

# VZC 2025: Session: 2: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 12:45 untill 13:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Dierckx Davy HEADCOACH

Coaches: Wouters Maxim

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 200M BACKSTROKE WOMEN 15+					Heat:2, starttime: 14:36
Heat: 2/7 Lane : 4 Athlete: MARCELIS FIEN					Q-time: 02:54:00
PB (50m pool): 3:02.32 Antwerpen 13 Jul 2024					PB (25m pool): 2:54.00 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	44.12	1:30.80	2:17.81	3:02.32	
	44.12	46.68	47.01	44.51	
	. . . . .	. . . . .	. . . . .	. . . . .	

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 15+					Heat:3, starttime: 14:39
Heat: 3/7 Lane : 4 Athlete: DIERCKX FEMKE					Q-time: 02:50:24
PB (50m pool):					PB (25m pool): No time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	. . . . .	. . . . .	. . . . .	. . . . .	

Coach feedback:

Event number: 12: 100M BUTTERFLY WOMEN 11-12					Heat:7, starttime: 15:10
Heat: 7/8 Lane : 4 Athlete: VAN LOMMEL ANTHE					Q-time: 01:35:20
PB (50m pool):					PB (25m pool): No time SB: no time
	5 0 M	1 0 0 M			
PB					
	. . . . .	. . . . .			

Coach feedback:

# VZC 2025: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 15: 50M BREASTSTROKE WOMEN 15+							Heat:3, starttime: 16:37	
Heat: 3/10    Lane : 2    Athlete: MARCELIS FIEN							Q-time: 00:43:15	
PB (50m pool): 47.06    Genk 10 Apr 2023							PB (25m pool): 44.31    SB: no time	
	5 0 M							
PB	47.06							
	47.06							
	. . . . .							

Coach feedback:

Event number: 16: 200M FREESTYLE WOMEN 11-12					Heat:11, starttime: 17:21	
Heat: 11/11 Lane : 2 Athlete: VAN LOMMEL ANTHE					Q-time: 02:44:56	
PB (50m pool):					PB (25m pool): No time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB						
	. . . . .	. . . . .	. . . . .	. . . . .		

Coach feedback: