12 Kortrijk 04/05/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	35.29	1:15.12	1:54.97	2:32.12	
	35.29	39.83	39.85	37.15	
	

Coach feedback:

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Event number: 54: 200M FREESTYLE MEN 13-14					Heat:15, starttime: 16:07
Heat: 15/15 Lane : 3 Athlete: GALLE LAURIS					Q-time: 02:18:85
PB (50m pool):					PB (25m pool): No time SB: 02:25.79 Antwerp 26/01/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

Event number: 54: 200M FREESTYLE MEN 13-14					Heat:15, starttime: 16:07
Heat: 15/15 Lane : 4 Athlete: WILLEMS JERKE					Q-time: 02:18:77
PB (50m pool): 2:25.43 Antwerp 25 Jan 2025					PB (25m pool): 2:18.77 SB: 02:25.43 Antwerp 26/01/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	32.28	1:09.75	1:48.55	2:25.43	
	32.28	37.47	38.80	36.88	
	

Coach feedback:

Event number: 56: 50M BACKSTROKE WOMEN 15+					Heat:10, starttime: 16:52
Heat: 10/12 Lane : 1 Athlete: VERHAEGHE MARTHE					Q-time: 00:35:89
PB (50m pool): 36.78 Brugge 23 Feb 2025					PB (25m pool): 35.89 SB: 00:36.78 Brugge 23/02/2025
	5 0 M				
PB	36.78				
	36.78				
				

Coach feedback:

Event number: 57: 100M BACKSTROKE MEN 13-14					Heat:8, starttime: 17:09
Heat: 8/13 Lane : 2 Athlete: WILLEMS JERKE					Q-time: 01:21:62
PB (50m pool): 1:22.02 Antwerp 24 Jan 2025					PB (25m pool): 1:21.62 SB: 01:22.02 Antwerp 26/01/2025
	5 0 M	1 0 0 M			
PB	39.47	1:22.02			
	39.47	42.55			
			

Coach feedback:

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Event number: 57: 100M BACKSTROKE MEN 13-14				Heat:13, starttime: 17:18	
Heat: 13/13 Lane : 2 Athlete: GALLE LAURIS				Q-time: 01:14:30	
PB (50m pool):		PB (25m pool): No time SB: 01:19.08 Antwerp 26/01/2025			
	5 0 M	1 0 0 M			
PB					
			

Coach feedback:

Event number: 58: 100M BREASTSTROKE WOMEN 11-12				Heat:1, starttime: 17:19	
Heat: 1/13 Lane : 2 Athlete: TACK CATALEYA				Q-time: 02:17:06	
PB (50m pool): Izegem 22 Jun 2024		PB (25m pool): No time SB: no time			
	5 0 M	1 0 0 M			
PB					
			

Coach feedback:

Event number: 59: 4x50M MEDLEY MEN 15+					Heat:2, starttime: 17:51	
Heat: 2/2 Lane : 6 Athlete: TEAM TIME					Q-time: 02:09:40	
PB (50m pool):		PB (25m pool): No time SB:				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB						
		

Coach feedback: