

# FSC 25: Session: 4: COACH evaluation sheet for TEAM: NOC

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE WOMEN 15+			Heat:9, starttime: 11:30
Heat: 9/10 Lane : 6 Athlete: ZELLER PAULINE			Q-time: 01:06:05
PB (50m pool): 1:06.05 Charleroi 25 Feb 2024			PB (25m pool): 1:01.90 SB: no time
	50 M	100 M	
PB	31.89	1:06.05	
	31.89	34.16	
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Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 15+			Heat:3, starttime: 12:05
Heat: 3/8 Lane : 5 Athlete: FONTAINE HELOISE			Q-time: 01:20:70
PB (50m pool): 1:20.70 Antwerpen 20 Jul 2024			PB (25m pool): 1:14.00 SB: no time
	50 M	100 M	
PB	37.83	1:20.70	
	37.83	42.87	
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Coach feedback:

Event number: 23: 50M BUTTERFLY WOMEN 15+			Heat:5, starttime: 12:25
Heat: 5/7 Lane : 4 Athlete: ZELLER PAULINE			Q-time: 00:27:25
PB (50m pool): 27.25 Antwerpen 20 Apr 2024			PB (25m pool): 26.98 SB: no time
	50 M		
PB	27.25		
	27.25		
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Coach feedback: