

FSC 25: Session: 1: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Van Eylen Thomas HEADCOACH

Coaches: Eugene Astrid

Coaches: Kelchtermans Joris

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:6, starttime: 10:10	
Heat: 6/7 Lane : 2 Athlete: VAN SPEYBROECK BO				Q-time: 00:31:26	
PB (50m pool): 31.26 Antwerpen 27 Jul 2024				PB (25m pool): 30.37 SB: no time	
PB	5 0 M				
	31.26				
	31.26				
				

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:1, starttime: 10:50	
Heat: 1/7 Lane : 8 Athlete: VAN SPEYBROECK BO					Q-time: 99:99:99	
PB (50m pool): 2:57.00 La Louviere 4 May 2019					PB (25m pool): 2:37.79 SB: no time	
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
	41.60	1:26.80	2:13.01	2:57.00		
	41.60	45.20	46.21	43.99		
		

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+				Heat:6, starttime: 11:45	
Heat: 6/8 Lane : 8 Athlete: MACLEAR GARETH				Q-time: 01:08:86	
PB (50m pool): 1:08.86 Luxembourg 29 Jun 2024				PB (25m pool): 1:08.42 SB: 01:11.08 Wezenberg 05/01/2025	
PB	5 0 M	1 0 0 M			
	31.74	1:08.86			
	31.74	37.12			
			

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 15+		Heat:2, starttime: 11:50
Heat: 2/11 Lane : 1 Athlete: DANHIEUX LIENA		Q-time: 00:29:01
PB (50m pool): 29.01 Antwerpen 21 Apr 2024 PB (25m pool): 27.76 SB: no time		
	5 0 M	
PB	29.01	
	29.01	
	

Coach feedback: